KELLY BROOK!

100 BIG BOOBED BABES!

New Call Of Duty maps!
ROSIE!

£1.80 Sp €3.10/Gr €3.60

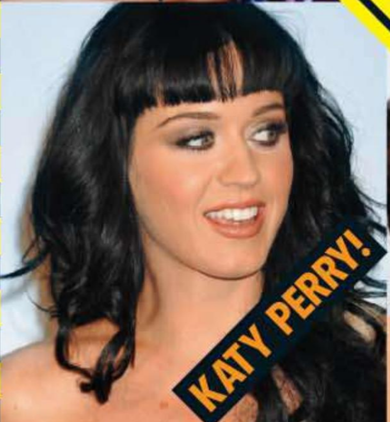
28 Jan - 3 Feb 20

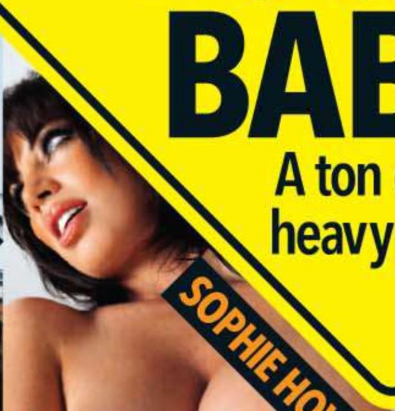
Nuts

BRITAIN'S **BIGGEST** SELLING MEN'S WEEKLY!

100 BIG BOOBED BABES!

A ton of top heavy totty!




SOPHIE HOWARD!
CRIKEY!

HELEN FLANAGAN!

Plus! War pics special!

+ New 170mph Supercar!

Alan Partridge new gags!

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PHOTOS: ZOE MCCONNELL, GETTY, PA PHOTOS, PAUL MUSSO
COVER: ZOE MCCONNELL, MATRIXPHOTOS.COM, GETTY IMAGES

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Nuts

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IN THE Nuts OFFICE!

We struggle to master our *Eight Ball Bigfoot* Electric Skateboard

Our workie Eilish kicks off a new lookalike game

Nuts EXCLUSIVE!

Partridge is back – again!

His new *Mid Morning Matters* webisodes are screening soon – and we've seen 'em!

It's not South, it's not Suffolk, and it's not analogue… so it must be North Norfolk Digital!" Yes, our favourite DJ is back in the booth and back on the web with six new episodes! The series starts on 4 Feb and is likely to be the last new stuff from Alan until the film. So visit fostersfunny.co.uk every Friday at 11am for brilliant lines like these!

"In case you're wondering if Eddie Shepherd has had his adenoids removed or has finally cut down on the fags, neither is true – you're listening to Alan Partridge, and Eddie's adenoids continue to block the vast majority of his nasal passages and he continues to smoke like a gangster in a 1940s film. Who even the other gangsters think, you know, smokes to excess, and tell him so."

"Today's phone-in subject is: how many disabled parking bays are too many? Please keep those texts coming in on that."

"Coming up soon is Tuesday chat, our weekly celebrity interview, but first, 'What's Alan firing his friend's air rifle into?'"

"Today's interview is Partridge/Partridge. It's me talking to myself. Not like the man at the park, who stands by the pond. Yeah, it's quite sad, actually. He used to run the cycle shop but then it went bust. Now he seeks solace in cider and swans."

"I see they've opened the Norfolk Broads to wheelchair users. It might seem like a good thing, but how many people in wheelchairs do you actually know who want to go on the Norfolk Broads? I'd suggest it's 0.00000000001 per cent."

> **"We've all got our favourite gland. Mine happens to be the mammary"**

"'Alan, what would you say has been your greatest achievement?'
'I think quite consistent resistance to dumbing down? I think if anything, I've tried to dumb up.'"

"Welcome back, time again for our daily instalment of radio Battleships, a game of tactic and nerve against Russian station Moda FM. We're joined as always by Andriy."
"Good day to you."
"OK, are you ready?"
"Ready.'
"B4."
"Miss."
"OK, join us the same time tomorrow for more of Andriy on *Mid Morning Matters*."

"The answer to 'What's Alan firing his friend's air rifle into?' is: a beef tomato."

"Good evening, morning, afternoon, who cares? Who gives a flying monkey because today we're talking about things you don't see any more. Already, we have capes, tinned meat, Horlicks, sparrows, Hula Hoops (the crisps, not the toy), hula hoops (the toy, not the crisp), swimming pools with deep ends and asbestos! We'll be asking should we bring all or some of them back, so do please text, Twitter, spam, fax, page, write and/or email."

> **"Now, a song from Michael Jackson in happier times. Before it was a mauling from Martin Bashir that led ultimately and directly to his death. And Diana's!"**

"Abu Hamza would make a great pantomime baddie, I always think. 'Where's Abu Hamza, the boss-eyed Muslim cleric with a hook for a hand who incites racial hatred?' 'He's behind you!'"

WORDS: RICH JENKINS

"Must. Not. Punch. Myself!"

> "I'm not a member of a gym, although I do work out. I use two carrier bags filled with tins of value beans!"

Armando Iannucci speaks!

The *Partridge* co-writer tells *Nuts* some secrets!

Hi Armando! What's the latest on the Partridge film? We're in the process of writing it. Nothing has been commissioned, but we've worked out the story and Steve's in America working on the script with [co-writer] Peter Baynham. We want to feel happy with the script before we go ahead.

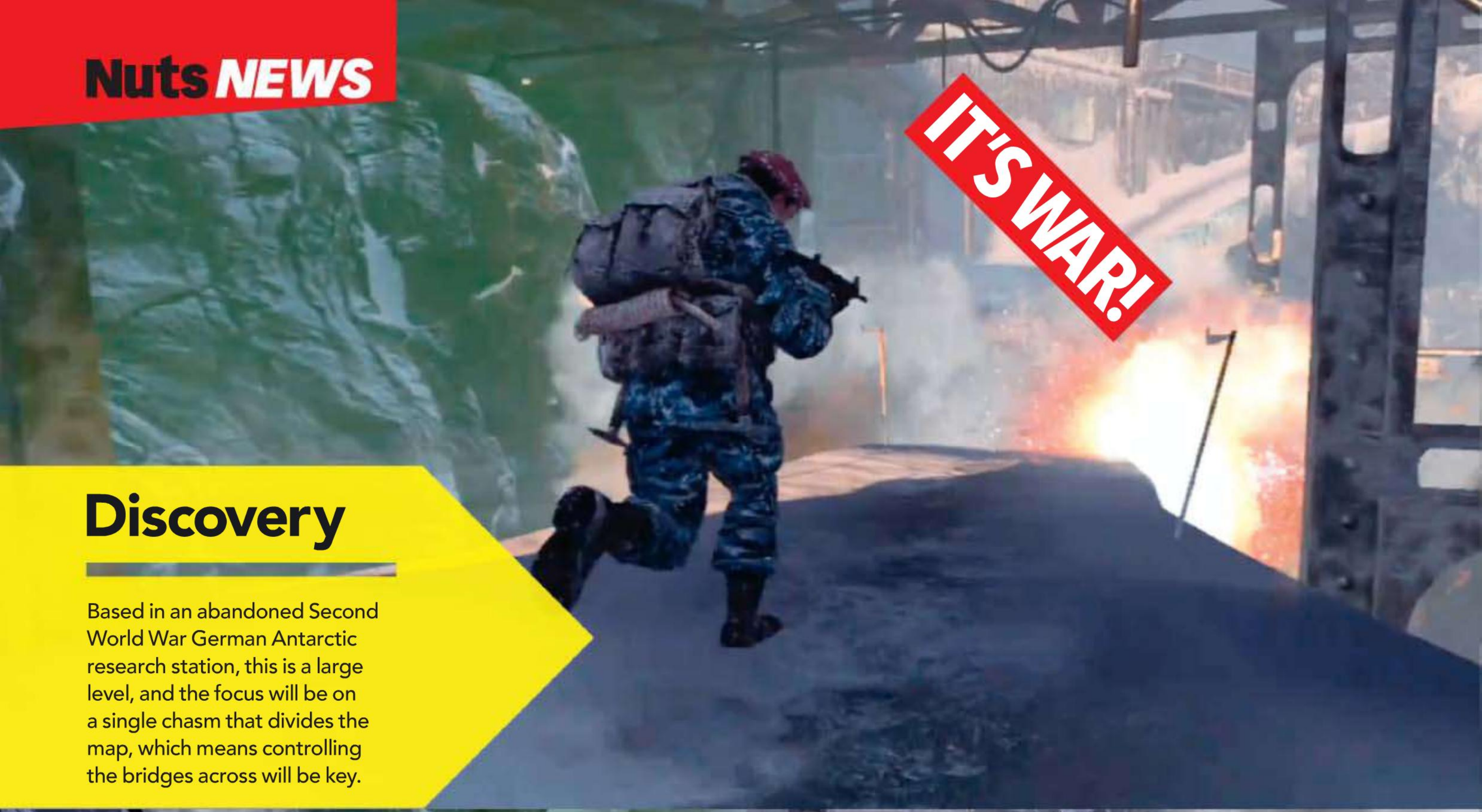
Why did you decide to bring Alan back on the internet rather than on the BBC? Steve and I are always speculating as to what Alan might be up to now, but we haven't taken it any further. This idea came from Foster's and we just thought, "Why not?" It's good to try something out in a new format.

Do you ever think that something good might happen to Alan? I feel like he's kind of in his element. As far as he's concerned, North Norfolk Digital is cutting edge. I can't give you too many secrets, that might spoil the film!

Will characters like Lynn be back? In one of the episodes in this series, there's a phone call to Lynn so yes. They'll never really be apart. I don't think he could get by without her!

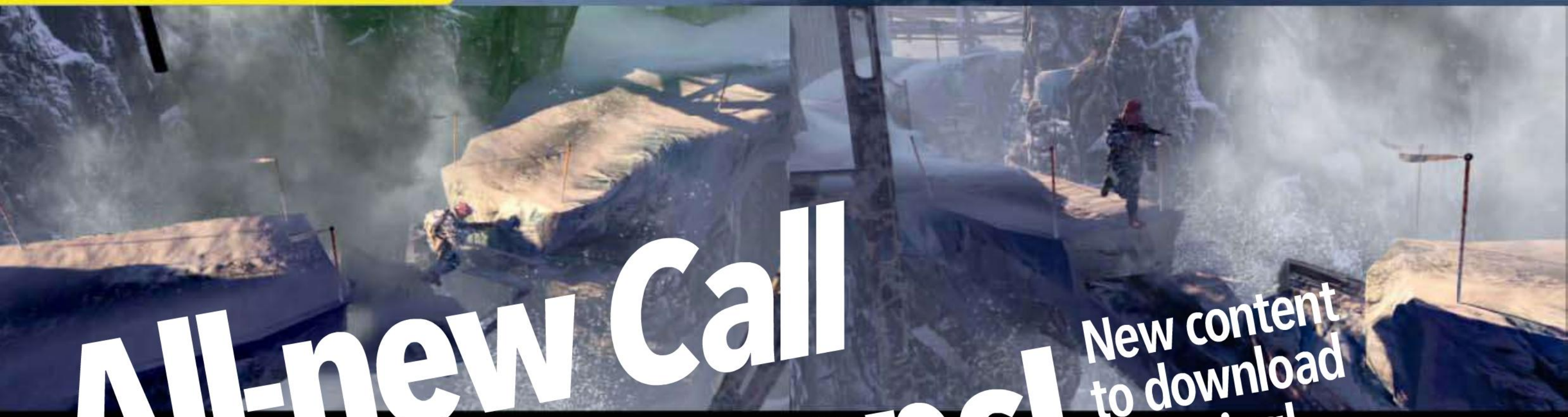
What's your favourite Partridge moment? When he walks back from the service station with 12 bottles of windscreen washer fluid singing the *Goldfinger* theme!

What's your favourite ever line? When he says to a caller, "What are you wearing?" and they just reply, "I'm naked!"



Discovery

Based in an abandoned Second World War German Antarctic research station, this is a large level, and the focus will be on a single chasm that divides the map, which means controlling the bridges across will be key.



All-new Call Of Duty maps!

New content to download incoming!

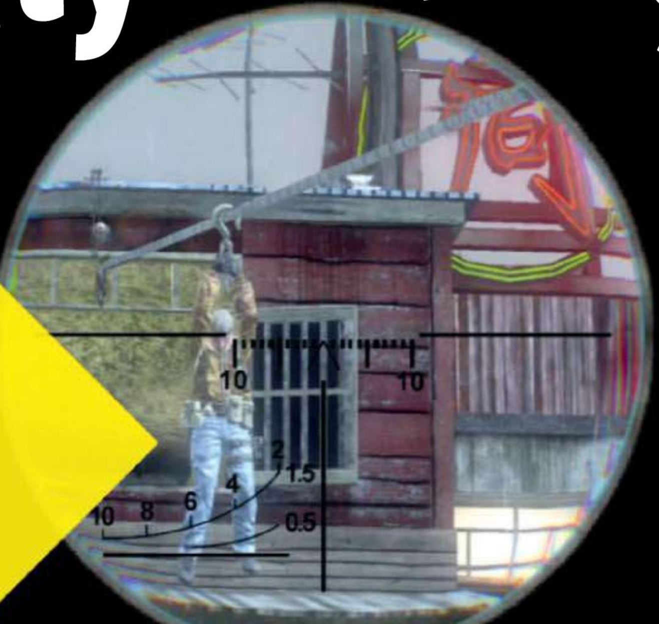
WORDS: RORY BUCKERIDGE

Some of the more geeky *Call Of Duty* fans would have played through the campaign within two hours, then ranked up to level 50 online by the end of the day.

In the real world, February seems a good time for new *Black Ops* content. And Activision agree, launching their First Strike download pack!

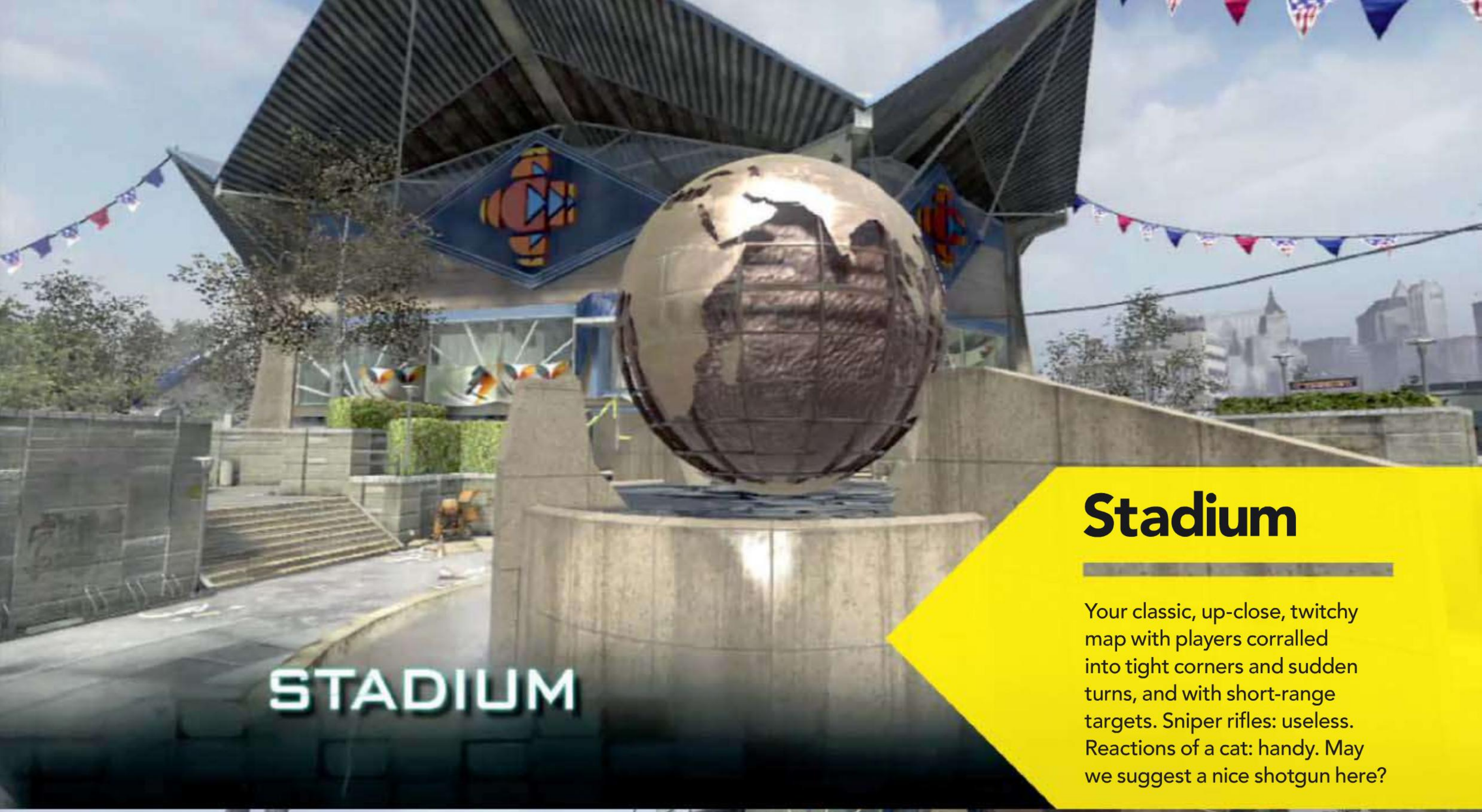
It's a package of five new maps: four standard arenas and one zombie-popping challenge. Called Kowloon, Discovery, Berlin Wall and Stadium (with the zombie map called Ascension), this will breathe life into your *COD* online activity.

They drop on 1 February for 1,200 Microsoft points (about £8) but sorry, PS3 owners, it's an Xbox exclusive for now.



Kowloon

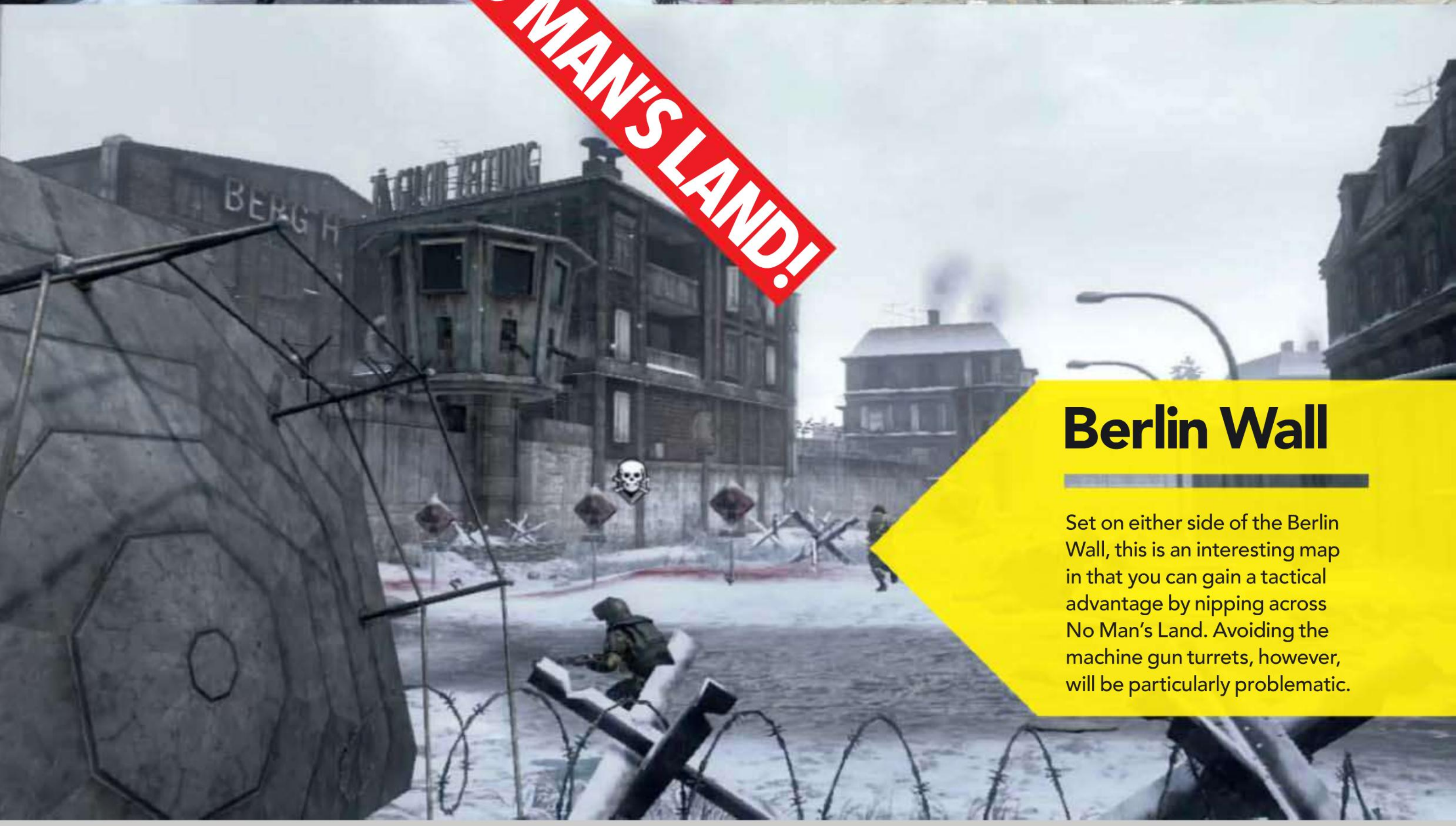
Set in the neon-lit Chinese city featured in the game's run-and-gun level, this has lots of sight lines for snipers, plus zip-lines – great for getting across the level quickly, but a risky manoeuvre as you're exposed and can't shoot.



Stadium

Your classic, up-close, twitchy map with players corralled into tight corners and sudden turns, and with short-range targets. Sniper rifles: useless. Reactions of a cat: handy. May we suggest a nice shotgun here?

NO MAN'S LAND!

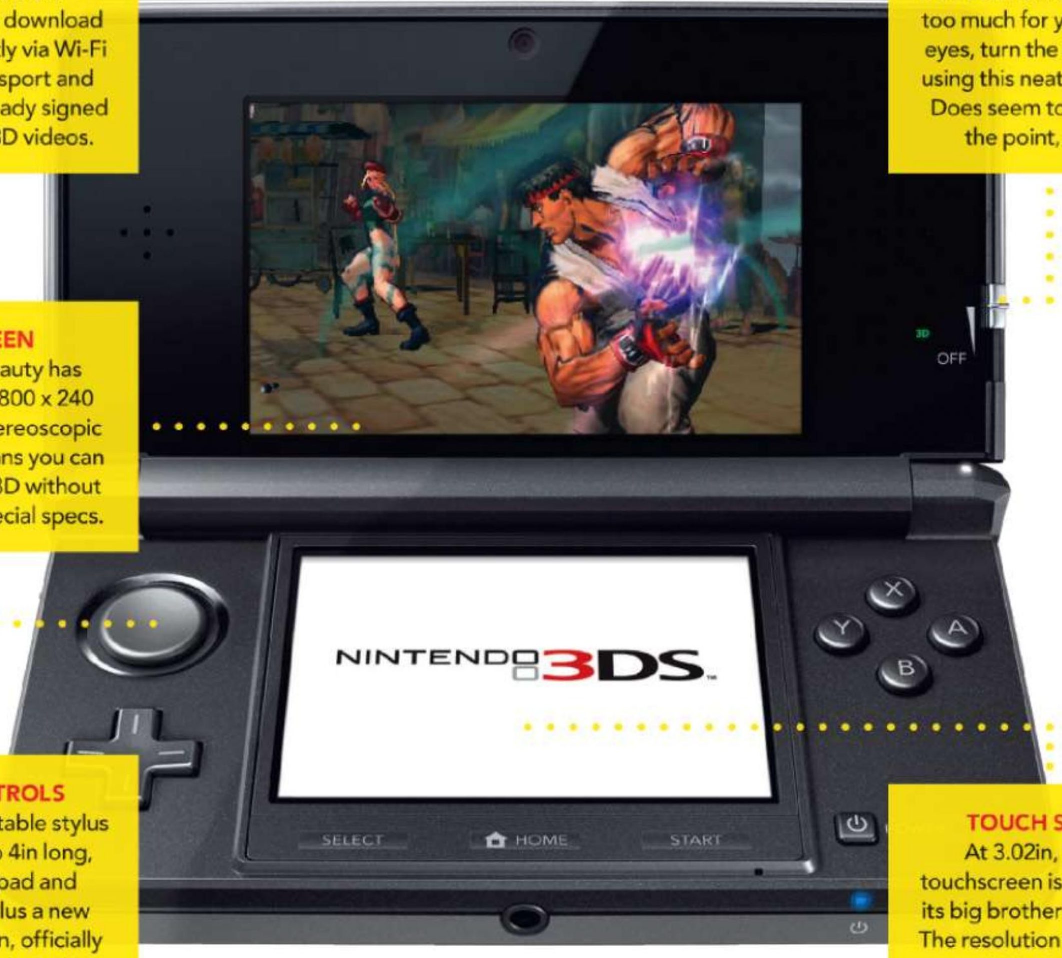


Berlin Wall

Set on either side of the Berlin Wall, this is an interesting map in that you can gain a tactical advantage by nipping across No Man's Land. Avoiding the machine gun turrets, however, will be particularly problematic.

Nintendo 3DS

Tiny console uses witchcraft to create 3D gaming without glasses!



3D TV!
With the "SpotPass" service, you can download content discreetly via Wi-Fi hotspots. Eurosport and Sky 3D have already signed up to provide 3D videos.

3D SLIDER
If all that new-fangled 3D is too much for your tired old eyes, turn the effect down using this neat little switch. Does seem to be missing the point, though.

3D SCREEN
This 3.53in beauty has a resolution of 800 x 240 pixels. Fancy stereoscopic technology means you can see in glorious 3D without the need for special specs.

NEW CONTROLS
There's an adjustable stylus that extends to 4in long, a directional pad and microphone, plus a new analogue nubbin, officially titled the "Circle Pad".

TOUCH SCREEN
At 3.02in, the LCD touchscreen is smaller than its big brother sat above it. The resolution is also lower, at 320 x 240 pixels.

Some games!

Must-buy titles. In glorious three dimensions! And no silly glasses!

SUPER STREET FIGHTER IV
Blast 3D fireballs at brawny men and weirdly strong young women. With a roster of 35 fighters, you also have the option of online battles. Hadouken!

KID ICARUS: UPRISING
Back from a NES platform adventure 20 years ago, *Kid Icarus: Uprising* is less about jumping, and more about shooting. That's a good thing.

STEEL DIVER
From piloting subs to firing torpedoes and sinking ships, this is *Battleships* for 2011. Use the built-in motion sensors as a virtual periscope, to scan for enemies on the horizon. Fire!

hands on!

WORDS: ELLIE GIBSON

Up until now, playing games in 3D has required a considerable amount of commitment and willingness to look stupid, as well as investing in an expensive new telly and pricey 3D glasses. And if there's one thing that feels dafter than wearing shades indoors, it's shelling out several thousand pounds for the privilege.

Now that's all set to change with the arrival of the Nintendo 3DS. With the lid closed, this sleek little gadget looks much like the DS handhelds already out there. But open it up and you'll see what makes this machine so special – a 3.53in widescreen display boasting bold 3D graphics, built-in motion sensors, touchscreen, and no glasses required.

For serious gamers, though, it's all about the software. Nintendo's promising 25 games will go on sale around launch time, with titles like *Mario Kart* and *Metal Gear Solid* to follow.

Want one? Course you do! You'll need £220 and be sure to mark 25 March in you diary. Because that's when it's out.

The Sciencey Bit…

How the heck does it all work, anyway?

Glasses-free 3D is all thanks to the 3DS's stereoscopic display, which actually comprises two LCD screens. The screen sitting on top is what's known as the parallax barrier. This generates rows of fine lines across the bottom image, enabling each of your eyes to see a separate set of pixels. Your brain then combines these two bits of information to create one 3D image.

The effect only works if you're looking at the screen straight on. This is why parallax barrier technology isn't so great for larger devices, such as TVs, which viewers might want to watch from different angles. But it's perfect for the 3DS, seeing as you're going to be holding the console right in front of your face anyway.

BATTERY
The battery will last up to eight hours if you're playing DS games, but 3DS titles require more juice – don't expect more than three to five hours from one charge.

WI-FI
A StreetPass feature allows 3DS owners to exchange game data, like high scores and Mii characters, without even taking the machine out of their pocket!

CAMERAS
Along with a standard lens on the inside, there are two cameras on the outside. They capture two images at once, and can be used to take 3D photos.

MOTION CONTROL
The 3DS comes with a built-in motion and gyro sensor. Like the iPhone, they detect movement, so you can play games just by tilting your machine.

PRO EVOLUTION SOCCER 2011
Konami's massive football series makes the most of the 3DS's fancy features. Being able to view the field in 3D makes it easier to pull off passes and impressive shots.

RIDGE RACER 3D
Fast cars, neon-lit city streets – it could only be *Ridge Racer*. Highlights include the option to view those shiny car models in 3D and a drift button to take those tight corners.

LEGEND OF ZELDA
One of the best-loved, most critically acclaimed games ever gets a 3D makeover. It's an epic yarn about an elvish kid conquering evil and learning to love his horse, Epona.

Kate Beckinsale

By the pool, Mexico

Kate may have thought she'd pulled a fast one on our lady-snapping spies by hitting Mexico with all-new blonde hair, but no chance – they'd recognise that hat anywhere!

Megan Fox

In new Armani undies ad

We like to think this is how Ms Fox spends her "me time": in her undies on the sofa, footy on the telly, cold curry on the coffee table, pair of authentic Dutch clogs on (out of shot).

RUDE *NEWS*

News on the only Golden Globes we care for!

WORDS: RORY BUCKERIDGE PHOTOS: ZOE MCCONNELL, FLYNETPICTURES.CO.UK, SPLASHNEWS.COM, TNI, CELEBRITYPICTURES.CO.UK, GOFFPHOTOS.COM

Chloe Madeley

Sexy promo shoot

When you've made the cut for ITV1's ice-skating show, the first thing anyone would do is snap a lingerie shoot! Great if you're Chloe Madeley, not so great for Comedy Dave!

GINETTA
GINETTA
GINETTA

Nuts girls

Car show, Birmingham

Rhian, Leah and Emma were called in as crack show-floor totty at the Autosport Show. Either that, or they're all in Ginetta's fan club and turned up in the same top!

Sam Faiers

On her hols, Tenerife

Sam gave us a holiday treat recently by making sure that her cleavage was well protected. For her, it's like Beckham's legs or Emile Heskey's, um, hair.

Fearne Cotton

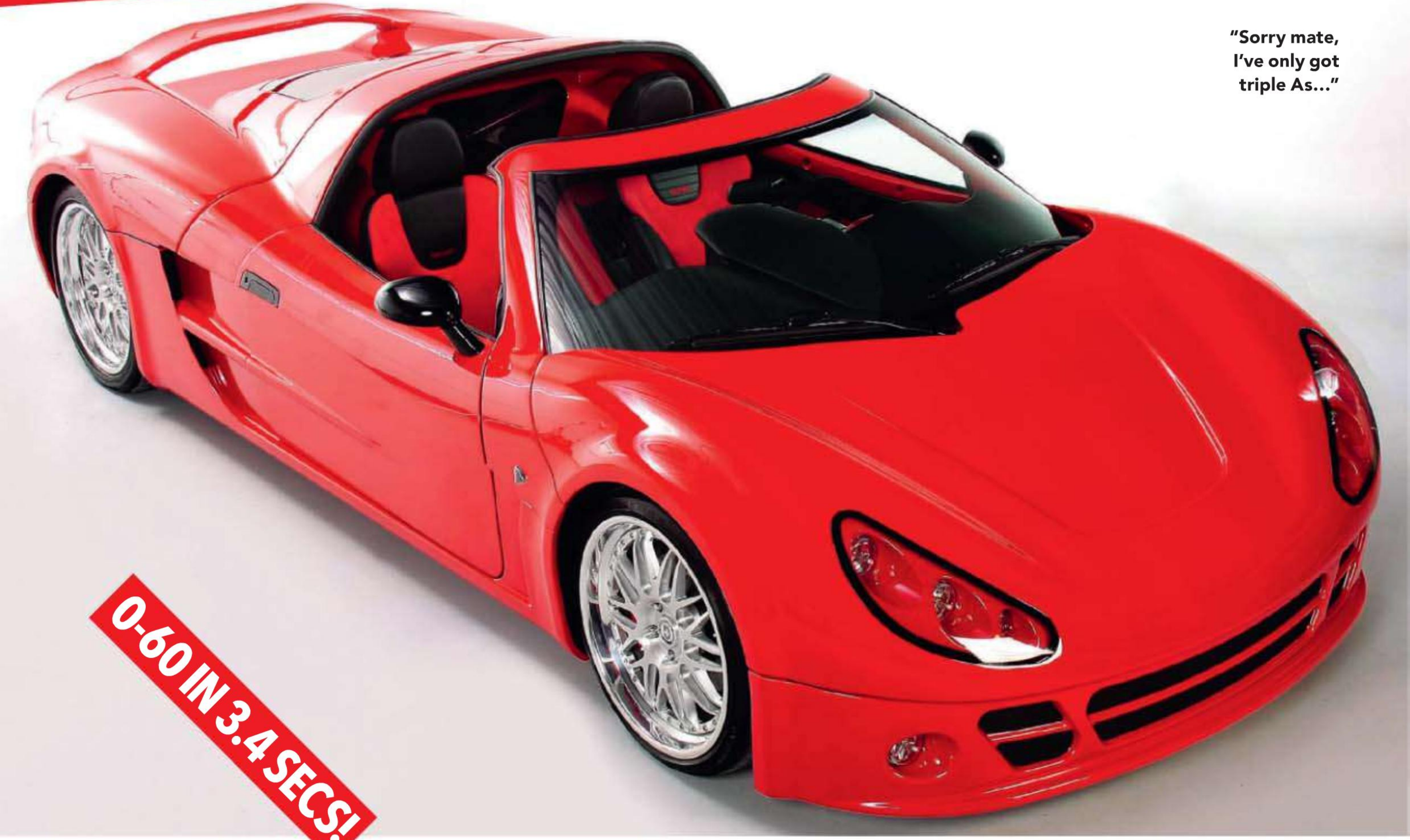
By the sea, the Caribbean

Fearne took a break from shouting, "Awesome!" and, "Wicked!" on air to hit the beach. Where passers-by no doubt shouted, "Awesome!" and "Wicked!" at her.

Nuts news flash!

Jasmine on Gervais at Golden Globes

"He was employed to be funny! Some of these Hollywood A-listers take themselves far too seriously!"



"Sorry mate, I've only got triple As..."

0-60 IN 3.4 SECS!

World's fastest

- **Tesla may have created the first fully electric supercar, but it now has competition from a fellow American company. Based in North Carolina, the spiritual home of Nascar racing, the Li-ion company roped in a load of Nascar engineers to make this zero-exhaust emission, 170mph volt wagon.**
- Underneath the Porsche Carrera GT-style rear clam-shell is a tough-as-girders tubular steel chassis.
- **There's a mix of influences from petrol-engined cars on the Inizio. Those back lights are from an Audi TT, and the scissor doors have a whiff of Koenigsegg about them.**
- You can choose from three models: the entry level R (Rally), RT (Rally Touring) and the big daddy RTX (Rally Touring Extreme). The R and RT can muster 130mph with 12 batteries on board, while the RTX packs 24 batteries.
- **Providing the grunt to the RTX's rear rims is a pair of electric motors developing 290kW. Mounted over the rear axle for decent cornering, the motors produce over 100lb-ft more torque than a Ferrari 599.**
- The Inizio RTX promises to leave the lights and hit 60mph in 3.4 seconds.
- **When it comes to topping up the batteries (every 200 miles, depending on how heavy your right foot is) the Inizio has a built-in charger. Charging can take eight to ten hours, but a four-hour fast charge is possible.**
- The Inizio features heated and electrically adjustable Recaro racing chairs.
- **No ABS, but traction and stability control are built-in with a four-speed, paddle-shift transmission.**
- There are no oil filters, belts or complicated servicing, the engine's just a load of laptop lithium-ion battery packs – that can be recharged up to 2,500 times. You'll hear nothing apart from a strange whistle. And tyre squeal, if you're messing around!
- **And the damage to your wallet? Between £87,000 and £155,500 – but what price a clear conscience, eh?**

WORDS: JONNY SMITH

"I made this in Design Tech, today, Mum"

RED HOT!

"Great, but how do I open the boot?"

INIZIO
NO EXHAUSTS!

electric car!

Plug it in! It's the 170mph Li-ion Inizio!

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A QUICK WORD WITH…

Chase and Status

The mix masters on kiss chase, *X Factor* and DJing for *Nuts*!

INTERVIEW: PETE CASHMORE PHOTOS: CAMERA PRESS, RETNA, GETTY

Hi Chase and Status! Your album's full of famous people like Cee Lo Green and Dizzee Rascal. Did Cee Lo try to eat any collaborators?
Chase: No, he didn't. We didn't get in the studio with him, it was all phone calls and sending stuff online. There was no eating of anybody digitally, either.

Is there anyone you wouldn't work with, like Jedward?
C: We wouldn't work with Jedward. You can quote that!
Status: No. I think it's pretty self-explanatory why not!

Matt Cardle, the guy who just won *The X Factor*?
C: No. I wish him all the best but I had no idea who he was until you told me just then.

Cher Lloyd?
S: Hell, no. Definitely not!

Fair enough! Status, what's your current status?
S: My status is: "Status is mad with excitement about the forthcoming album."

Chase, what's your favourite chase – car, kiss or Chevy?
C: A toss-up between Chevy Chase – strictly for nostalgia and '80s humour – and kiss chase, because everyone likes a bit of kiss chase, don't they?

You're currently the number one selection on the *Nuts* office stereo. How do you feel about this accolade?
C: Extremely honoured, flattered, speechless. As long as you didn't get a leaked copy, I'm happy as Larry.

How much would it cost for you to DJ at our office party?
S: For *Nuts*, it'd simply cost the attendance of a couple of the lovely girls from the cover. That's about it!

We could provide girls and some sandwiches…
C: I'm not really a cold sandwiches guy, you'd have to provide hot food for me.

Mini pizzas?
C: Now you're swinging me. If you could put on some steak, you might get us.

How does one differentiate between Tinie Tempah and your vocalist Tempa T?
C: Have you seen him? He's not tiny! Someone once asked if he was Tinie and he just said, "Do I look tiny to you?"

Thanks, Chase and Status! Finally, Professor Green gave us a gold disc last year. What are you going to give us?
C: He's kind! I'll give you a self-portrait of us in silver as you have some gold already.
S: We're DJing at your next office party. That's enough!

No More Idols by Chase and Status is out on Monday

"What do you mean this isn't a urinal!?"

"You sure the F1 race was meant to be today?"

His sleep sewing was becoming a problem

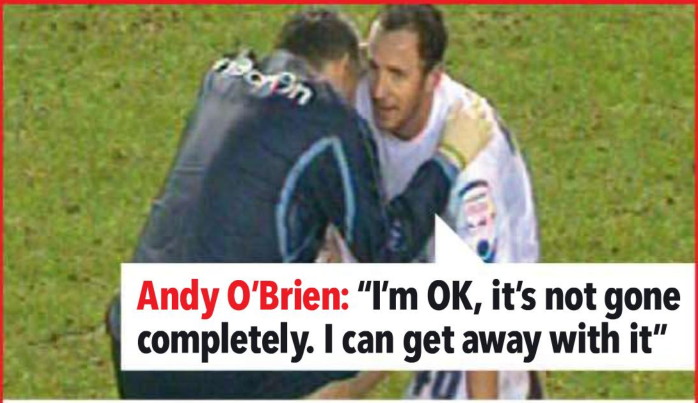
THE Nuts LIP-READER!

When he watches a match, he sees every word!

John Cassidy is a **real** lip-reading expert. And an FA coach!

Avram Grant: "Five players in the box!"

WEST HAM VS ARSENAL **Upton Park, 15 January, 5.44pm** Even worse, it's actually seven – but Arsenal still take an early lead.



Andy O'Brien: "I'm OK, it's not gone completely. I can get away with it"

LEEDS VS ARSENAL **Elland Road, 19 January, 9.23pm** The Leeds man reckons he's good to carry on, but the physio thinks otherwise.

Ref: "There's no need!"

Jonny Howson: "Come on, he's just gone down! I couldn't do anything!"

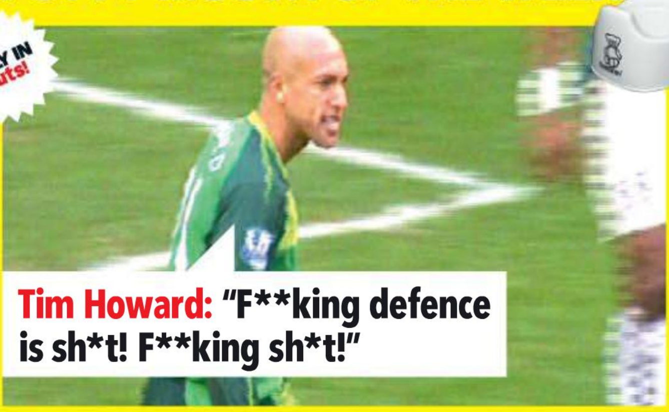
LEEDS VS ARSENAL **9.48pm** The United midfielder contests his late booking for a foul on Cesc Fabregas.

Rafael: "F**k off! Hey – I didn't touch him! Why? I didn't touch him!"

SPURS VS MAN UNITED **White Hart Lane, 16 January, 5.51pm** The Man United full-back kicks off at being given his marching orders.

POTTY-MOUTH OF THE WEEK!

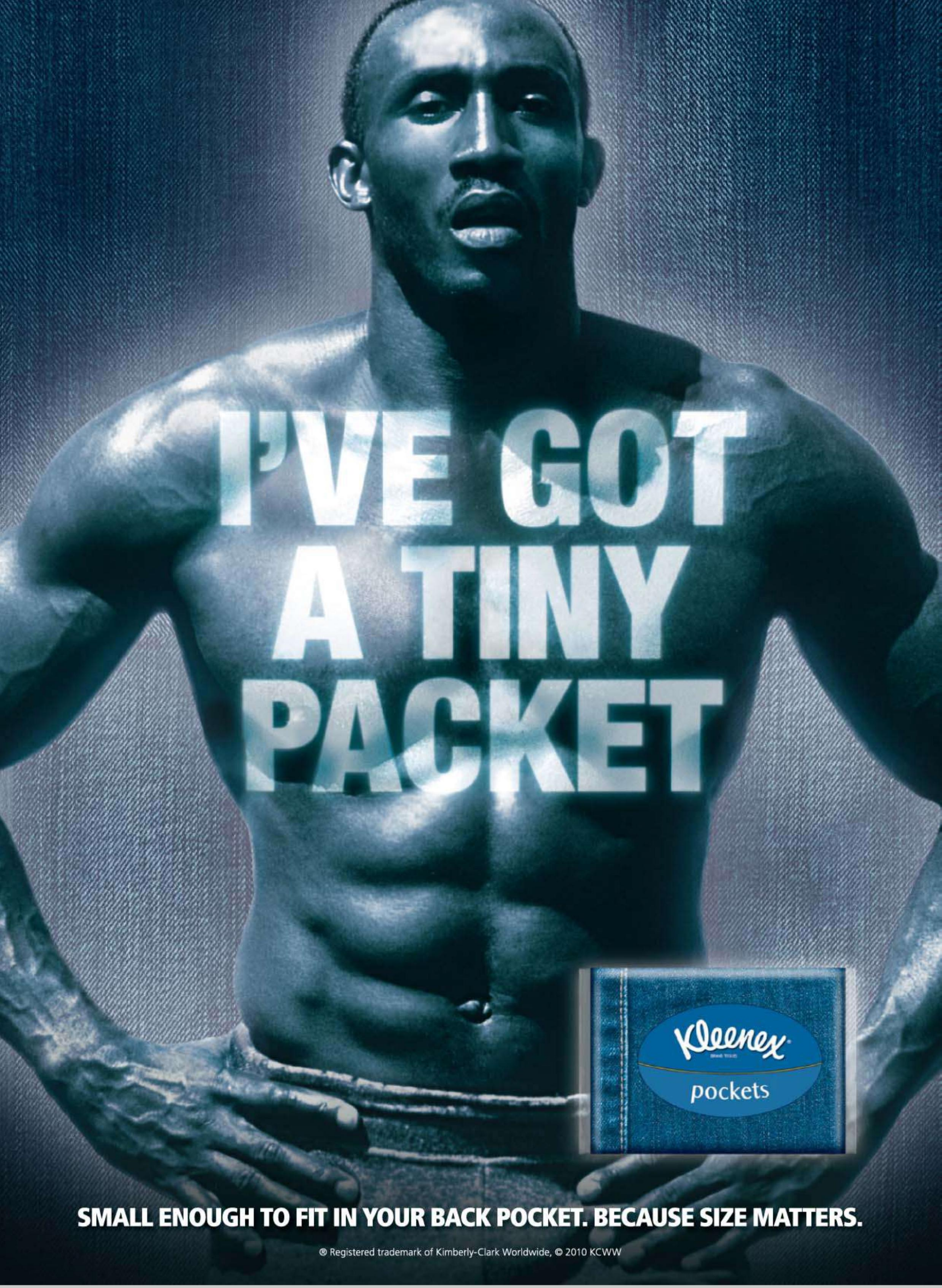
ONLY IN Nuts!



Tim Howard: "F**king defence is sh*t! F**king sh*t!"

LIVERPOOL VS EVERTON **Anfield, 16 January, 2.36pm** The Everton keeper lets rip after Liverpool almost double their lead.

TO CONTACT THE LIP-READER, WRITE TO: JOHNNYRCASS@HOTMAIL.COM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pockets

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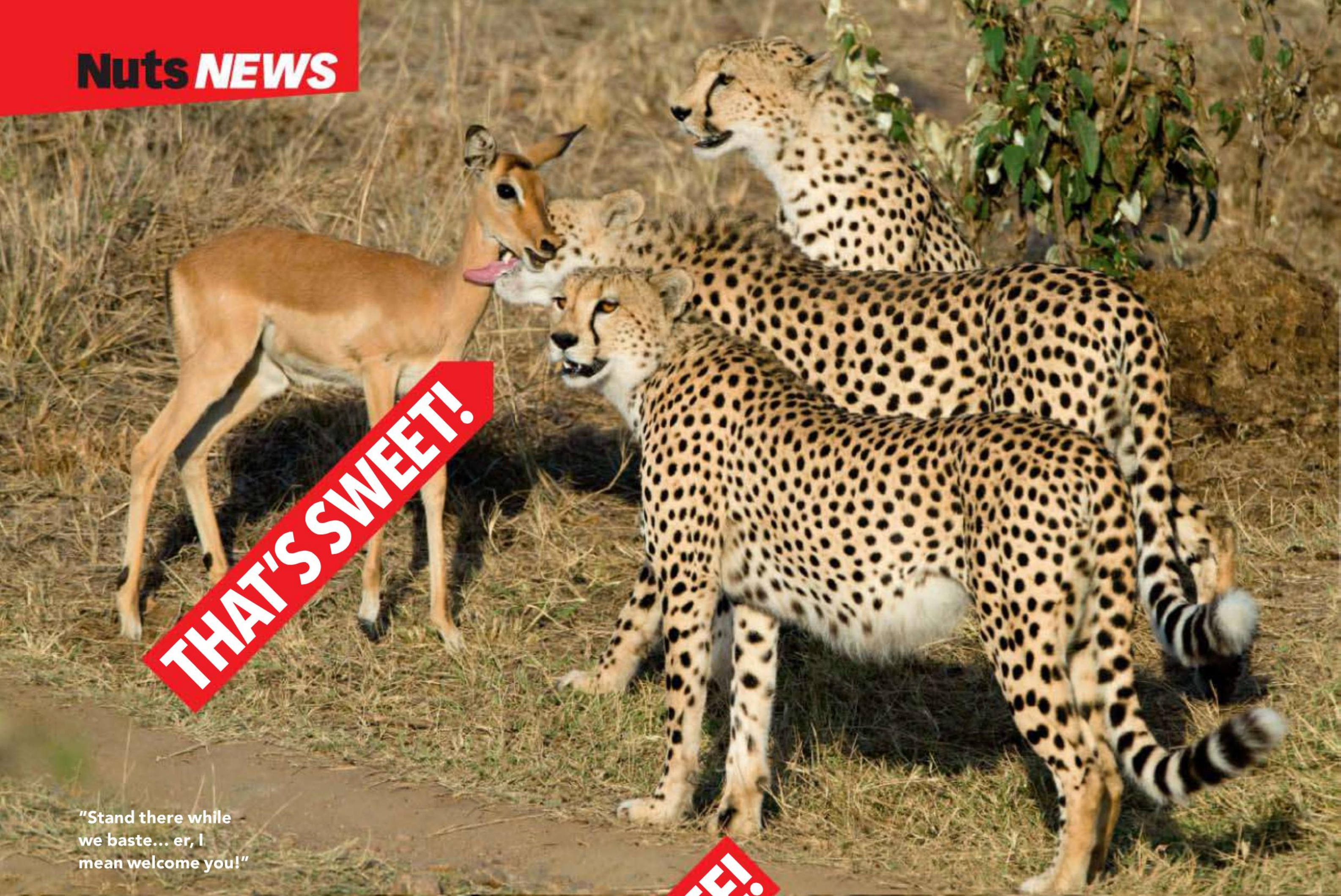
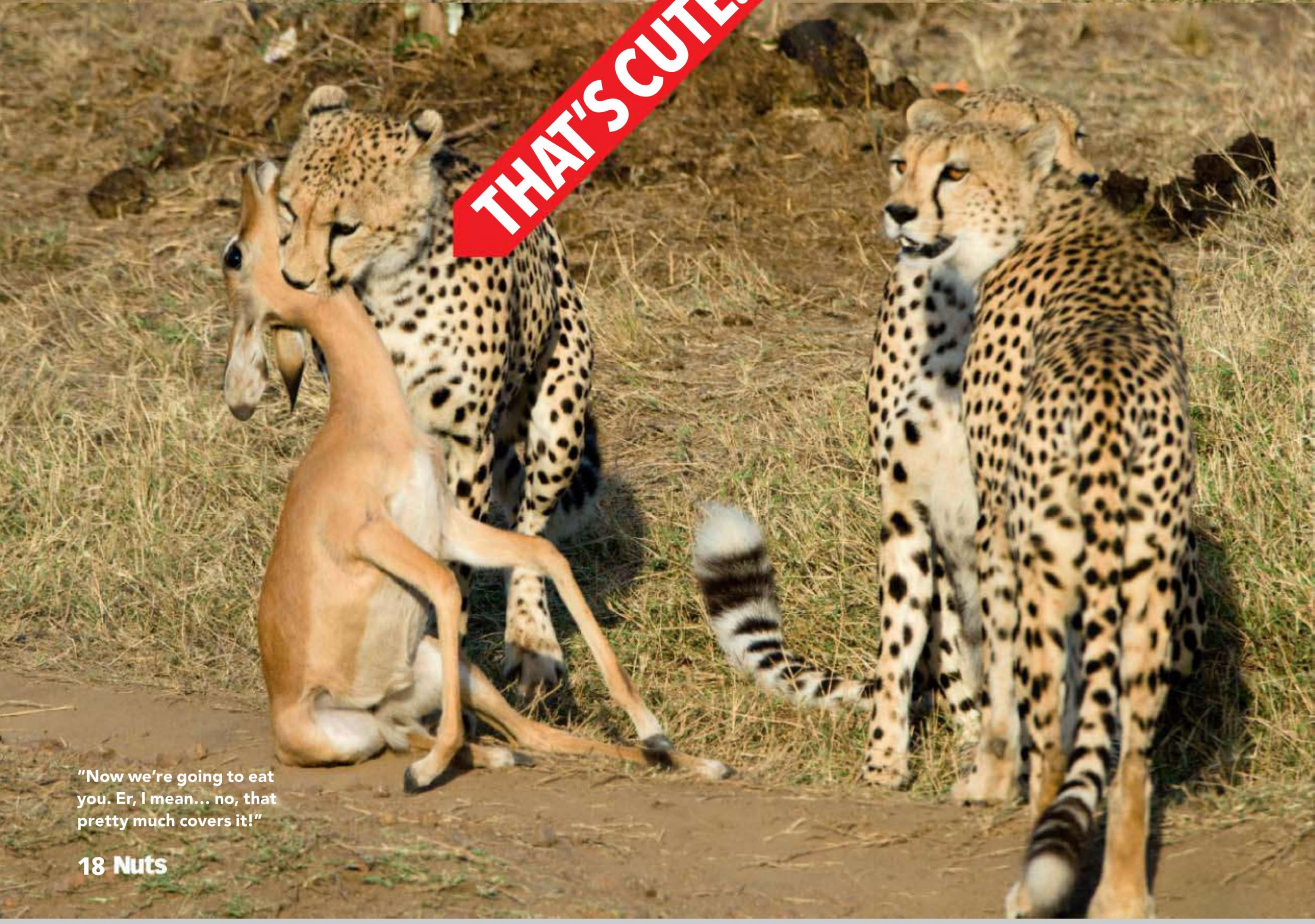
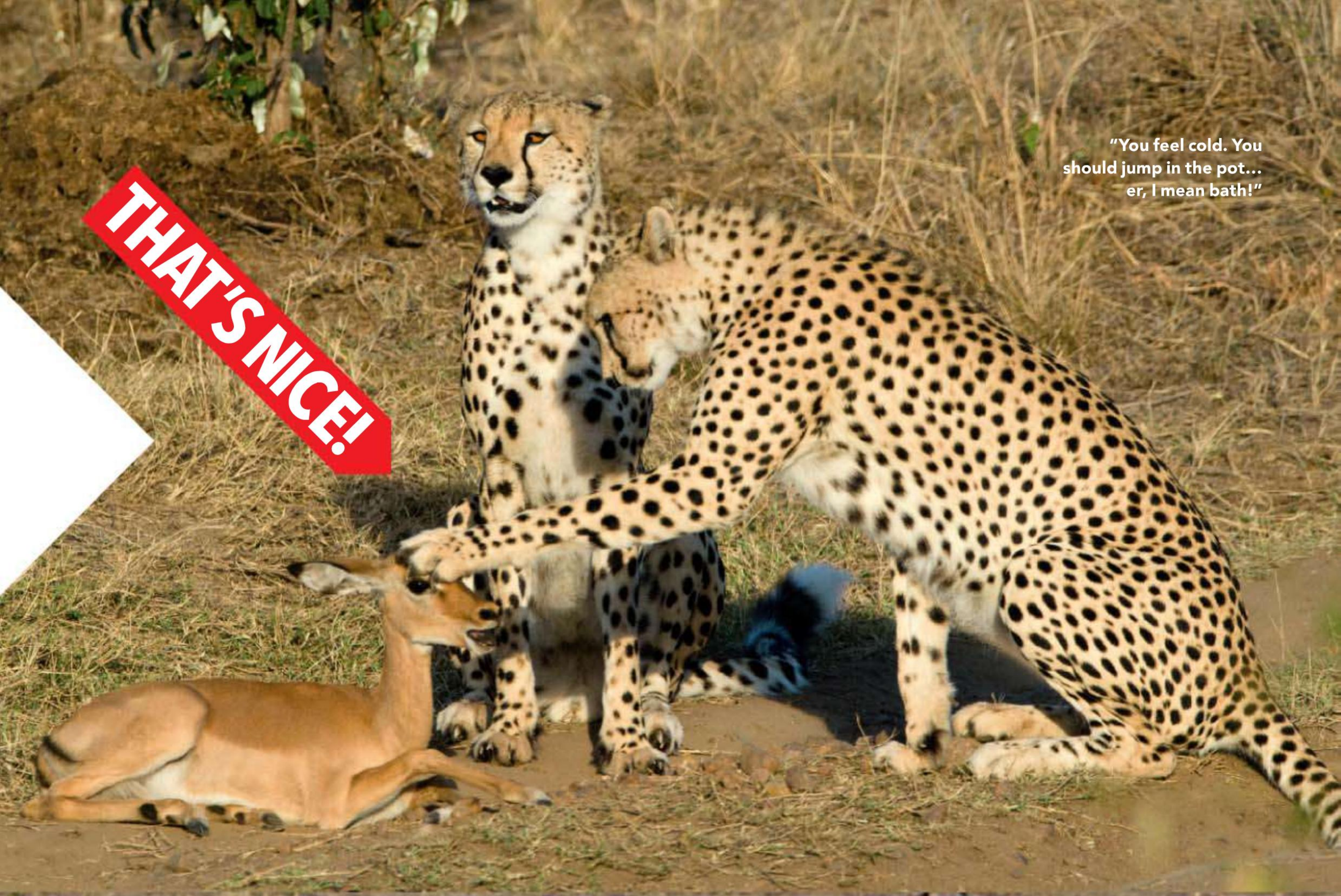

THAT'S SWEET!

"Stand there while we baste… er, I mean welcome you!"



"Now we're going to eat you. Er, I mean… no, that pretty much covers it!"



"You feel cold. You should jump in the pot… er, I mean bath!"

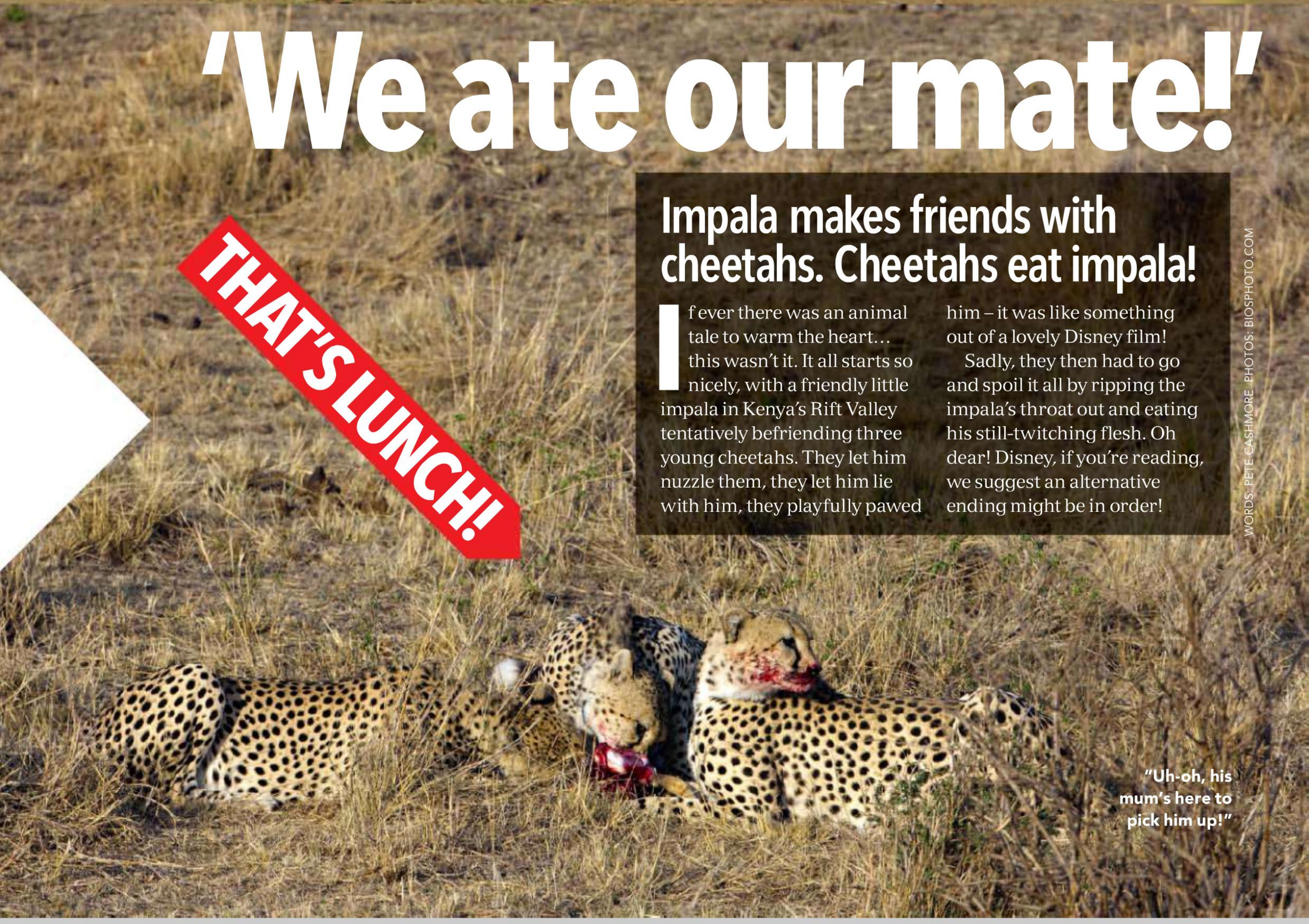
'We ate our mate!'

Impala makes friends with cheetahs. Cheetahs eat impala!

If ever there was an animal tale to warm the heart… this wasn't it. It all starts so nicely, with a friendly little impala in Kenya's Rift Valley tentatively befriending three young cheetahs. They let him nuzzle them, they let him lie with him, they playfully pawed him – it was like something out of a lovely Disney film!

Sadly, they then had to go and spoil it all by ripping the impala's throat out and eating his still-twitching flesh. Oh dear! Disney, if you're reading, we suggest an alternative ending might be in order!

WORDS: PETE CASHMORE. PHOTOS: BIOSPHOTO.COM

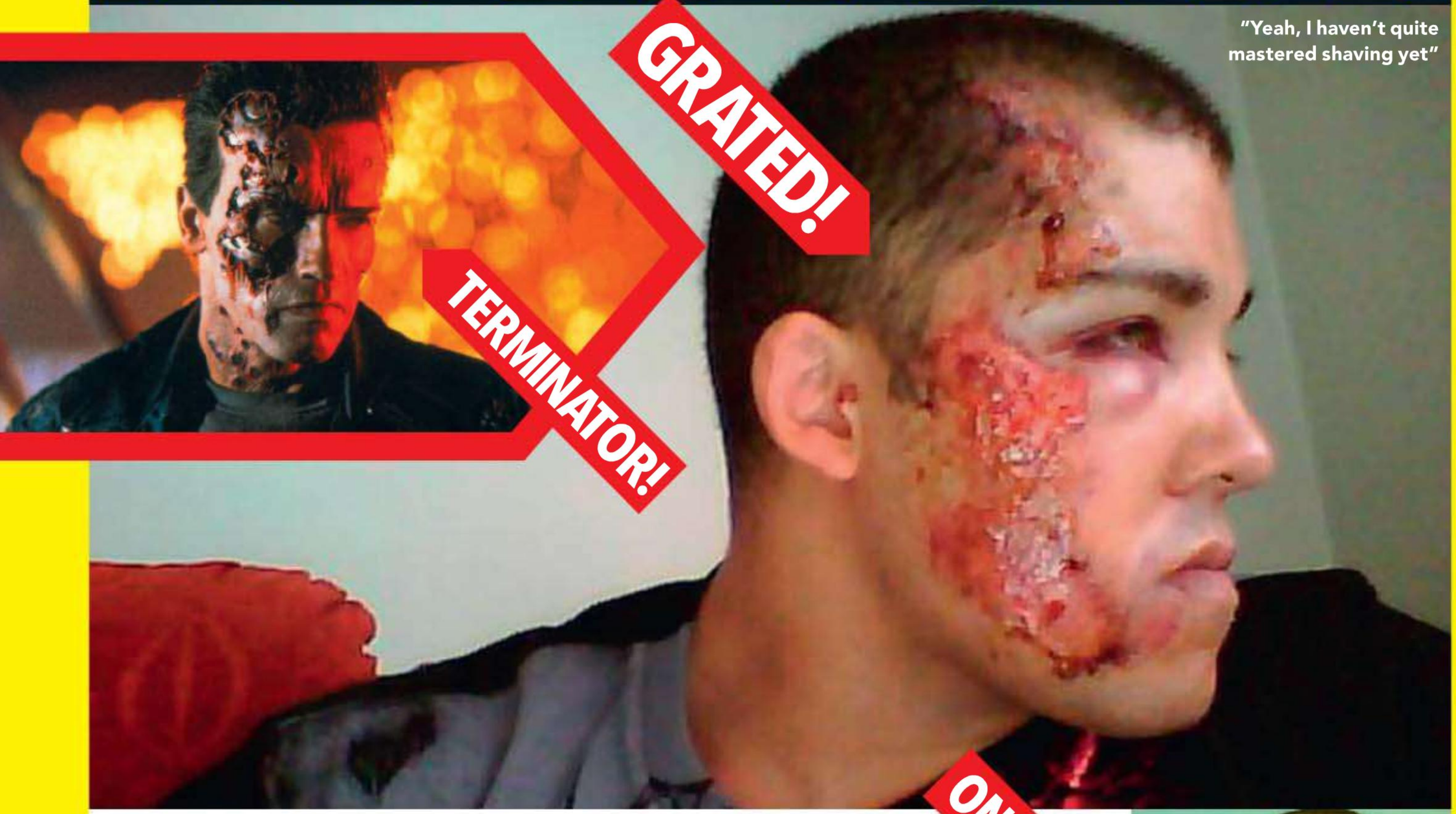


"Uh-oh, his mum's here to pick him up!"

DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to **dontlook@ipcmedia.com**


TERMINATOR!
GRATED!

"Yeah, I haven't quite mastered shaving yet"

'I landed face first in the road!'

A rather careless car creams a cyclist's face!

In a battle between a little old lady and a 26-year-old lad, you'd expect there to be only one winner. But if the lady's driving a car and the guy's on a bike, the outcome's different!

On the receiving end was Josh Smith, a customer service advisor from Bexhill in Sussex.

Josh tells *Nuts*, "I was riding my bike when a lady driving towards me turned right across my path and I suddenly hit her car and flew over the bonnet. Witnesses said I went five feet in the air, upside-down.

"I smashed face-first into the road and the grit ripped at my face, like I was sliding along a cheese grater. When I sat up, I was soaked in blood.

"At the hospital, they put seven stitches in my head, and I was let out the same night. But for weeks, people kept staring at my face because I looked just like the Terminator!"

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2011 will win £1,000 in cash!* Submit your images and contact details to **dontlook@ipcmedia.com**

WORDS: RICH JENKINS *EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY

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Launch night

Tuesday February 1st, Sky channel 108.
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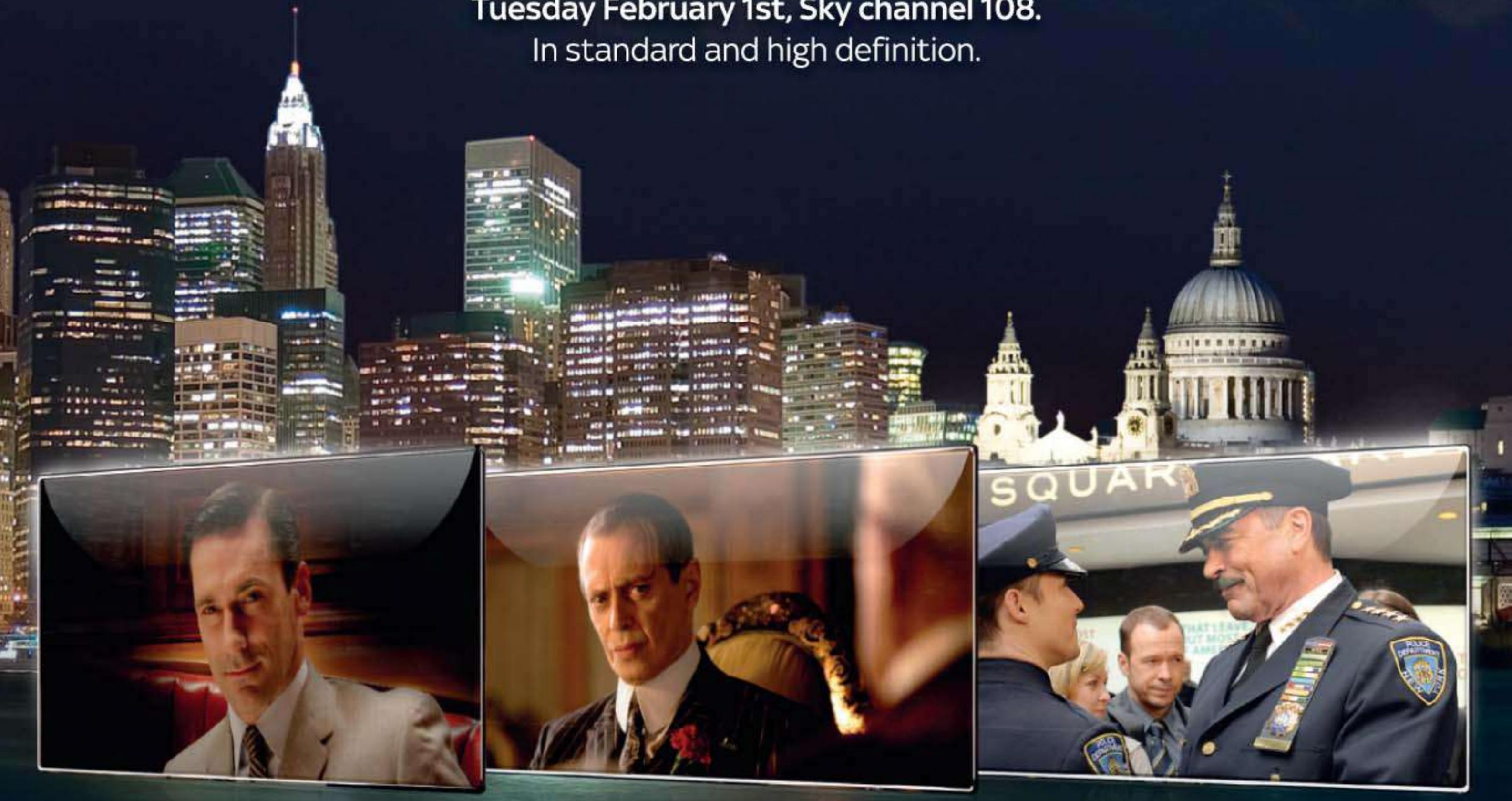

Let The Stories Begin: Sky Atlantic Launch Night, 8pm

Launch night begins with a one-off special featuring exclusive interviews with the stars of Sky Atlantic. Mariella Frostrup will be asking the questions as big names from both sides of the pond, including Jon Hamm (Mad Men, pictured above), Sean Bean and Kelly Macdonald, discuss their shows and the best of what's to come on Sky Atlantic in 2011.

Boardwalk Empire, 9pm

Sky Atlantic's host of new drama begins with the dazzling crime saga Boardwalk Empire. Created by The Sopranos writer Terence Winter and directed by Oscar® winner Martin Scorsese, this Prohibition-era epic whisks you back to 1920s' Atlantic City - a land of gangsters, sex, jazz and illegal booze.

Blue Bloods, 10.30pm

After Atlantic City's underworld comes the life of law enforcement, New York-style. Tom Selleck leads an all-star cast as NYPD Commissioner and the patriarch of a family with policing in their blood. Gritty and unflinching, Blue Bloods is a compelling cop drama revealing life on both sides of the law.

See a launch preview of Boardwalk Empire on your Smartphone. Simply scan the code or text 60505 ATLANTIC or visit pda.sky.com/atlantic

Believe in better

sky.com/skyatlantic

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Nuts GEAR

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www.nikeplus.com

Nuts says: With GPS tech supplied by specialists TomTom, this shows runners their time, distance, pace and how many calories they've burned, to silly degrees of accuracy.

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/MI
PACE
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MI

The GPS watch links to www.nikeplus.com to log runs

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Adidas F50 AdiZero Prime

www.adidas.com/football

Nuts says: The lightest and fastest boot ever, says Adidas. And at 145g, they'll make Messi even harder to catch. But, wow, they're expensive!

Olympus XZ-1

www.olympus.co.uk

Nuts says: Featuring a premium Zuiko lens usually found in high-end SLRs, a 10.0-megapixel chip, fast shutter speeds and HD movies, this is a lovely thing.

£400

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F1.8
OLYMPUS

Accessories include an electronic viewfinder

Sharp CP-USB50 mini sound bar

www.sharp.co.uk

Nuts says: 2.1-channel speaker system for your PC with built-in subwoofer, that gets its power via the USB input.

£40

Check out more reviews at www.nuts.co.uk/reviews

18

"INCREDIBLE"
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YOUR LETTERS!

The postman always laughs twice!

Send your Letters to **nutsletters @ipcmedia.com** or to the address on p60

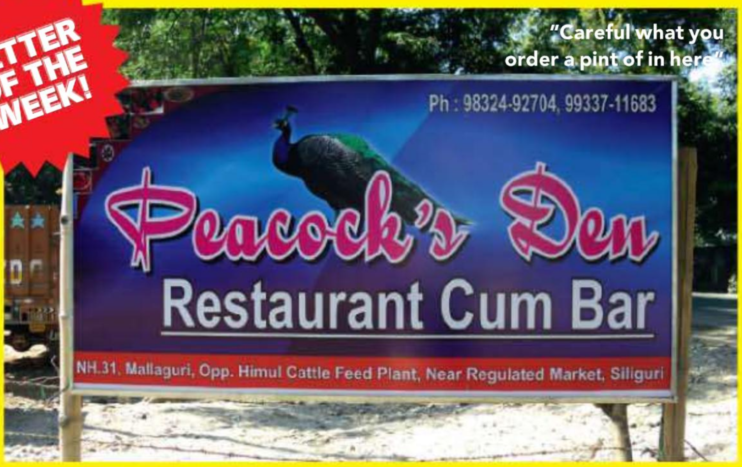
A place with real spunk

LETTER OF THE WEEK!

Dear Nuts,
This place in India was the worst restaurant I've ever eaten in – everything we ate was really salty.

Rob Prescott, Barrow-In-Furness

But it gives you lovely views of the cattle feed plant opposite!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"Careful what you order a pint of in here"

Nuts
GRAB YOURS. EVERY WEEK

"Help! I'm caught on the door handle!"

Kate = great

Dear Nuts,
Here's a pic of me in my prized *Nuts* vest and shorts!

Kate Houghton, via email

Looking good, Kate! Readers, you can buy *Nuts* kit like this at nutscollection.spreadshirt.co.uk

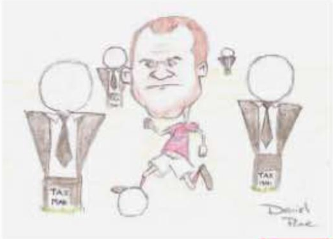
"I've wiggled it, but ITV1's still fuzzy"

Hit the red button now

Dear Nuts,
This satellite service in Turkey must have adult films galore.

Chris Teather, via email

We tried tracking this place down but couldn't find it!



A taxing session

Dear Nuts,
Heard about footballers avoiding the tax man? Maybe Rooney looks like this when training!

Daniel Price, Pencaerau

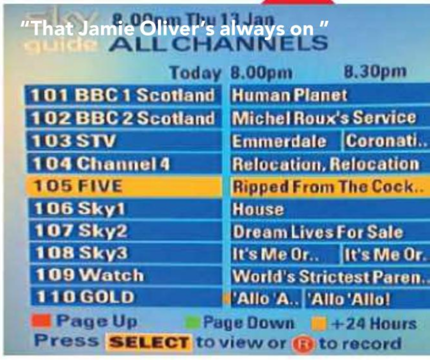
If only he was that good looking!

Eye-watering

Dear Nuts,
This quality programme from Channel Five sounds painful!

Adam, Falkirk

This sounds like what happened to us that time we zipped our jeans up too fast.



8.00pm Thu 13 Jan
ALL CHANNELS

Today	8.00pm	8.30pm
101 BBC 1 Scotland	Human Planet	
102 BBC 2 Scotland	Michel Roux's Service	
103 STV	Emmerdale	Coronati..
104 Channel 4	Relocation, Relocation	
105 FIVE	Ripped From The Cock..	
106 Sky1	House	
107 Sky2	Dream Lives For Sale	
108 Sky3	It's Me Or..	It's Me Or..
109 Watch	World's Strictest Paren..	
110 GOLD	'Allo 'A..	'Allo 'Allo!

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Press SELECT to view or Ⓡ to record

"That Jamie Oliver's always on"

CAMERAPHONE CUTIES!

Sexy snap-happy babes!

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"Me and my bouncy boobies!"
Lucy, Bournemouth

"Here I am, from head to toe!"
Liza, via email

Send us your pics! Text 'Nuts' and your sexy camera- phone pic to **0771 388 8008***

Win great Durex stuff!

Send your letters, hilarious spam pictures and camera phone cutie shots to: **nutsletters@ipcmedia.com** or post them to the address on page 60. The sender of the week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy. Visit **www.durex.co.uk** for more information.

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YOUR JOKES

Bursting with all the best gags, every week!

Send your jokes to **nutsjokes@ipcmd**

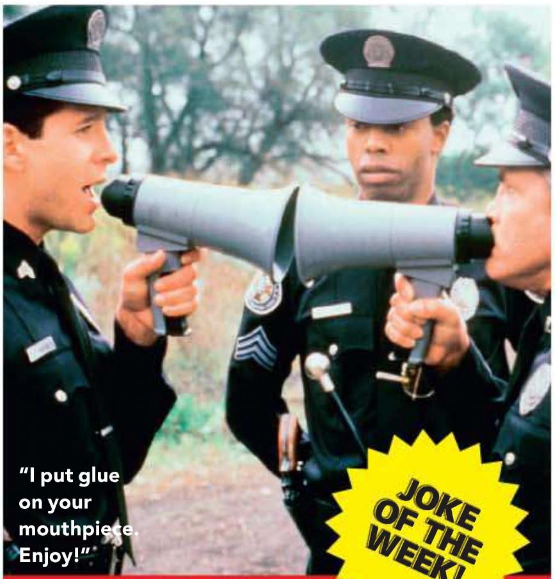
SHORT JOKES!

Last night, I tried to go out for an Italian meal but there was a huge, fat woman standing in the doorway.
I couldn't get pasta!
Wesley Champion, via email

Q: What's the difference between a purity ring and a wedding ring?
A: One means "I love you but no sex"… er, they're the same!
Chris Massey, via email

While driving home from work, I was disgusted with all the people using their mobiles, so I noted all their registration numbers in my Filofax!
Freddie Burns, London

Q: What did the man from Norfolk say to the baker?
A: I'm in bread myself.
Mike Guinness, Upminster


"I put glue on your mouthpiece. Enjoy!"

JOKE OF THE WEEK!

Blanc out

Top chef Raymond Blanc has committed suicide after some thieves broke into his store cupboard and stole all his ingredients. Police say he lost the huile d'olive.

Cat, via email

"If Alan Carr copies my look one more time…"

Record breakers

Three blokes are chatting. "I genuinely think I've got the smallest head in the world," says the first.

"You might do," says the second, "but I think I've got the smallest arm in the world."

The third says, "Well, you know what? I really think I've got the smallest willy in the world."

"Well," says the first

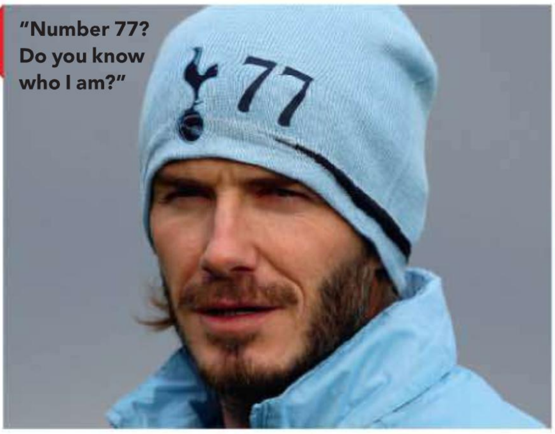
Stick of it

David Beckham's being interviewed about his move to Tottenham.

"David, you're planning a return to the Premier League after spending years at Man United," the reporter says. "Are you worried about the stick?"

"A bit, yeah, but I think it'll be OK," he replies. "Victoria loves London!"

Marc G, Birmingham


"Number 77? Do you know who I am?"

Win PS3 gaming accessories!

The sender of this week's best joke* will win over £250 of PS3™ Gaming Accessories, courtesy of 4GAMERS™! This great prize includes a CP-NC2 Stereo Gaming Headset, three top PS3™ titles, a Move Starter Pack and accessories galore!

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SEND YOUR JOKES TO NUTSJOKES@IPCMEDIA.COM OR TO THE ADDRESS ON P60.
PHOTOS: ALLSTAR, GETTY, REX, CAPITAL PICTURES, PA PHOTOS

S!

ia.com or to the address on p60

bloke, "why don't we go to the Guinness World Records people and see if we actually do?"

The blokes decide this is a good idea, and off they troop. One by one, they go into the office.

The first comes out and says, "I have the smallest head in the world!"

The second comes out and says, "Yup, I've got the smallest arm in the world!"

The third bloke finally comes out of the office with a frown on his face and says, "Who the hell is Justin Bieber?"

Joe Hyatt, Blackburn

FAMOUS BLOKES' JOKES!

LEE EVANS:
"When I was at school, I was perpetually punched in the head by other kids. So my dad sent me off to learn boxing, where – guess what?– I was perpetually punched in the head by other kids."

ALAN CARR:
"I was told by someone on Twitter to get a life, and the girl who said it called herself 'the real Anne Boleyn'. At least I'm not pretending to be a dead Tudor!"

AL MURRAY:
"The French are pathetic. They've got a town called Brest and none of them think it's funny!"

THERE CAN ONLY BE ONE MAN STANDING

WRESTLING CHAMPIONS KURT ANGLE, KEVIN NASH & PSYCHO SID VICIOUS FIGHT IT OUT IN THIS ALL-OUT HEAVYWEIGHT BEAT DOWN

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TREE HUG!

THIS WEEK'S £100 WINNER!

BECKS *21, from Exeter*
"A game I invented – naked hide-and-seek!"

ON A CAR!

STEPHANIE *23, from Wiltshire*
"Look closely and you may see I'm popping out!"

IN A SHOP!

LAURA *23, from Redditch*
"Me at my local second-hand furniture store."

IN A CAR PARK!

ROXANNE *20, from Cornwall*
"If it was pay-and-display, I'd have done well that day!"

Win £100!

All printed pics get a *Nuts* vest-and-shorts combo. The winner gets £100!* Send your snaps to **nutspopout@ipcmedia.com** or by text to **0771 388 8008**.

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FRANK MIR
ROGER HUERTA
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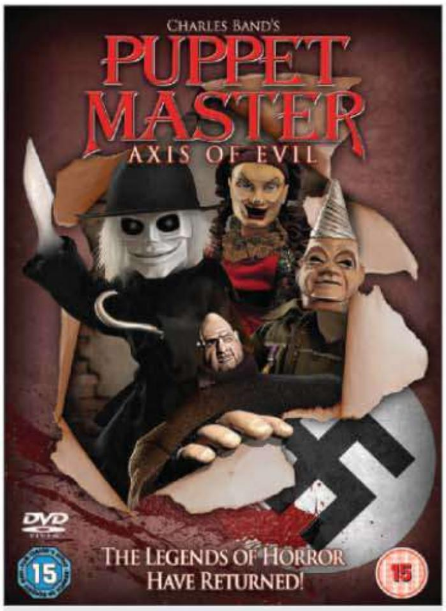
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AND TRICIA HELFER
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DVD out 31 January

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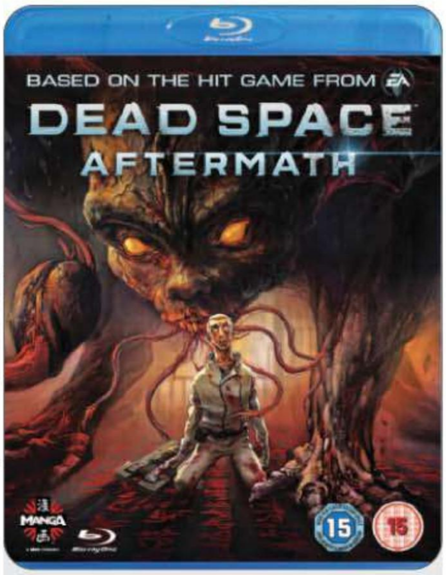
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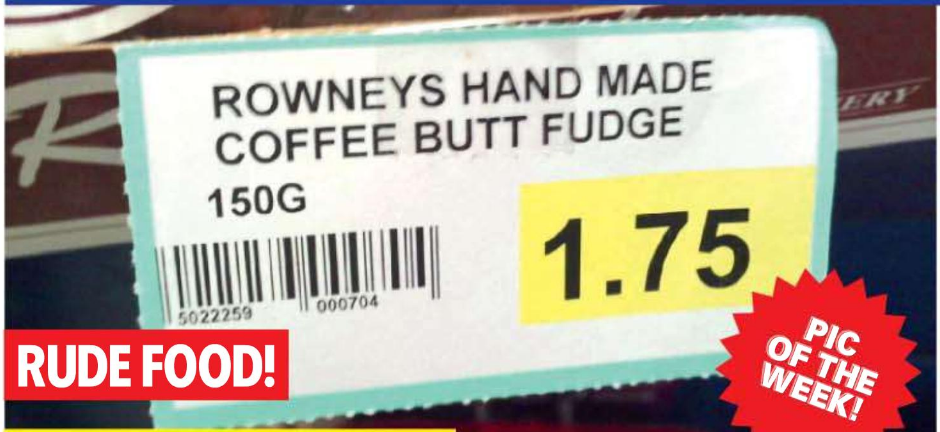
ONLY IN Nuts!

Seen something daft? Snap it, send it in and win £100!

Win £100!

Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** Terms & conditions on page 60.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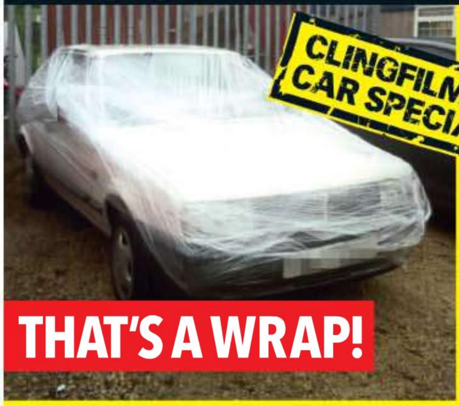
5022259 000704
PIC OF THE WEEK!

RUDE FOOD!

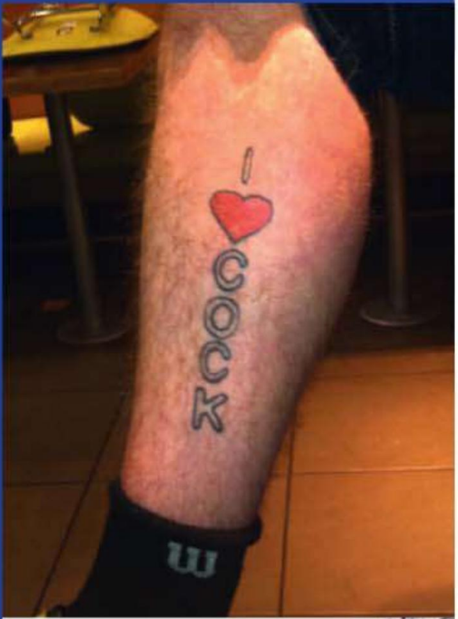
"Hmm – I'm not convinced about this new flavour of fudge at all!" **Anon, via text**


CLINGFILMED CAR SPECIAL!

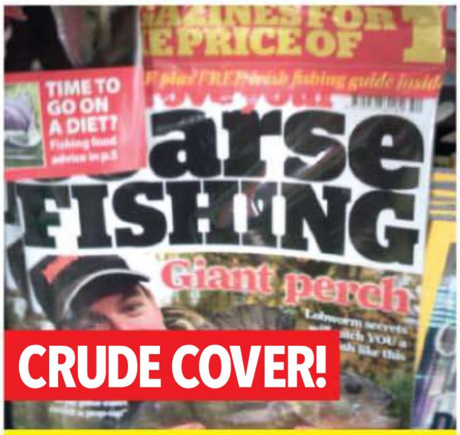
THAT'S A WRAP!

"We thought clingfilming a car was a great idea, so we did our mate's!" **Anon, via text**

NAFF TATS! CORNER!

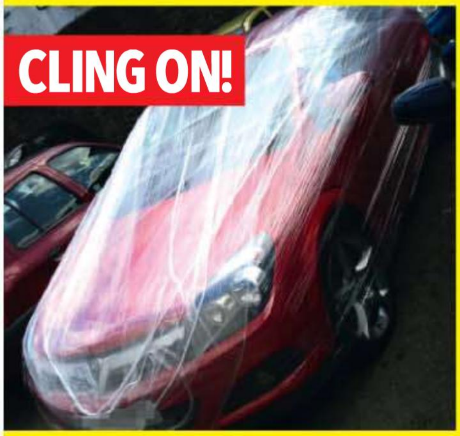


"I lost a bet on the outcome of the World Cup final – this £40 beauty was my forfeit!" **Pat Thornton, Burnley**


MAGAZINES FOR THE PRICE OF 1
TIME TO GO ON A DIET?
arse
FISHING
Giant perch

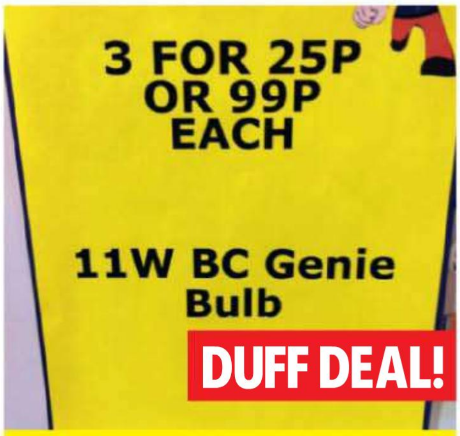
CRUDE COVER!

"I think it may be time to rearrange those shelves slightly!" **Ryan, Falkirk**



CLING ON!

"We couldn't resist coating our mate's car as his back was turned!" **Anon, via text**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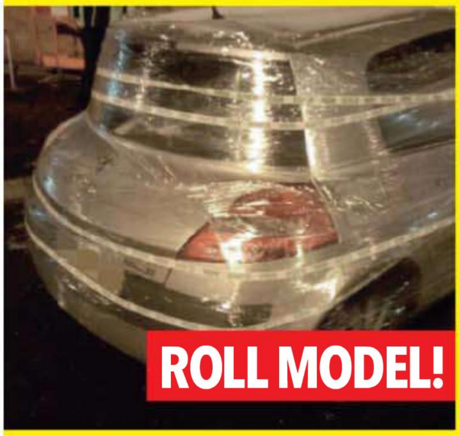
DUFF DEAL!

"It's safe to say the store's manager isn't too bright!" **Adam, Stourbridge**



ROLL MODEL!

"We felt the tape on this effort was a really nice touch!" **Anon, via text**

*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION. **EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY

"I've looked like a darts champion since I was 17"

KEVIN BRIDGES!

The Scottish comic on being posh and Frankie Boyle!

Hi Kevin! You're Scottish. Do you, Frankie Boyle and Billy Connolly live in a big house together? Yes, we do. I'm the cleaner. It's all about Frankie rather than me, this interview? Frankie was too busy for *Nuts* so you thought you'd go for his flatmate? I've got my answers prepared, though. Am I a t*ts or an arse man? Who'd win in a fight between Lorraine Kelly and a squirrel? Frankie has put me up a few times in London. He's very into his fitness. We went swimming and he challenged me to do 100 lengths. I managed about 87, while he did 124.

Lots of food in Scotland is deep-fried. Do you even own a microwave or an oven? I've got an 850W microwave. You can cook a Rustlers burger in about 30 seconds. We're quite precious about what we deep-fry. Fish, obviously. Sausage. Pizza. You hear stuff about Mars bars but I've never seen one. So when are we going to get away from the regional racism and onto plugging the DVD?

Soon. Honest. Apparently, your friends from home reckon you "put on a posh accent" on telly. Although, if we're being honest, we can hardly understand anything you're saying. That's the thing. People in Scotland think I speak posh. People in England can't understand me. It's probably only people in Newcastle who think I speak normally.

Maybe you should come with a subtitle button? Aye.

They say, "you shouldn't burn your bridges". What if we tried to burn yours? If you tried to burn my bridges?

Yes. If we came round to your house and set fire to your bridge. I was having a conversation with a person in the audience recently about suicide. That's how well the gig was going. He asked, if I was going to kill myself, how would I do it? I said that jumping off a bridge would only lead to ironic headlines.

You're 23, which is young for a comedian. But if you were a professional gymnast, you'd have retired. Do you feel old? My gymnastics career ended pretty early doors. People refuse to believe I'm 23. Maybe that's the deep-fried stereotypes. I've looked like a darts champion since I was 17.

You support Celtic FC. Do Scottish teams have to play in the Scottish Premier League because they're not good enough for the normal Premier League? Yes. That's exactly right. Where did you think of these questions? Did you get mugged by a Scottish guy this morning or something? Did he jump you in the queue for the bus?

Er, no… Celtic were the first British team to win the European Cup. People think the Scottish are a nation of alcoholic party animals. We can't wait to leave Scotland. That's why we want to get into the Premier League – 'cos it'll be a proper day out. Scotland is massive. Teams like Aberdeen should get a head start because they're so far away. I'm not Scottish anyway. I was born in London. [He's joking – Ed]

"Shall I poke his left or his right eye?"

So you just affect the accent to confuse people? Yes. So people go, "Kevin Bridges? You know, the Scottish one."

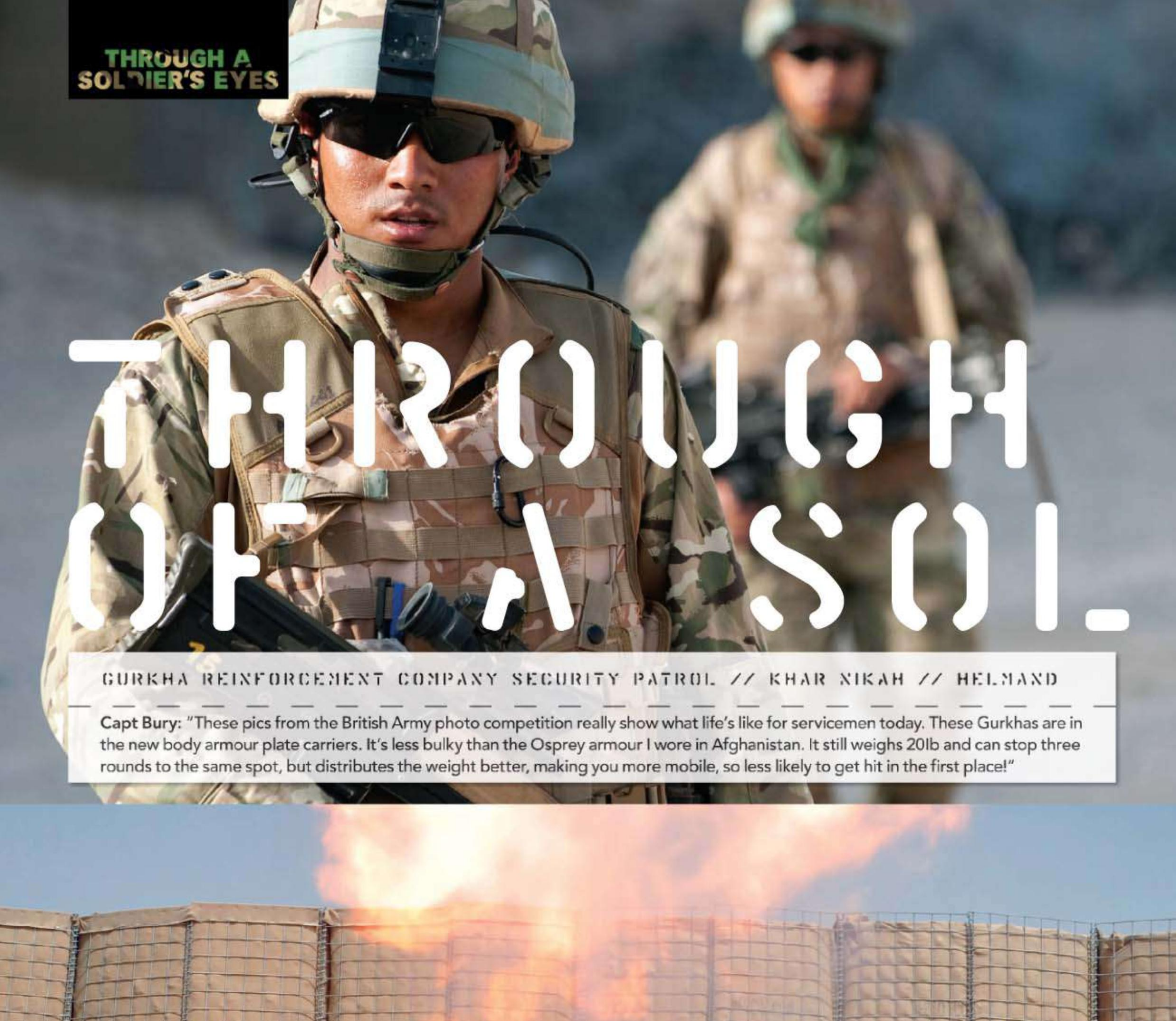
Your new DVD's called *Kevin Bridges: The Story So Far*. Have we got to wait 23 years for the next one? I could be dead by then. It'll be the same DVD, but with my obituary on the back of the box.

Well, we weren't sure what you were saying, but thanks for the chat anyway, Kevin. No, thank you. I'm going to go and cry in the shower.■

Kevin Bridges: The Story So Far *is out on DVD now. Kevin will also appear on the second series of* Stand Up For The Week *on Channel 4 in March*

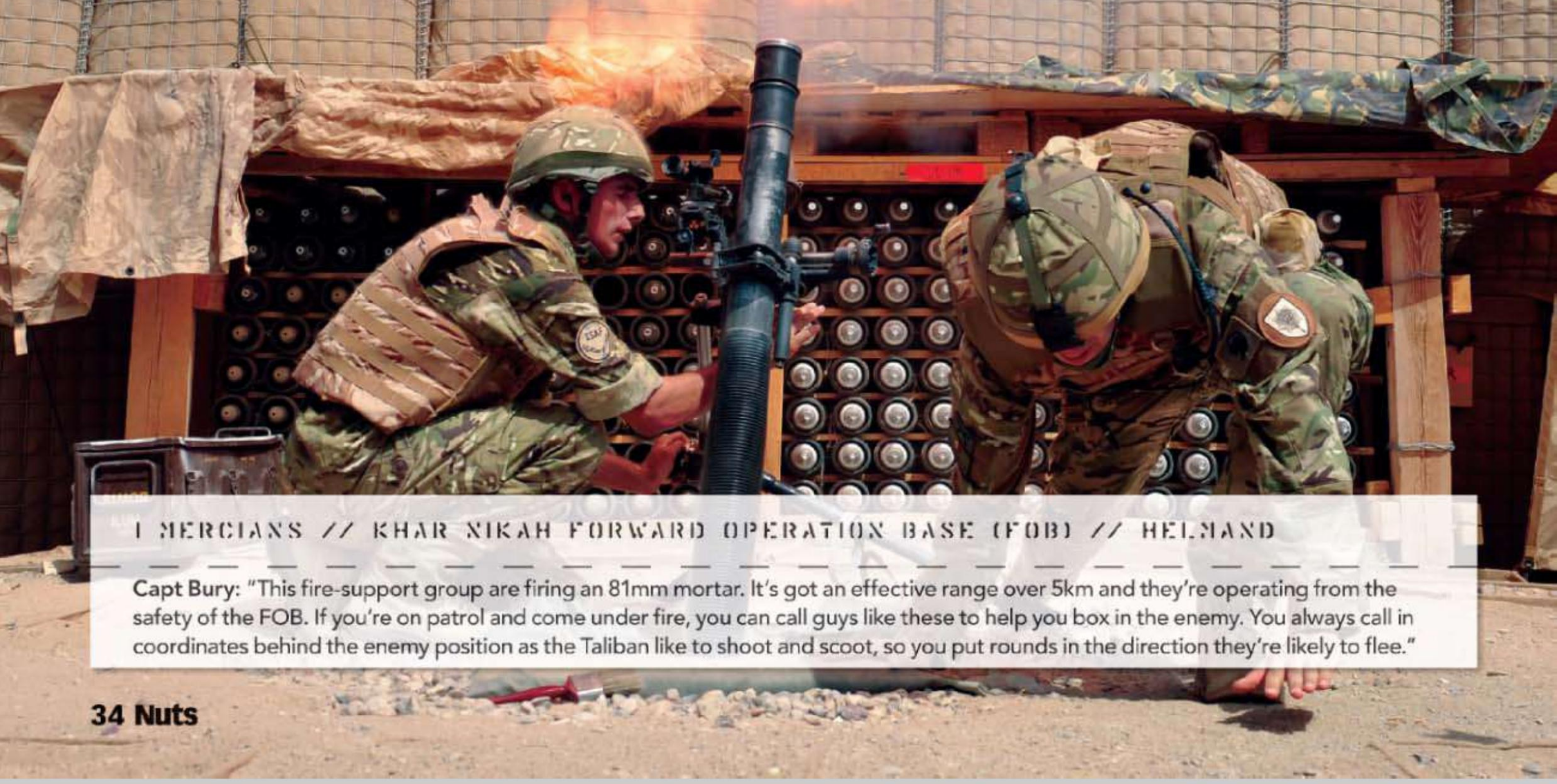
INTERVIEW: RICH PELLEY

THROUGH
OF A SOL



GURKHA REINFORCEMENT COMPANY SECURITY PATROL // KHAR NIKAH // HELMAND

Capt Bury: "These pics from the British Army photo competition really show what life's like for servicemen today. These Gurkhas are in the new body armour plate carriers. It's less bulky than the Osprey armour I wore in Afghanistan. It still weighs 20lb and can stop three rounds to the same spot, but distributes the weight better, making you more mobile, so less likely to get hit in the first place!"



1 MERCIANS // KHAR NIKAH FORWARD OPERATION BASE (FOB) // HELMAND

Capt Bury: "This fire-support group are firing an 81mm mortar. It's got an effective range over 5km and they're operating from the safety of the FOB. If you're on patrol and come under fire, you can call guys like these to help you box in the enemy. You always call in coordinates behind the enemy position as the Taliban like to shoot and scoot, so you put rounds in the direction they're likely to flee."

THE EYES
DIER

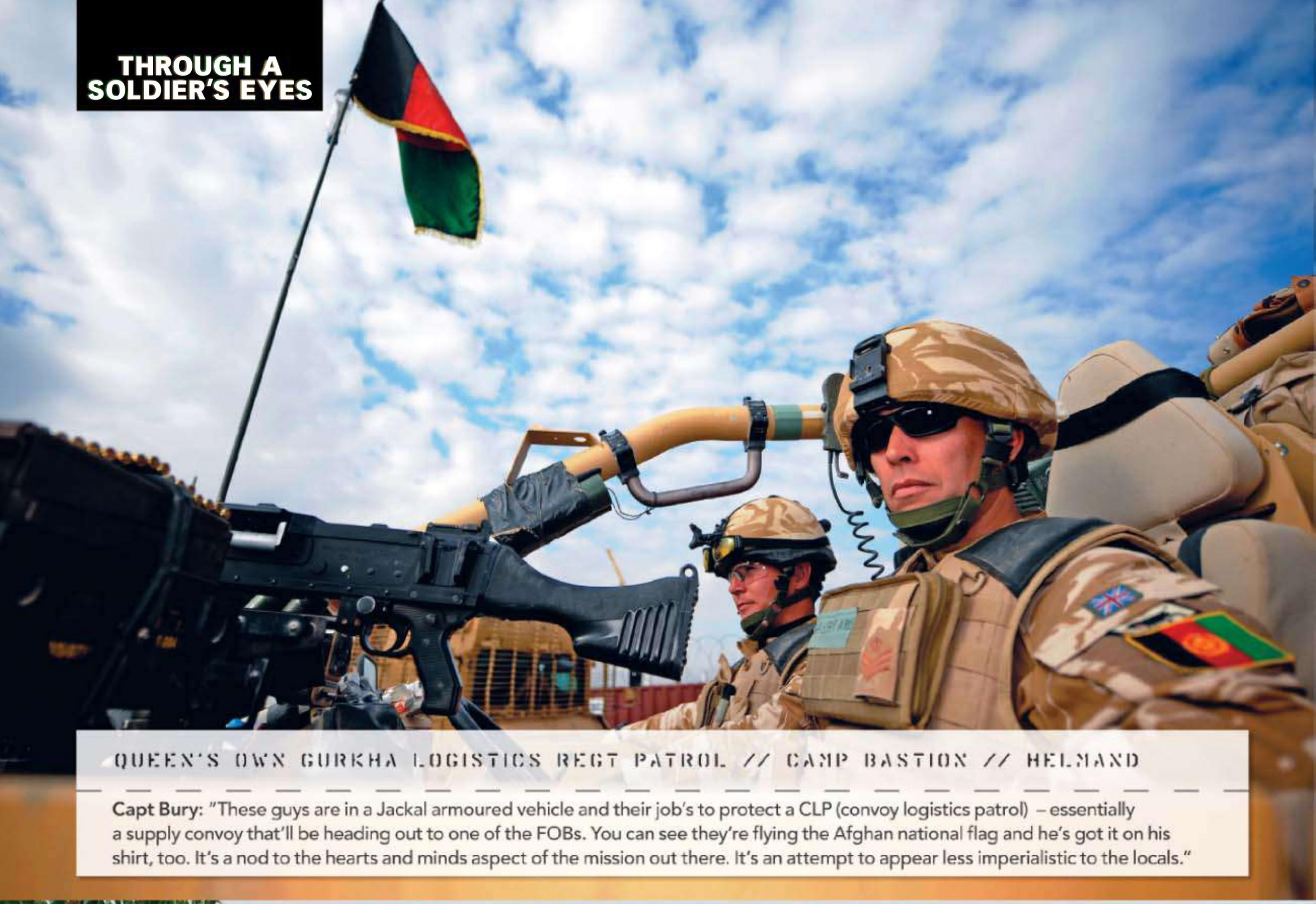
CALLSIGN HADES AUTHOR PATRICK BURY ON PHOTOS BY BRITISH SERVICEMEN

1 SCOTS GUARDS // SOMEWHERE NEAR KUNJAK // HELMAND

Capt Bury: "These guys are resting up in a typical Afghan compound. The body armour's off, they look pretty relaxed. There'll be sentries on overwatch. This reminds me of a time when we were in a compound in Sangin. The Taliban knew we were in there and tried to spook us by creeping about outside, wailing like ghosts in the darkness. You could hear them all about you, trying to freak you out."

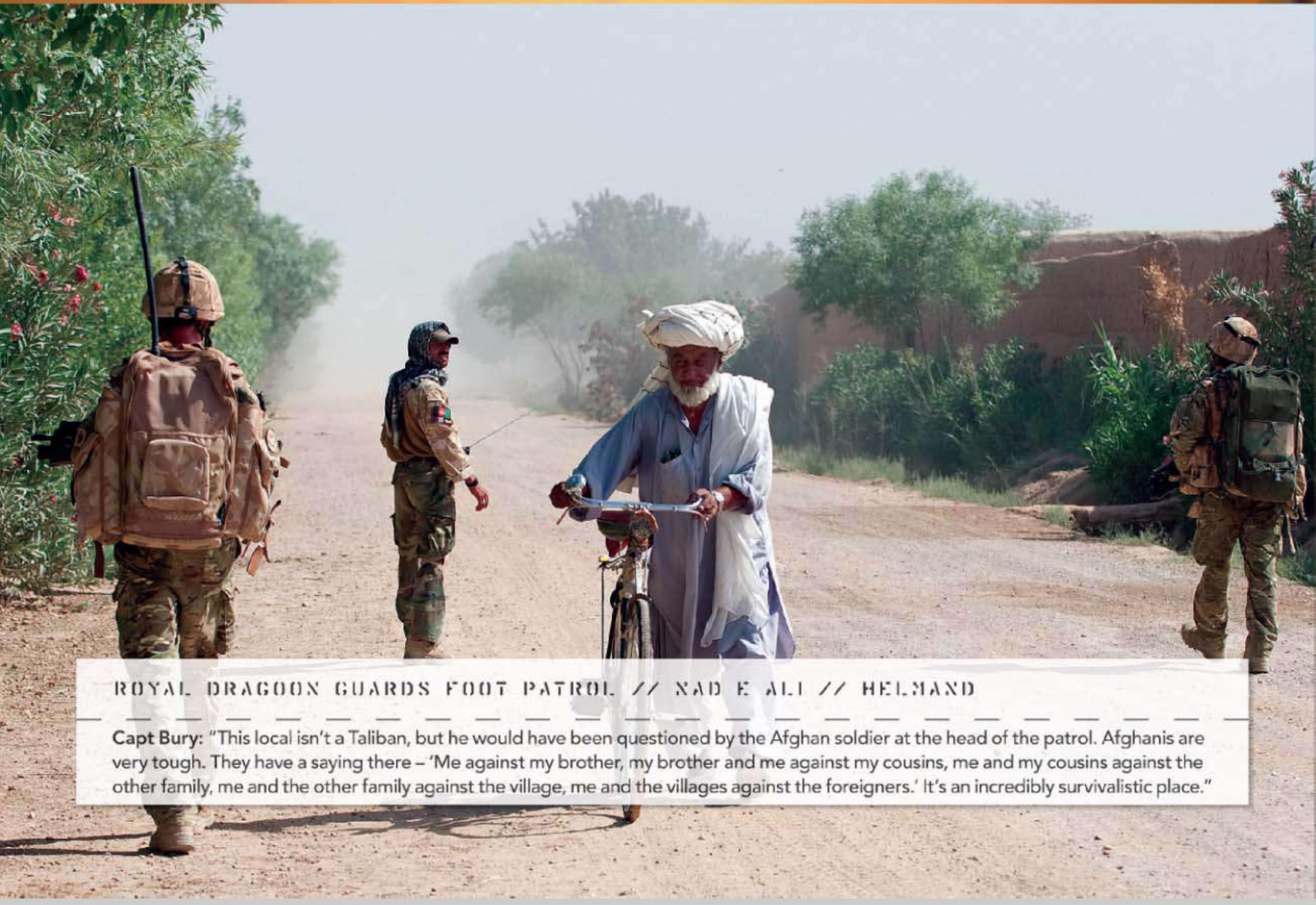
HOUSEHOLD DIVISION // HORSEGUARDS PARADE // LONDON, UK

Capt Bury: "Just six weeks before this picture was taken, this battalion had been fighting in Afghanistan. It just shows you the pressure that the Army's under, 'cos they'd have drilled long and hard to perfect the Queen's Birthday Parade. Interestingly, the drills you see at these ceremonies are essentially Victorian battle tactics, of the type Wellington used to defeat Napoleon." ➡



QUEEN'S OWN GURKHA LOGISTICS REGT PATROL // CAMP BASTION // HELMAND

Capt Bury: "These guys are in a Jackal armoured vehicle and their job's to protect a CLP (convoy logistics patrol) – essentially a supply convoy that'll be heading out to one of the FOBs. You can see they're flying the Afghan national flag and he's got it on his shirt, too. It's a nod to the hearts and minds aspect of the mission out there. It's an attempt to appear less imperialistic to the locals."



ROYAL DRAGOON GUARDS FOOT PATROL // NAD E ALI // HELMAND

Capt Bury: "This local isn't a Taliban, but he would have been questioned by the Afghan soldier at the head of the patrol. Afghanis are very tough. They have a saying there – 'Me against my brother, my brother and me against my cousins, me and my cousins against the other family, me and the other family against the village, me and the villages against the foreigners.' It's an incredibly survivalistic place."

1ST BATTALION THE ROYAL GURKHA RIFLES // NAHR E SARAJ DISTRICT // HELMAND

Capt Bury: "Fighting in the green zone (the fertile land either side of the Helmand river) is like fighting in a jungle. Major Charlie Crow is taking a breather in a maize field here and you can see how dense the foliage is. The maize grows 7ft high and you can literally bump into the enemy. If you do, it often comes down to fighting with a bayonet. All this technology and yet it can get as primitive as that."

1 ROYAL IRISH IN FIREFIGHT // NAD E ALI // HELMAND

Capt Bury: "This is my regiment in action. They wear shamrocks and netting on their helmets. The shamrock's obviously Irish and the Para mesh, as it's called, is because we're part of 16 Air Assault Brigade fighting alongside the Paras, who've worn it since the Second World War. It helps create regimental identity and unity 'cos, at the end of the day, you're like family. These men are your brothers." ■

INTERVIEW: NICK SOLDINGER PHOTOS: CPL GARY KENDALL RLC, CPL STEVE BLAKE RLC, SGT RUPERT FRERE RLC

ROSIE PRESENTS 100 BIG BOOBED BABES!

Who better to kick off our booby guide?

Hi Rosie! How are you? I've got the flu! I'll be a trooper and try to look sexy for you, though! I think alcohol's going to have to be my cure because I'm going to Vegas next week and it's going to be pretty epic!
You're presenting 100 topless babes. If you were in a room with all 100 of these honeys, what would you do? I'd love to say I'd faint but being around boobs is normal to me now. I've never been in a room with 100, though! If Kelly Brook's boobs were there in front of me, I think they'd definitely make me faint.
If you had to eat 100 of something, what would it be? I could definitely eat 100 sour Skittles in one go, I love them. And if I could spread it out over a week, I reckon I could eat 100 Nando's, too!
What's the most boobs you've been around at one particular time? Probably about 12? No actually, I'm lying, it was more than that! About 20. It was overwhelming. I was just surrounded by boobs – but in a good way! Heavens above, that's a lot.
Crikey! Thanks, Rosie! Finally, do you have any big ambitions for 2011? Just to have loads of fun, go on loads of holidays, and make sure I enjoy 2011 even more than last year – if that's possible! Oh, and I want to do loads more *Nuts* shoots! ➡

1 ROSIE JONES

In every list, we suppose there must be a number one, and why not Rosie? Just look at her. All the time. Every day!

2 HOLLY PEERS Holly celebrated her first anniversary of being a *Nuts* babe this month, and what a brilliant year it's been!

3 STACEY SOLOMON Stacey's officially the queen of the Jungle now she's won *I'm A Celebrity*…. And she's also a queen of boobs!

8 JODIE GASSON The Brighton babe asked to do work experience at *Nuts* in 2010. We hated telling her we were fully booked!

13 GEMMA MERNA Gem thinks Carmel, her *Hollyoaks* character, hasn't had enough raunchy storylines recently. Listen up, producers!

4 ALICE SEY

Alice was one of our babes to watch in 2011, and it's easy to spot why – she's got fantastic taste in hats!

5 TULISA (N-DUBZ)

We chatted to N-Dubz last month, and our man's neck is still sore from resisting a glance down Tulisa's top!

6 RACHAEL WHITE

So, *Big Brother*'s finally gone. But thanks to the lovely Rachael, we've got two great reminders of why we loved it!

7 VIKKI BLOWS

By jingo, she's a sultry lady, isn't she? You wouldn't catch us in underwear like that, you'll be happy to know!

9 MICHELLE KEEGAN

The soap cutie has shown a refreshing willingness to don very small bikinis recently. We like the way she's thinking!

10 STACEY MASSEY

Ms Massey's adopted the nickname we gave her of "Stacey Macey". Luckily, she hasn't adopted wearing a bra!

11 SEREN GIBSON

Ah, Gibbers. Gibbo. The Gibmeister. Sorry, we're just wasting time now because we're distracted by her boobs!

12 JENNIFER CLARK

BB beauty Jen thinks making her boobs bigger was the best thing she ever did – looking at this pic, we agree!

14 EVA

Our fave Polish export since kotlet schabowy (a pork snack) has been getting sexier over the years. As you can see!

15 DANNI WELLS

Danni's ultimate shoot would be Kate Moss, Sienna Miller and herself. Now that's something we'd like to see!

16 AMY GREEN

Amy's making her film debut in upcoming vampire film *Breaking Dawn*. We're off to reserve our seats now! ➡

17 SOPHIE READE
Sophie's possibly the boobiest girl ever to emerge from the *Big Brother* house. And therefore the best, too!

18 AMII GROVE
Sexy Amii's not just a looker, she's a humanitarian, too – her Twitter's full of news and current events! Crikey!

19 KAYLEE CARVER
Hull fan Kaylee hasn't had a lot to shout about in the Tigers' season, but we're all shouting about her boobs!

21 POPPY RIVERS
Her name sounds like a beautiful place to visit. And Poppy certainly is a beautiful lady we'd like to visit!

22 NATALIE BLAIR
Look at Nat pushing her bosoms together to make them look bigger. This is what we call "not really necessary"!

24 HOLLY WILLOUGHBY
Gorgeous Holly has promised to tone down her revealing tops on *Dancing On Ice*. Boo!

25 GEMMA BISSIX
The last time we saw Gem, she was prancing about in a tiny dress on *Dancing On Ice*. We've still got it recorded!

26 DITA VON TEESE
This burlesque beauty used to be married to mad goth bloke Marilyn Manson. Bet their house was a laugh!

27 AMY DIAMOND
Ms Diamond was told she was "too sexy" for a West End musical role. Too sexy? Is that even a real phrase?

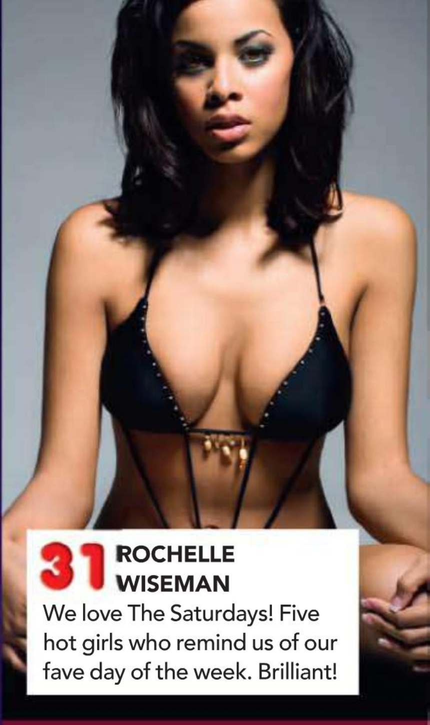
20 SOPHIA CAHILL Sophia's left topless work behind to focus on the world of fashion – and we're still reeling from the loss!

23 KIM KARDASHIAN Kim's one of those girls who are famous for not a lot. Still, if we get to see her in a bikini, we don't mind at all!

28 SOFIA VERGARA Widely considered to have the nicest bum ever, Sofia's great boobs are often forgotten – not by us, though!

29 EMMA FRAIN The Stoke-based babe's fave things in life are walking her dogs and drinking tea – not at the same time! ➡

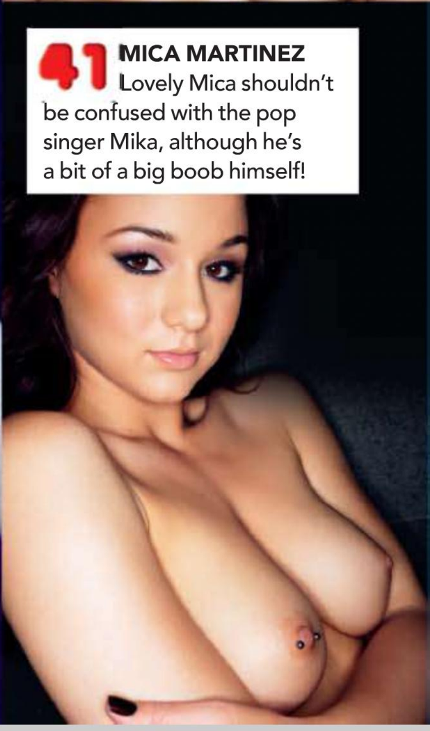
30 LACEY B
The Page Three Idol winner, one of our newest babes, has 32G boobs on a 5ft frame – she's a tiny miracle!



31 ROCHELLE WISEMAN
We love The Saturdays! Five hot girls who remind us of our fave day of the week. Brilliant!

36 JASMINE
We love all girls – brunette, blonde, big boobs, small boobs – but we think Jasmine's the perfect combo!

41 MICA MARTINEZ
Lovely Mica shouldn't be confused with the pop singer Mika, although he's a bit of a big boob himself!



32 DIORA BAIRD

The US beauty has been taking the film world by storm. We wish she'd take our office in the same way!

33 STEPHANIE MCMICHAEL

Another *BB* lovely, another set of lovely *BB* boobs! You know, we might actually miss it a bit!

34 MADISON WELCH

The 32FF bra-scarer once appeared on *Top Gear*. Bet even James May tried to drive quickly to impress her!

35 CHARLOTTE MEARS

Charlotte's made a living out of coping in the wilderness. Or was that Ray? We're a wee bit confused!

37 ZOE STOLLERY

If this was an A-Z of lovely ladies, we'd know it was time to hit the pub now. It's not, so let's just look at Zoe!

38 SOPHIE GRADON

If we could give the lovely Sophie a superpower, it'd be invisible hands. Imagine how amazing this pic could be!

39 RHIAN SUGDEN

The most amazing thing about this pic? The fact Rhian has her hands in her bra. 'Cos there isn't much room!

40 PETA TODD

Peta's one of our fave ladies. In fact, you might say she's "Peta" than the rest if, like us, you're a bit rubbish!

42 KATIE GREEN

Apparently, Katie was told to quit modelling if she didn't slim down. Obviously, we disagree completely!

43 LUCY BRIGGS

Lovely Lucy is the proud owner of remarkable 32E boobs – and here they are in all their boobalicious glory!

44 IMOGEN THOMAS

Imogen's Welsh, so why's she wearing Yank pants? Still, we'll let her off – she's smokin' hot!

45 VICTORIA MOORE

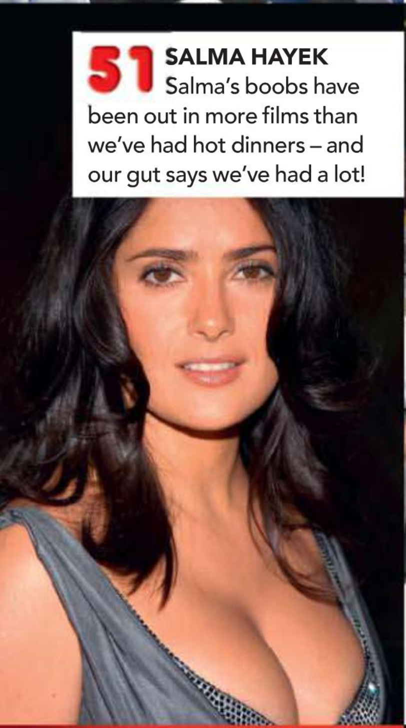
You're spilling your ice cream, Victoria! It's melting all over your boobs! Not that we're complaining. At all! ➡

46 FERGIE
The Black Eyed Peas songstress can sing, dance and has boobs that bring tears to your eyes – she's perfect!

47 ELLE
Die-hard Arsenal fan Elle wowed the *Soccer AM* faithful with her ventriloquism recently – and it was our idea!

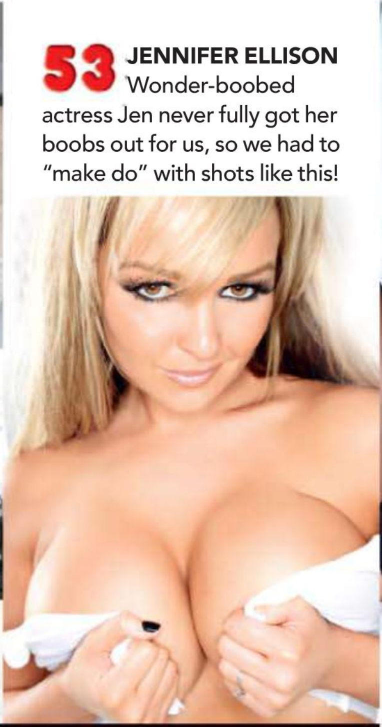
48 CASEY BATCHELOR
Casey could make a killing with Bachelor's Super Boobies – no cooking required!

49 LISA SNOWDON
When Lisa decides enough is enough and pops off on hols, you can bet we'll be there too – just look at her!



51 SALMA HAYEK
Salma's boobs have been out in more films than we've had hot dinners – and our gut says we've had a lot!

52 MEL B
Formerly known as "Scary Spice", the only thing scary about Mel is how her boobs keep getting bigger!



53 JENNIFER ELLISON
Wonder-boobed actress Jen never fully got her boobs out for us, so we had to "make do" with shots like this!

54 CORIN FORSHAW
The proud owner of natural 30G boobs, it was only right that Corin revealed them for the first time in *Nuts*!

56 KATIA IVANOVA
The *Celebrity Big Brother* star is one hot little biscuit. We don't know what that means but it seems to fit!

57 SCARLETT JOHANNSON
Scarlett's pretty big in films, and she's got two pretty big things of her own to show off!

58 EMMA WATTS
Cross Emma Frain and Daisy Watts, and this is what you get – someone who's gorgeous and not at all shy!

59 ANGELINA JOLIE
Angie might be married to Brad Pitt, but we still hold out hope for a date with her. We're waiting, Ange!

50 AMYLU BENNETT

AmyLu has a tatt of a heart in a secret place – how secret? Well, you'll never see it in *Nuts*, so it must be private!

55 KATE HOBAN

Kate's got a dress sense we applaud – here she is failing to cover up with a revealing outfit. Carry on!

60 SOPHIE HOWARD

The gorgeous Sophie always impresses us when… what's the point? Is anyone even reading this caption?

61 EMMA GLOVER

Want to see Emma in a sexy outfit fighting zombies? Well, check it out at www.nuts.co.uk/residentevil ➡

62 INDIA REYNOLDS

India might look sweet and innocent, but she's got a cheeky side – and a passion for flashing her boobs. Great!

63 CHANTELLE HOUGHTON

Chantelle was the first "non celeb" to feature on *Celebrity Big Brother*. And here's why!

64 ROSARIO DAWSON

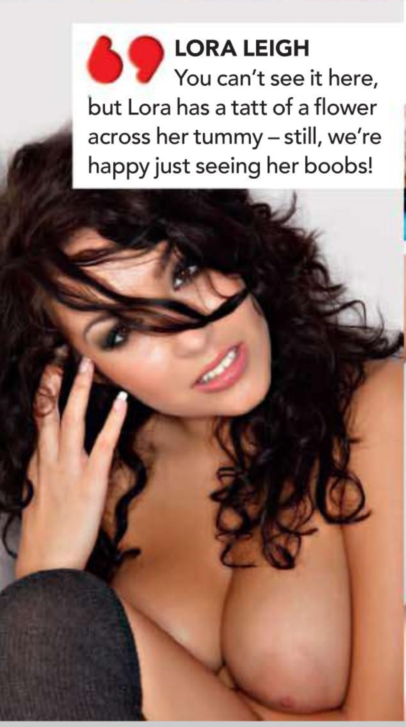
You can see Rosario's heavenly chest in all its glory in *Alexander*. Off you go to rent it then. We can wait!

66 KATIE-MARIE CORK

If you follow Katie-Marie on Twitter, you'll notice she plays a lot of *Call Of Duty* online. Marry us, Katie-Marie!

67 SAMMY BRADDY

Or, as she's known in the *Nuts* office, "Crikey, is it just me or have they got even bigger since last time?"



69 LORA LEIGH

You can't see it here, but Lora has a tatt of a flower across her tummy – still, we're happy just seeing her boobs!

70 DAISY WATTS

Daisy brightened up the *Nuts* office when she sent us a signed calendar with our birthdays marked! Legend!

71 CHARLOTTE HERBERT

Charlotte has a slightly funny surname – but there's nothing funny about those boobs!

72 CHELSEA WHITE

Bombshell Chelsea's not only a stunner, she's also a dab hand with a camera and takes her own sexy snaps!

65 MISSY
A woman so bosomy, she doesn't need a second name. She *does* need a bra, but we're not telling her!

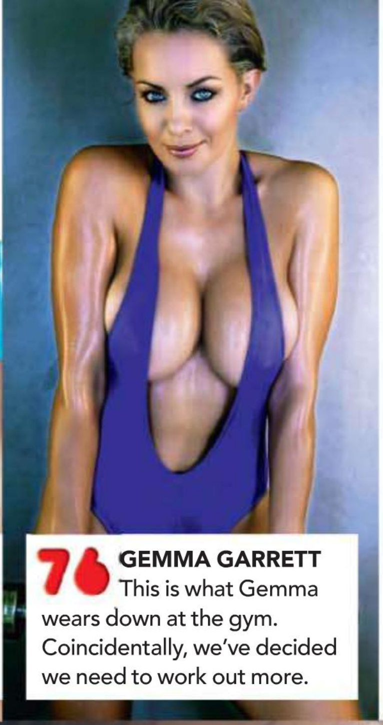
68 EM DIAMOND
The second lovely Diamond on our boob-filled list, sexy blonde Em truly is the jewel in our crown!

73 NICOLA McLEAN
Nicola became a star after *I'm A Celebrity, Get Me Out Of Here*, and here are two of the biggest reasons why!

WORDS: RICH JENKINS, PETE CASHMORE PHOTOS: ZOE MCCONNELL, NADIA KING, JAMES BETTS, LOADED, CELEBRITYPICTURES.CO.UK, FRANK WHITE, POPSTARPICTURES.CO.UK, POUTSYNDICATION.COM, IMM, GETTY IMAGES, WENN, EXPRESSPICTURES.COM, REX, ALLSTAR, SUPERMODELSYNDICATION.COM, SPLASHNEWS.COM, PA PHOTOS, UNLEASHEDDIGITAL.COM, OPTICPHOTOS.COM, MATRIXPHOTOS.COM, SCOPEFEATURES.COM, GOFFPHOTOS.COM, NEONPICTURES.COM ROSIE'S HAIR & MAKE UP: SALLY CAIRNS ROSIE'S STYLING: KAREN WILLIAMS

74 DANICA
The gorgeous Danica reckons the hottest girls in the world are the Victoria's Secret ladies. We think it's her! ➡

75 **ROSIE WHITEMAN**
Rosie looks like she's uncomfortable in that tiny tee. Ladies, always wear a properly fitting top. Or just take it off!



76 **GEMMA GARRETT**
This is what Gemma wears down at the gym. Coincidentally, we've decided we need to work out more.

77 **JENNY LAIRD**
Sexy Jen says her favourite films are *Scarface* and *Chopper* – just another couple of reasons to like her!

78 **PORCHIA WATSON**
Porchia popped in recently to write Christmas cards for squaddies. So, not just buxom, but lovely with it!

80 **KELLY ANDREWS**
Fun-loving Kelly has such big boobs, she has to wear one bra on each! OK, that's not true, but it could be!

81 **SAM KELLETT**
Sam has obligingly rolled up her top for our viewing pleasure. Roll up, roll up – come see the boobies!

83 **LEAH FRANCIS**
We only usually print about ten per cent of Leah's interviews – the world isn't ready for her rudest answers!

79 KELLY BROOK
Kelly's acting career hasn't taken off as she hoped. Which means she might keep modelling. So, every cloud…

82 ARIANNY CELESTE
UFC's sexy ring girl is not only hot, she also knows people who could injure us. Better watch what we say!

84 LINDSEY STRUTT
Lindsey's best mates with Emma Frain, and they holiday together – imagine seeing them on a beach!

85 KELLY HALL
We'd like to apologise to Kelly for once mixing her up with Kelly Andrews – in our defence, you're both hot! ➡

86 CHLOE SAXON
If every Sheffield lass looks like Chloe and has the same clothes aversion, we're on the first train there!

87 GEMMA HILES
Gemma's website is actually broken at the moment due to too many subscribers – she's *that* fit!

88 LEONA LEWIS
Sure, she might release album after album of warbly drivel, but just look at her – she's a stone-cold fox!

90 KATY PERRY
Katy had a big hit with *California Gurls*, so we know she can't spell – but she does have awesome boobs!

91 SAMMIE-JO
Sammie-Jo, we're big fans, but we'd respectfully suggest you're looking at the wrong bit of this picture!

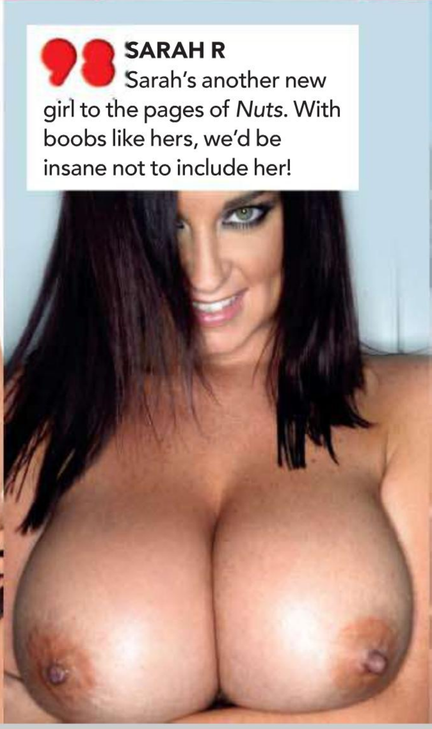
92 SARAH BYRNE
Sarah's making our eyes "Byrne" by unveiling her sizzling front bumpers. We can write this stuff all day!

93 KITTY LEA
So far, our attempts to lure Kitty on a date by saying, "Here, Kitty, Kitty!" have been unsuccessful. No idea why!

95 RUBY JONES
It's another sexy, implausibly booby R Jones! And we're happy because we can't get enough of 'em!

96 SAM COOKE
Sam won a modelling competition in a paper a while back, and she's made it to the top by appearing in *Nuts*!

97 MARIA FOWLER
She sounds like an *EastEnders* girl, and we'd take on any wannabe gangster to get close to the lovely Maria!



98 SARAH R
Sarah's another new girl to the pages of *Nuts*. With boobs like hers, we'd be insane not to include her!

89 **HELEN FLANAGAN** She owns the finest boobs in soapland, so we'd happily give our wages to a "Keep Helen on Hols" fund!

94 **GRACIE LEWIS** Oh Gracie, Gracie, how we love your boobs and face-y! Alright, we promise to try harder from now on!

99 **GEMMA ATKINSON** Just when we thought Gem couldn't get any better, she said she plays computer games on the bog. Marry us!

100 **LUCY PINDER** Lucy thinks her boobs are looking better than ever, and it's hard to argue! Just look! Then look again! ■

10 reasons why Blackpool rock!

Nuts salutes Ian Holloway's men

Nobody gave Ian Holloway's Blackpool team much of a chance of surviving a Premier League season when they were promoted in May. But somehow, using a combination of genius tactics, beautiful football and players we've never heard of, the Tangerines have more than held their own, beating big teams and surprising everyone along the way. They're keeping it real in a time when other players are throwing their toys out of the pram over not getting paid enough! We love the Tangerines, we know you do, too (apart from you, Preston fans!) and here are just a few of the reasons why!

WORDS: TIM BRADLEY PHOTOS: BACKPAGE IMAGES, GETTY, MEN SYNDICATION, ALAMY

1 IAN HOLLOWAY!
Not only the funniest man in football, Holloway has shown this season that he knows exactly what he's doing. And he gives the most entertaining press conferences ever seen!

HOME AT LAST!

2 [illegible]
[illegible] so [illegible] st [illegible] stuffed [illegible] even [illegible] there!

5 CHARLIE ADAM!
[illegible] med into a [illegible] Lionel [illegible] egas!

PROPER PITCH!

4 THE PITCH!

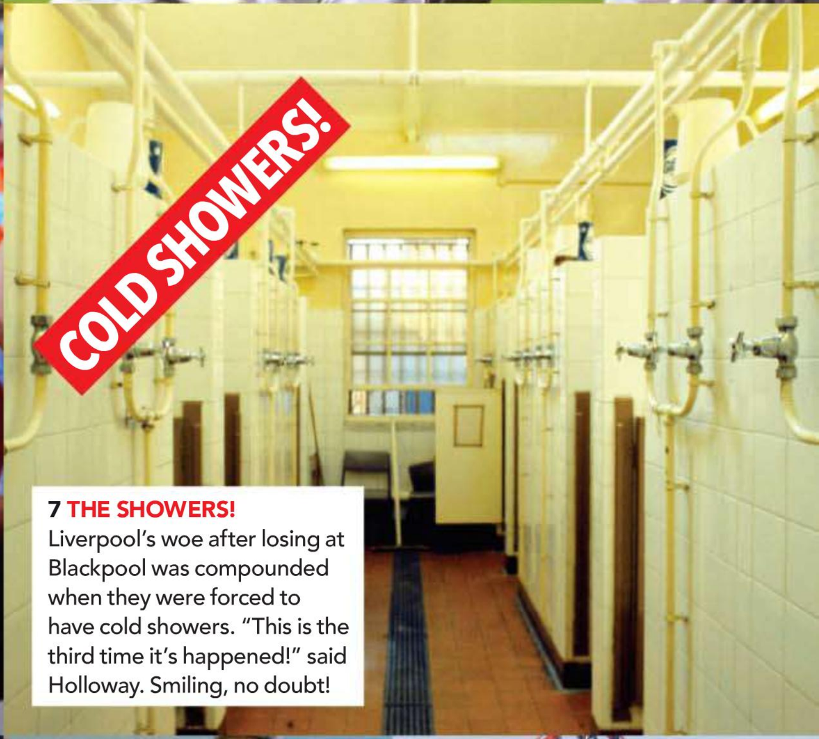
Blackpool's pitch was frozen over Christmas because they couldn't afford undersoil heating, so three games were called off. Still, it meant the players had a nice long break!

5 THE KIT!

When scientists tested the most distracting colours for footballers on the pitch, they came up with fluorescent tangerine – which happen to be Blackpool's colours. Cool!

6 THE FANS!

Always in fine voice, the local fans don't care if their team win, they're just enjoying life in the Premier League. And probably eating loads of fish and chips! Keep it up, lads!



7 THE SHOWERS!

Liverpool's woe after losing at Blackpool was compounded when they were forced to have cold showers. "This is the third time it's happened!" said Holloway. Smiling, no doubt!

PASS MASTERS!

8 THEIR FOOTBALL!

Blackpool's success hasn't been built on hitting the ball long. Instead, they spray the ball around using a style that puts most teams to shame. They're like a Lidl Barcelona!

9 THEY SING, TOO!

Not only are the Blackpool boys top footballers, they've also lent their voices to a charity single recently! Let's get it to number one. And hope Ian Holloway raps on it!

10 ROLLERCOASTERS!

If visiting fans get bored of seeing their team battered by the Tangerines, they can just nip to Blackpool Pleasure Beach down the road and go on the rollercoasters! Result!

KAMMY!

Nuts
GRAB YOURS. EVERY WEEK

ONLY IN Nuts!

He's the voice of the fans – and he's only in *Nuts*!

"Hello Tottenham… oops, wrong shirt!"

Darren didn't do it for the money!

I have to say from the off that I don't blame Darren Bent for moving to Aston Villa last week in a massive deal from Sunderland. Is he worth £24million? No, he's not, but he's a goalscorer who's second only to Drogba and Rooney in the Premier League in the past five years, and Villa know what they'll be getting for their money – plenty of goals.

I think in Darren's mind, he believes Villa are a club on a par with Spurs in terms of size and potential, and he hasn't got over not succeeding at White Hart Lane like he feels he should have done. Quite why Harry Redknapp didn't feel he could do the job at Spurs isn't something I know, but he's going to be a under a lot of pressure at his new club. I believe he wants to show the world that he can cope with the massive price tag.

> "Bent hasn't got over not doing well at Spurs"

His wages have more then doubled with this deal, and to those fans who think he's sold Sunderland out, I would ask them: if they had the chance, would they not do the same?

Sunderland fans will be rightly upset that Bent has chosen to leave them halfway through a very good season, but they have Danny Welbeck and Asamoah Gyan to play together up front, and Bent didn't show any signs of being able to partner either of them.

Sunderland can invest the huge amount of money they'll get from the deal (though Spurs do take a chunk from clauses when they sold him to the Black Cats), and Bent leaving won't be the end of their season, just as long as Welbeck isn't out too long with his injury.

This isn't another story about a player who's only interested in money, more a player who believes he can really thrive at a club that could be (in his own mind, at least) as big and successful as Tottenham.

He wants to break into the England side and maybe he can do that at Aston Villa. He'll have to start scoring goals straightaway, though.

Bent's massive transfers

CHARLTON ATHLETIC

Ipswich to Charlton – £5.3m

Charlton to Spurs – £16.5m

Spurs to S'Land – £10m

S'Land to Villa – £24m

TOTAL – £55.8M

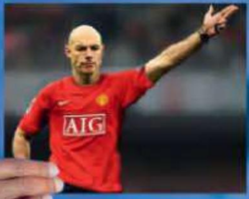
PHOTOS: GETTY, BACKPAGE IMAGES, ACTION IMAGES, PA PHOTOS

KAMMY'S UNBELIEVABLE-OMETER™

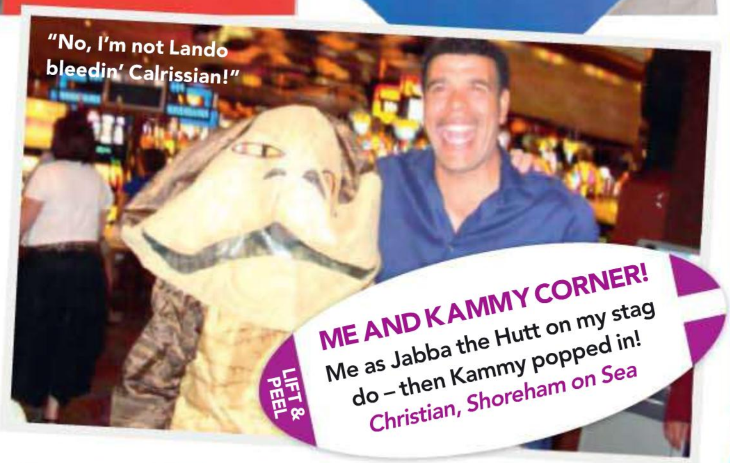
UNBELIEVABLY GOOD!

WELSH WONDER
The incomparable Ryan Giggs played his 600th game for Man United last week, and is easily up there as the best player in the Prem's history.

UNBELIEVABLY BAD!



FA TWITS
Having fined Ryan Babel £10,000 for tweeting a pic of ref Howard Webb in a Man United shirt, shouldn't the FA donate that money to charity?



"No, I'm not Lando bleedin' Calrissian!"

ME AND KAMMY CORNER!
Me as Jabba the Hutt on my stag do – then Kammy popped in!
Christian, Shoreham on Sea

"I can see you!"

Denilson's right about Cesc!

A lot of fuss was made over Arsenal midfielder Denilson's tweets about his club captain Cesc Fabregas, when the Brazilian said he didn't think his skipper was a great leader. The truth is that Fabregas leads by example. I understand what Denilson's saying, like when a team has their backs to the wall, you need to hear words of encouragement. Fabregas has brushed it aside, but I still think the Spaniard will be heading for Spain and Barcelona this summer – perhaps Denilson is just after his skipper's place!

Kammy needs you!

Send your jokes, pics etc to **kammy@ipcmedia.com**. The sender of the best each week will win a signed *Nuts* T-shirt!

Chris' crystal ball!

Chris predicts the week's big games!

1 BLACKPOOL VS MAN UTD
25 JAN, 7.30PM, ESPN/HD

"If United play the way they have been lately in terms of attacking, then I can see them exploiting the weaknesses in Blackpool's defence. Away win for me."
KAMMY SAYS: 0-3

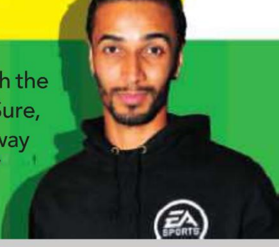
2 LIVERPOOL VS FULHAM
26 JAN, 8PM

"I think Liverpool are turning the corner under King Kenny, and Fulham simply don't travel well at all. I reckon this'll be a steady win for the Reds."
KAMMY SAYS: 2-0

3 EVERTON VS CHELSEA
29 JAN, 12.30PM, ESPN/HD

"What a great game this could be in the FA Cup! It's a tough one to call, so I'll go for a draw this time, with Chelsea to win the replay back at the Bridge."
KAMMY SAYS: 1-1

EA SPORTS active 2
easportsactive.co.uk Out now £54.99



ASSOU-EKOTTO SAYS: "Feel the burn with the lateral arm raises on *EA SPORTS Active 2*. Sure, it'll sting a bit afterwards, but it's a great way to get your upper body tight and taut!"

Nuts EXCLUSIVE!

Van der Vaart: 'Spurs can win the league!'

Nuts chats with the Prem's new Dutch import

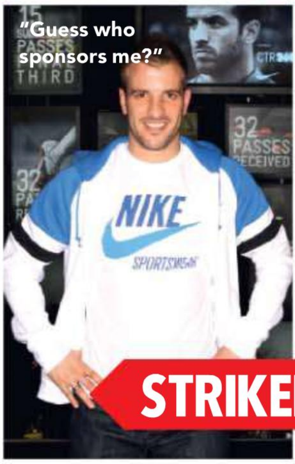
Hiya Raf! You're scoring loads of goals and have taken to English football amazingly well. Were you surprised to sign for Spurs? It was a last-minute call, really. I saw how the manager reacted, which was great to see, and I think the club are happy with me. The fans come to White Hart Lane to see good things and good games. It's great to be playing here. I knew Harry, but I was also familiar with the players, so I knew I was going to play for a good team.

Were you scared by how tall Crouchie was when you first met him? Nah, he's fantastic. Peter is a nice guy and also a great player. He's a big guy but he also has great skills. For me to play behind a player like Peter is easy. You put the ball in the box, he heads it down and I'm always there to kick it in the net.

You've played in some of Europe's best leagues. What's the difference between them? Holland is the best school to learn football. It's a good league but not the strongest league in Europe. In Germany, it's very physical. And in Spain, they love to play football. They especially try to build up their technique. And then I came here. When I was playing my first game, I was not used to the speed of the game. It was so fast. Now it's getting better, but I did have problems. The league here is much stronger, because in Spain you only have Barcelona and Real Madrid. Here, you have many good teams, and you have to fight every game to get the points.

"Exits are on the left!"

MANAGER!



"Guess who sponsors me?"

STRIKER!

Who was your idol growing up? My biggest idol was always Romario. He was playing in Holland at the same time as me and I loved him! His skills and his technique made him a great player. He's my idol and I liked his style. Sometimes for the whole game he was almost like he was sleeping and then one moment, he was there.

Who's the best player you've played alongside? There have been many good players, but probably Wesley Sneijder. I think we can play great together. There's a feeling between us. We were together at the Ajax youth team, through to the first team, and then again at Real Madrid and the national team, it meant something.

How are you settling down in England? London lifestyle is totally different. In Spain, it was always nice weather. You can't say that about England! It's nice to be here though, because I like this kind of lifestyle, it's similar to Holland. It's a great city, a big city, and I'm really enjoying my time playing football here.

Do you get mobbed a lot? I'm a normal guy. I want to get into the lifestyle here in England. I'm not hiding. I want to go for nice dinners, I want to go shopping, you know? I want to do the normal things, and if someone wants a photo or an autograph, then it's no problem for me.

With Jermain Defoe coming back soon, do you think you can form a good partnership with him? It's great to play with him. I think he is one of the best strikers in England. He scores so many goals. He played in front of me and is a great striker in terms of movement, and trying to find space where I can pass to him. It's really exciting to play with him.

What do you get up to away from football? I like to watch television and teach my son to play football. Sometimes I like to play table tennis, but I'm quite a busy man!

Jermaine Jenas says you've got quite an interesting taste in music. What's on your iPod? Before a game, you always listen to your iPod. And I had some Spanish music on, and some Dutch music but they didn't like it, so I got rid of it! I love Dutch music, but you won't have heard of it! Jermaine Jenas is the leader, he's like a DJ, so he's the main man.

Because you're Dutch, you must love cheese, but what English food do you like? I'm not really into English food!

What? Not even fish and chips? Not really, no!

Can Spurs win the title? Yes, I think so. We have the squad. At home we play fantastic. I think everybody is scared to come to White Hart Lane. We also have to win, with respect, the little games, because against the big teams we have a good record. At Spurs, we believe we can win the league. It would be a dream for everybody. There's a long way to go and it's going to be difficult, but why not?

Do you think Spurs need any players to take them to the next level? No, I'm happy with the team because we have great players and we are going to play for more years together. I think in the future, Spurs are going to have a great team. I don't want to talk about players who have to leave or come, I'm happy with the team now.

Rafael van der Vaart wears the new Nike CTR 360 Maestri II, a boot that helps the playmaker to receive, control and distribute the ball to take control of the game. On sale now. For more info, visit www.nikefootball.com

PHOTOS: PA

'Everybody is scared to come to White Hart Lane'

PREMIER PLAYMAKER!

"Look what I found up my nose!"

Fulham vs Spurs

30 Jan, 4.30pm, ESPN/HD

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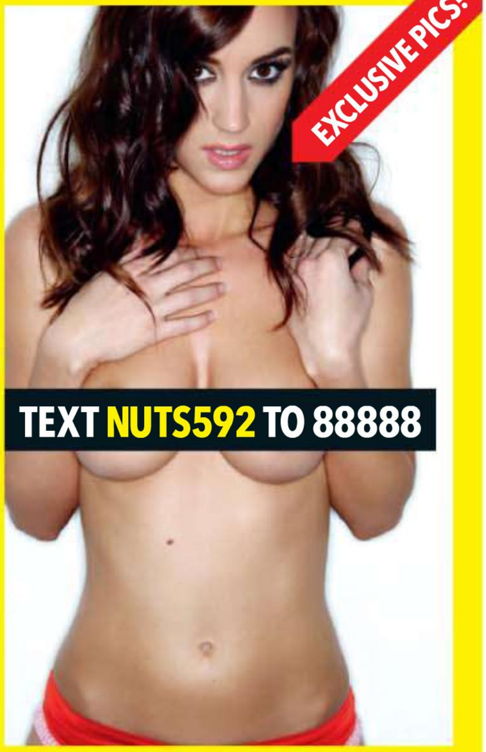

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ONLY IN Nuts!

FOOTBALLERS' CARS!

It's what your turnstile money pays for! In association with EA active 2

THIS WEEK...

Anderson's new Mercedes SLS AMG!

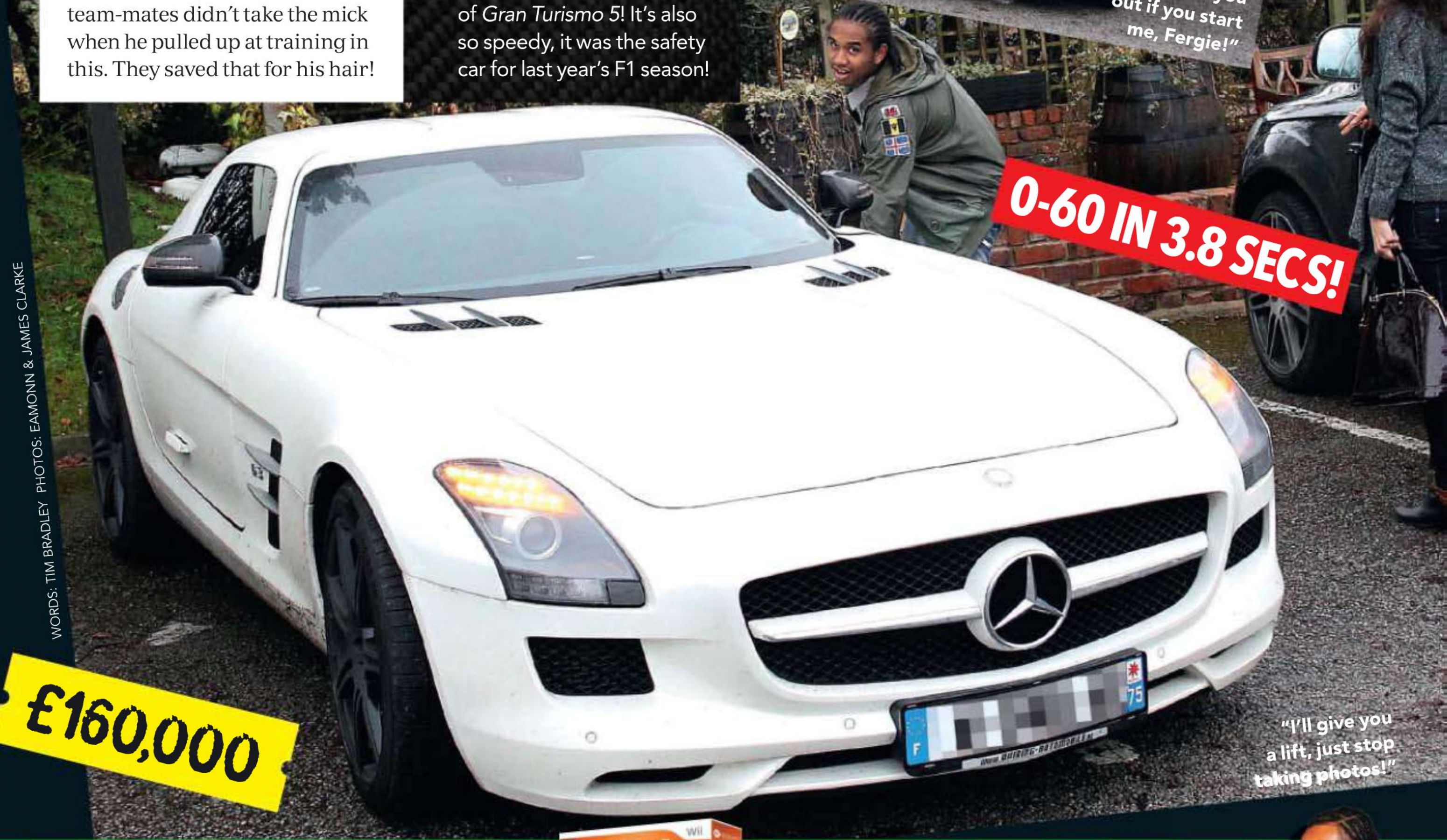
It gets him to the bench on time!

There was good news and bad for Man United's Brazilian midfielder Anderson not long ago. The bad news? He pranged his Audi R8. And the good? Being a Premier League footballer, he just nipped out to the shops and picked up an awesome 200mph Merc tuned by AMG. Bet his team-mates didn't take the mick when he pulled up at training in this. They saved that for his hair!

The stats!

- 0-60mph: 3.8 seconds
- **Top Speed: 197mph**
- Max Power: 563bhp
- **6.2-litre V8 engine**
- This Merc is on the cover of *Gran Turismo 5*! It's also so speedy, it was the safety car for last year's F1 season!

"I'll let you out if you start me, Fergie!"



0-60 IN 3.8 SECS!

£160,000

"I'll give you a lift, just stop taking photos!"

WORDS: TIM BRADLEY PHOTOS: EAMONN & JAMES CLARKE

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ASSOU-EKOTTO SAYS: "*EA SPORTS Active 2* shows you how to stretch and warm-up properly. Don't dodge this – not only does it help avoid injury, your performance will be better!"

RING OF TRUTH!

ONLY IN **Nuts!**

Football seen through the *Nuts* comedy glasses!
In association with active2

"I heard a good rumour about Mourinho..."

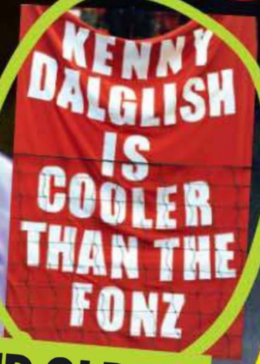
TINY!

CALL ME!

"I can't talk, I'm appearing in Ring Of Truth!"

"Hmm. This is passably pleasant"

CUP IT!



AND OLDER!

"OK, who set me on fire?"

STEAMY!

WAHEY!

"Must you do this every time you drop one?"

"Well, I don't know why Beckham's looking so pleased!"

PAINFUL!

CURVY!

"Yay! The burger van's opened!"

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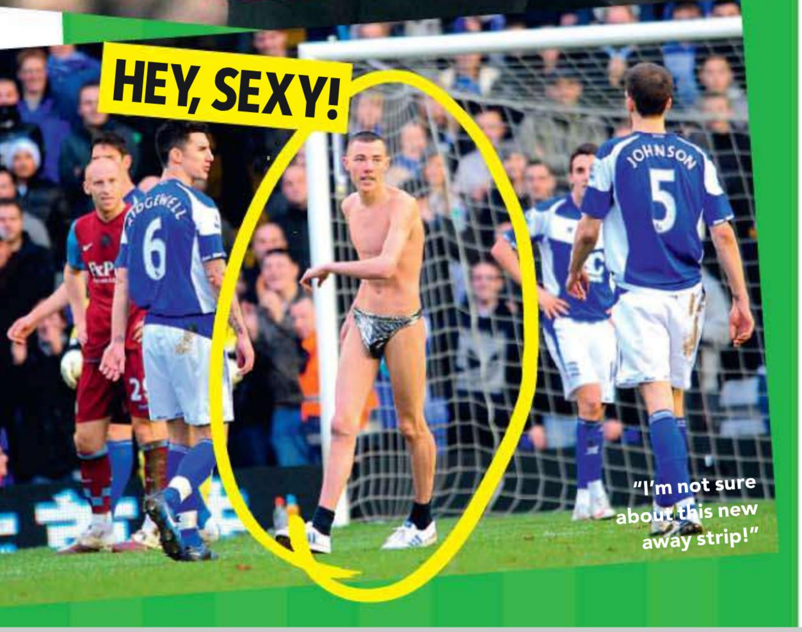
ASSOU-EKOTTO SAYS: "Get started with one of *EA SPORTS Active 2*'s three-week mini programmes. They'll get you motivated and give you a solid fitness base to build from. Essential!"

HUG ME!
"Come on, show me some love!"

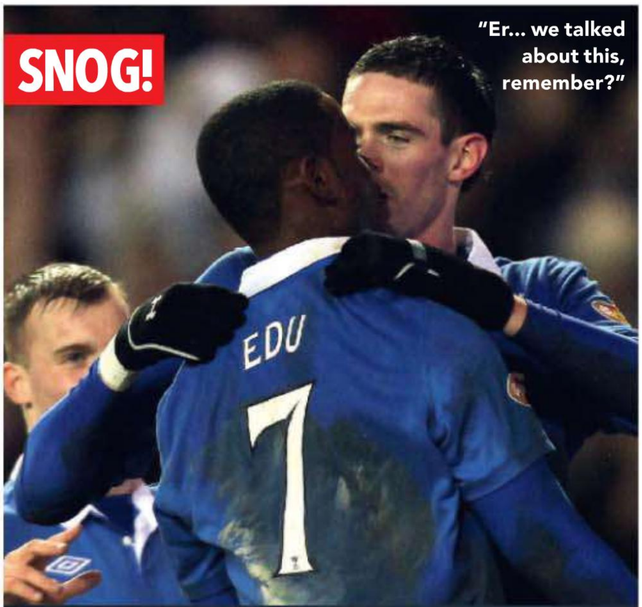
SPANKY!
"I'm going to hit that caption in a minute!"

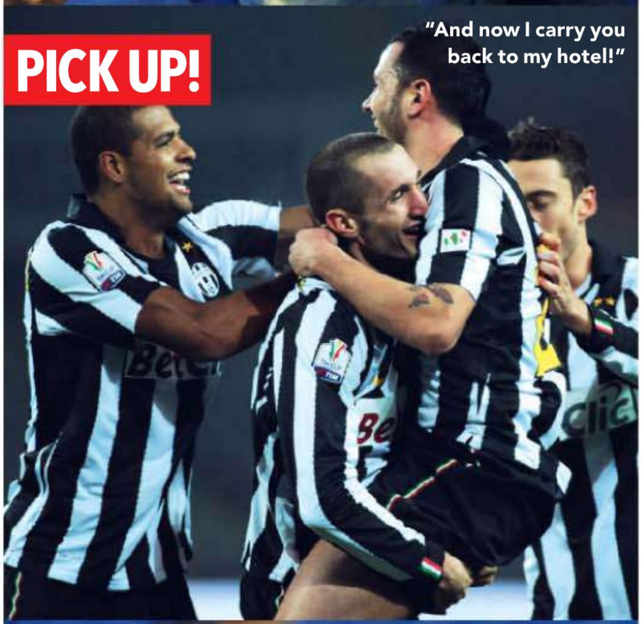
"Anyone else want me to mind their coat?"
SUAVE!

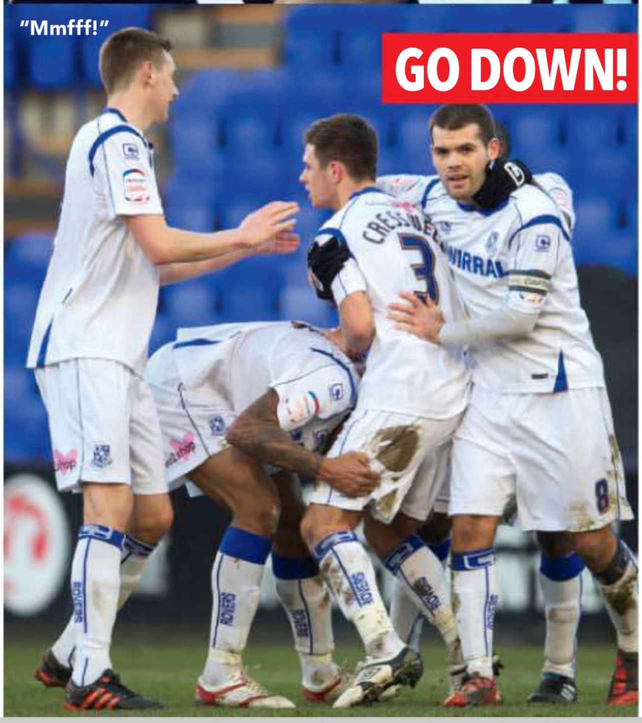
"Pull my finger, Invisible Man!"
NUTTY!


HEY, SEXY!
"I'm not sure about this new away strip!"

MAN-LOVE CORNER!


SNOG!
"Er... we talked about this, remember?"


PICK UP!
"And now I carry you back to my hotel!"


"Mmfff!"
GO DOWN!

WORDS: PETE CASHMORE PHOTOS: CAMERA SPORT, COLOURSPORT, GETTY IMAGES, PROPAGANDA, PA PHOTOS, EAMONN CLARKE

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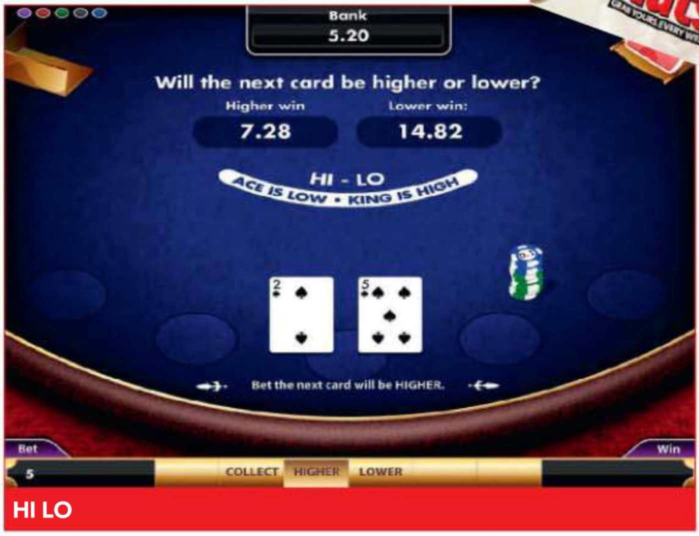
20
8
1
5
25
100
500
Bet
4
CLEAR BETS
REPEAT & DEAL
Won
8

BLACKJACK

PLAYABILITY: 9/10 PAY-OUT POTENTIAL: 8/10 CASH MADE: £9


Bank
5.20
Will the next card be higher or lower?
Higher win
7.28
Lower win:
14.82
HI - LO
ACE IS LOW • KING IS HIGH
Bet the next card will be HIGHER.
Bet
5
COLLECT
HIGHER
LOWER
Win

HI LO

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19
17
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15
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13
20
16
14
18
7
1
6
5
8
3

DEAL OR NO DEAL SLOTS

PLAYABILITY: 6/10 PAY-OUT POTENTIAL: 8/10 CASH MADE: £9

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WILD
FREE SPINS
WILD

TIKI TEMPLE

PLAYABILITY: 7/10 PAY-OUT POTENTIAL: 4/10 CASH LOST: £9

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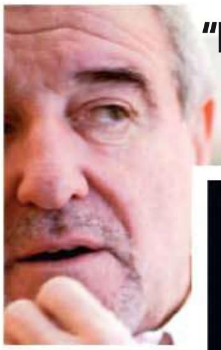
'QUOTE ME ON THAT!'

This week's biggest match debaters! In association with active2

"Middlesbrough haven't got any footballers"

Paul Merson spots a problem



"Man City, Arsenal and Spurs have got the best chance of winning the title. Apart from Chelsea and Man United"

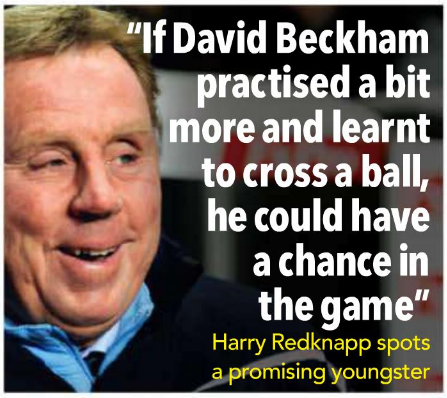
Terry Venables hedges his bets – big time

"You can smell the confidence in our dressing room"

Are you sure that's what it is, Phil Neville?

"Next season I'll probably be lining up for my mate Nutty's Sunday pub side"

Robbie Savage's career prospects don't sound great



"If David Beckham practised a bit more and learnt to cross a ball, he could have a chance in the game"

Harry Redknapp spots a promising youngster

"Wayne Bridge has got a bit of reserve-itis"

West Ham coach Wally Downes on a strange new plague

"Well done to West Brom. They ran off and took our female cockerels with them"

Cock and bull from Ian Holloway

"I think Blackpool will finish between ninth and 11th"

Er, that'll be tenth then, Matt Le Tissier

"I wouldn't know which way Tuncay puts things into his computer"

Stoke boss Tony Pulis isn't a techy

'OO-ER SOUNDS A BIT RUDE' CORNER!

"Sometimes it can get lost that I toss things off"

David Bentley admits to using his hand

"As an international manager I have players all night"

Sven Goran Eriksson – night owl

"If only I had meat and two veg"

Sounds like West Ham MD Karren Brady wants some action

COMPILED BY: GRAHAM WRAY
PHOTOS: GETTY, BACKPAGE IMAGES, PA PHOTOS

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BENOIT ASSOU-EKOTTO SAYS: "Beer belly? Try 'Crunches With Punches' on *EA SPORTS Active 2*. It works both lower and upper abs, so by the summer, you'll have a six pack to show off on the beach!"

Nuts PROMOTION

The Town – the heist

Welcome to Charlestown, where men make a living robbing banks!

Robbing banks isn't easy, as you'll see in ace new heist movie *The Town* – these are serious robbers pinching some serious money!

From the studio that brought you *The Departed,* it kicks off with four men led by Doug (Ben Affleck, who also directed *The Town*) deciding to rob a bank in Charlestown, Boston, the bank robbery capital of America. But it goes pear-shaped when one of the team, Jem (Jeremy *"The Hurt Locker"* Renner) takes a rather attractive bank manager hostage!

It's an intense thriller, with more guns than you can shake a stick at, action, money and the FBI (led by John Hamm from *Mad Men*), not to mention the awesomely hot Blake Lively and Rebecca Hall! It's a new action classic! And the Blu-ray comes with a special edition extended cut. This is one heist film not to be missed!

Buy your copy on Blu-ray and DVD from 31 January.

THE TOWN IS RELEASED ON BLU-RAY AND DVD

movie of 2011!

Bank robbery gone wrong!

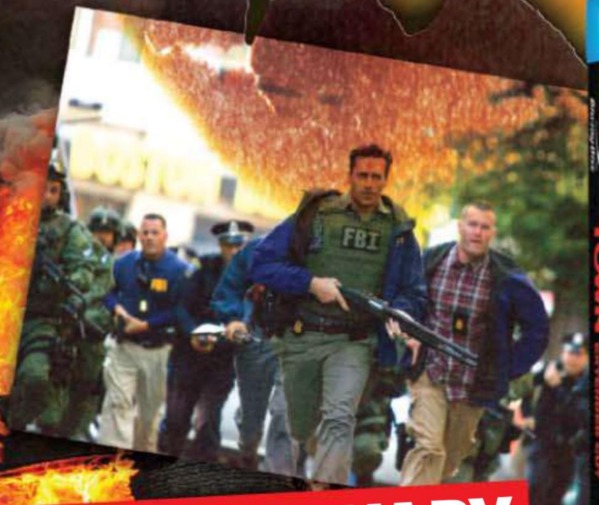
The bank robbers in *The Town* are a serious crew with every detail of every operation meticulously planned for success, unlike the idiots who carried out these failed heists...

- **A bank in Germany was robbed at gunpoint and the thief escaped with €15,000 (£12,500). Witnesses said the suspect was a woman with "a very large backside". A few weeks later, one of those eagle-eyed witnesses was in a queue in the same bank when he saw the same bum. He said he'd "never forget anything that big".**
- A 70-year-old who's been dubbed the "Geezer Bandit" held up five banks in San Diego in the summer of 2009. He escaped on foot. We're not sure how he wasn't caught – how fast was he going?
- **A mum used her son as a getaway driver so she could pinch £150,000 from French and German banks last year. She claimed she'd carried out the hold-ups as "revenge against society and the banking system".**
- In August 1975, three men were on their way in to rob the Royal Bank of Scotland at Rothesay when they got stuck in the revolving doors. They were helped free by staff and sheepishly left. Minutes later, they returned and demanded £5,000. One bloke jumped over the counter but fell to the floor clutching his ankle. The other two tried to make their getaway, but got trapped in the revolving doors again. Priceless.

A group of men tried to steal 12 diamonds at the Millennium Dome in 2000. Little did they know, the real gems had been replaced with replicas days earlier.

Bank jobs – the big numbers:

- **There are 22 people on the FBI's most wanted list, all being sought for bank robberies.**
- Just like in the movie *The Town*, in 1990, two robbers dressed as cops entered the Boston Museum via a security entrance, handcuffed the guards, bound them with duct tape and stole a whopping £200million worth of paintings! The museum were foolishly uninsured and couldn't claim a cent! Incredible!
- **Charlestown in Boston, where *The Town* is set, is only one square mile with a population of 15,000, but it's famous as the bank robbery capital of America, with over 300 bank jobs a year carried out there – more than in any other US town.**
- Back in 1987, two men entered a Safe Deposit Centre in Knightsbridge, London, and requested the hire of a box. Once they'd gained entry to the vault they pulled out some guns, overpowered security and let some of their crew in the building. They left with a weighty hoard of about £40million but police picked up a fingerprint and busted the gang.
- **The Securitas Depot robbery, which happened in 2006, became the largest cash theft in British history when a group of thieves took the manager's family hostage as a way of persuading him to comply. It worked.**



ON 31 JANUARY

Blu-ray Disc
INCLUDES
EXTENDED CUT
BEN AFFLECK REBECCA HALL JON HAMM
JEREMY RENNER BLAKE LIVELY
THE TOWN
WELCOME TO THE BANK ROBBERY CAPITAL OF AMERICA

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BEDROOM BABE!

DANIELLE **23, Essex, administrator**

"My favourite sexy outfit? I can't say – I have loads! But I'm best known for wearing not many clothes at all!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.

The Pic she sent us!

"I have a tattoo above my bum – 'PG' for Party Girl!"

TURN TO VOTE FOR OUR NEXT BEDROOM BABE!

BRING. IT. ON!

PKR HAS TEAMED UP WITH BAMMA TO DELIVER A KNOCKOUT COMBINATION!

EXPERIENCE MIXED MARTIAL ARTS AT ITS FINEST...

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18+ Please gamble responsibly. For more information and advice visit www.gambleaware.co.uk.

BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at **www.nuts.co.uk/girls**

Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN Nuts!

Hattie

18, Amesbury, promotions
"If a lad smells nice and wears decent trainers, it makes him much more attractive!"

Laura

24, Ashby, hairdresser
"My bum's very peachy, and I've got nice legs – they're the best parts of my body!"

Sophia

22, Liverpool, finance
"I've got some super-sexy Victoria's Secret underwear that I wear in the bedroom!"

Mallissa

23, Cardiff, tan therapist
"One day, I dressed in a really short skirt and had my way with a fella in his work van!"

PAGES 68-69: PHOTOS: PAUL MUSSO
STYLING: SARAH COOK HAIR & MAKE-UP: SAM CAREW

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*! Choose the girl you think is the hottest, go to **www.nuts.co.uk/girls**, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

REAL GIRLS, REAL PLACES!

ONLY IN Nuts!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 60. You must be at least 18 years old.

THIS WEEK:
Name: Rachael
Age: 21
Boobs: 32EE. "I love having big boobs!"
Likes: "Muscles!"
Ever kissed a girl? "Yes, just for fun!"
Strangest place you've had sex? "In the back of a van!"
Sex tip: "Lick my ears!"

Rachael's tour of Crowborough

Nuts hits Sussex to find another cutie!

CROWBOROUGH

HELLO!

Rachael on… her home!

"We're in East Sussex. It has nice walks but there aren't many shops and there's only one pub, so it's a bit boring. I head out of town instead!"

Rachael on… keeping fit!

"I do a lot of exercise! I take pole-dancing lessons and lots of different exercise classes, and I do 500 sit-ups every day. Plus I walk as much as I can!"

Rachael on… sleeping!

"I go to bed at about two and get up every morning at nine. I'm a very agitated person, so I can't sleep unless I'm really tired. I'm a cuddler in bed!"

PHOTOS: ELLIS O'BRIEN

Rachael on… her boobs!

"I'm very small but my 32EE boobs get a lot of attention. I love them – they make me feel womanly. My friends always want to feel them!"

Rachael on… eating healthy!

"I try to eat as healthily as I can – the secret is not to over-eat, so I try to stick to small portions. My weaknesses are biscuits and cheesy chips!"

"My boobs get a lot of attention!"

Rachael on… chilling out!

"My friends and I always get together to watch *The Only Way Is Essex* for a good laugh. Other than that, I love thriller, comedy and kung-fu DVDs!"

Rachael on… getting ready!

"I love listening to music in the bath to properly relax before a big night out. I can do my hair, make-up and all the rest in about half an hour!"

Goal-scoring on the go!

The top Facebook football game Soccer Hero is now available on the App Store

mousebreaker

SOCCER HERO

Score: 0
Score: 4800
+100
Score: 5300
YES!
+100

Put your goal-scoring skills to the test in this addictive high score chasing game.

Available on the App Store

ONLY 59p

- **4 game modes to test your ball skills (Training, Quick Match, Tournament and Golden Boot Challenge)**
- **Challenge your Facebook friends to take on your weekly high score**

Buy it now! On your computer, iPhone, iPod touch or iPad from

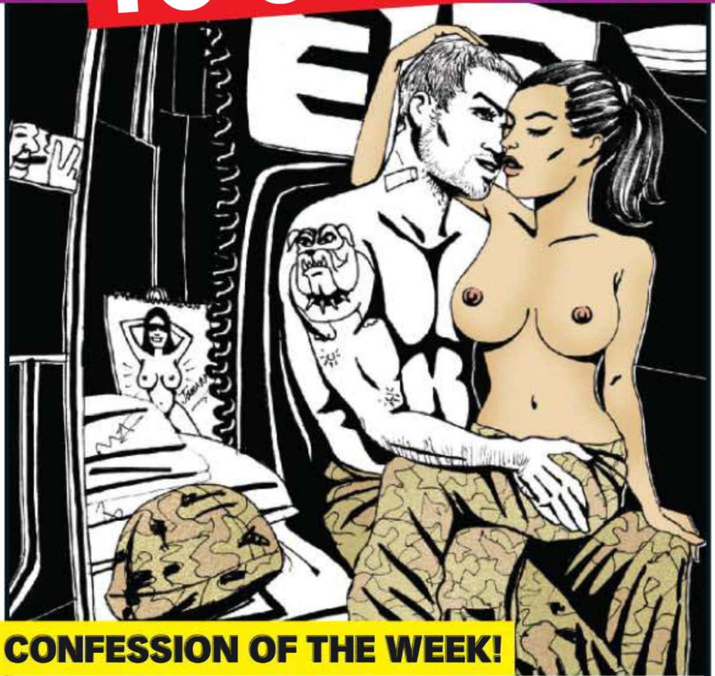
www.mousebreaker.com/iphone

LADIES CONFESS!

100% REAL STORIES!

TO OUR SECRETARY!

IT'S LOU!



CONFESSION OF THE WEEK!

'His toned body turned me on'

Being on ops in Afghanistan is really tough, so any light relief's a bonus. After a patrol one day, we were back on base and had just parked our vehicles up for the night, when I noticed the lad I'd had my eye on was stood on his wagon topless, brushing his teeth, so I asked if I could take a look in his wagon. He smiled and pulled me up. I gave his bulge a cheeky squeeze and felt him growing harder, as he grabbed my hips and pulled me closer. I kissed him hard then, dropping to my knees, licked his shaft as he gasped and came. Afterwards, we went our separate ways, as if nothing had happened! It was the most enjoyable experience of my tour – and I'm looking forward to the next!

Shauna, Afghanistan

'I wanted to go with a woman'

My mate held an Ann Summers party with her older sister, who's very confident and sexy. After some cocktails and lots of fun trying on skimpy outfits and uniforms, I picked up my little bag of goodies and made for the door, only to find the sister jumping in my cab, too. Along the way, we started discussing our fantasies and I told her I'd always wanted to go with a woman but had never had the right opportunity. She looked me straight in the eye and started to giggle. I felt my cheeks flush with embarrassment as I got turned on and gradually moved closer to her so we could snuggle on the back seat. Without saying another word, she moved her hand up my skirt and pulled my knickers to the side, then expertly pleasured me with two fingers as I tried not to make a sound or wriggle around in my seat too much. It felt so good and I'm sure the cabbie knew what we were up to!

Natalie, Essex

'I drove my boyfriend wild'

I was on a bus back home from a night out with my fella, when the lights suddenly went out. I didn't waste a second and started whispering dirty things in his ear, before cheekily biting his lower lip and working my hands into his jeans. He very quickly became aroused and I was so turned on by his bulge that my thong was soaking. I bent over to start working on him with my mouth, kissing him up and down. He loved this and soon let out a big groan. As I sat up and licked my lips, I noticed the two-way mirror over the driver's head. We both laughed, and thought that the driver probably got a good show that night. When we got home, we were still turned on from our antics and we did it for hours!

Megan, Dorset

'The windows steamed up'

Last weekend, my man and I decided to go to Alton Towers, but while we were queuing for one of the rides, we got caught in a huge rainstorm and had to run back to his car to dry off. As soon as we got inside, the sight of his soaked clothes sticking to his toned muscles really turned me on, so I pulled him close and gave him an enormous snog. He then eased my jeans down, pulled my knickers to the side, and slid straight inside me. Within seconds, the windows got totally steamed up and I desperately tried to hold back, as I could hear people all around us. It felt so amazing though, and I couldn't help myself as I started grinding down hard on him with all the energy I could muster. It felt so naughty knowing that loads of people were nearby, and I'm sure they guessed what was happening in the rocking car! But we really didn't care. I think it's safe to say that our wet frolic was the best ride my man got all day!

Jane, Winchester

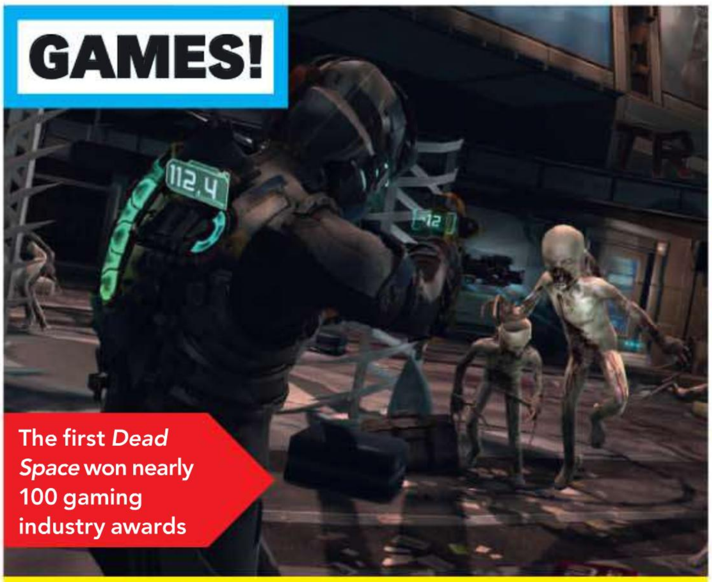
Win £50!

Ladies, send your raunchiest confessions to **louise_prior@ipcmedia.com** or to the address on page 60. The best one each week* wins £50! Come on, girls!

*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY

Nuts REVIEWS

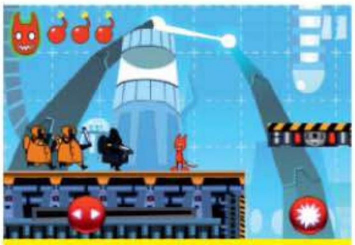
GAMES!


The first *Dead Space* won nearly 100 gaming industry awards

DEAD SPACE 2

PC, PS3, XBOX 360

The terrific 2008 sci-fi-val horror gets a shriek-quel, and it's even more space-suit soiling than before. It's now set in a huge intergalactic city, where you're fighting twisted human mutants in a more action-oriented, but no less unsettling, game. Plus now, there's a multiplayer option, too. Trust us, you need this in your life! ★★★★★



MAXPLOSION

IPHONE, IPOD TOUCH

59p of gaming goodness! It's a toony puzzler where you explode your man to his level exit while collecting stuff and taking out sentries. Great fun for an amazing price! ★★★★

CATCHA MOUSE

IPHONE, IPOD TOUCH

Silly strategy game where you set traps to stop rodents from jumping down holes so they have no option but to hit a trap. Starts easy, becomes fiendish and a great fun journey-gobbler. ★★★

APPS!

URBAN KRAV MAGA

IPHONE, IPOD TOUCH, IPAD

Kick butt like Jason Bourne with 90 mins of mixed martial arts moves anyone can learn! ★★★★★

SKY+

IPHONE, IPOD TOUCH, IPAD

Search what's on telly and – the best bit – remotely set your Sky+ with it! Handy or what? ★★★★★

DVDS/BLU-RAY!

This is Ferrell and McKay's fourth film collaboration

THE OTHER GUYS

CERT 12 DVD & BLU-RAY

Brush off those January blues with some Will Ferrell-inspired silliness! Directed by Adam *"Anchorman"* McKay, it follows warring NYPD detectives Ferrell and Mark Wahlberg after they're reduced to taking dull desk jobs in the force, until the chance to investigate one of the biggest crimes in years presents itself. Predictably, it doesn't go as planned, leading to action and hilarity in equal measure. ★★★★

BLACK DYNAMITE

CERT 15 DVD & BLU-RAY

Spoof of '70s blaxploitation crime thrillers, starring Michael Jai White as a former CIA agent out to rid the streets of drug dealers and gangsters. Hilarious. ★★★★

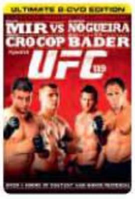
BROTHERHOOD: SEASON 2

CERT 18 DVD

Excellent second series of the gritty drama following the lives of two brothers – one a politician, the other a criminal involved in New England's Irish Mob. ★★★★

UFC 119: MIR VS CRO COP

CERT N/A DVD



Over five hours of footage from last September, including the main event – the dust-up between American Frank Mir and Croat Mirko Filipovi. ★★★

MUSIC!

TI

NO MERCY

Enlisting the likes of Kid Cudi, Eminem, The Neptunes and Pharrell, Ti blitzes us all with assured, yet ultimately forgettable, chart-oriented R&B. ★★★

COLD WAR KIDS

MINE IS YOURS

Those smarty-pants rock fellows from America who've appeared on *Soccer AM* thrust out their third collection. And a fine old shouty thing it is, too. ★★★★

REVIEWS: DAN BRIGHTMORE, MIKE HALL, PETE CASHMORE, NICK SOLDINGER

MOVIES!

Lead actor Lee Turnbull had a bit part in Nick Love's *Outlaw*

It was shot on the streets of London for under £1million

ZEBRA CROSSING CERT 18

This British crime thriller is the real deal. The tale of four young men in south London falling into – and trying to scramble out of – a life of petty crime, drugs and violence is stylish, grimly realistic and heart-rending. An award-winner at fancy film festivals, this story of childhood friends on different paths is gripping stuff. ★★★★

THE MECHANIC
CERT 15

Jason Statham is back in a remake of the '70s Charles Bronson thriller playing an elite assassin. Fast cars, gunplay and Swedish supermodel Mini Andén – it's got the lot! ★★★

BIUTIFUL
CERT 15

Javier Bardem (the killing machine in the Coen Brothers' *No Country For Old Men*) stars in a grimy Spanish thriller from the makers of *Babel*. Top stuff! ★★★★

THE STREETS

computers and blues tour

plus special guests Brother + Engine-earz
(23 feb-05 mar only) (18-21 feb / 05 mar only)

february

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sat	19	glasgow O2 abc	08444 999 990
sun	20	lincoln engine shed	0844 888 8766
mon	21	liverpool O2 academy	0844 477 2000
wed	23	oxford O2 academy	SOLD OUT
thu	24	leeds O2 academy	0844 477 2000
fri	25	birmingham O2 academy	SOLD OUT
sat	26	nottingham rock city	SOLD OUT
mon	28	norwich uea	01603 508 050

march

tue	01	bristol O2 academy	0844 477 2000
thu	03	manchester academy	0161 832 1111
fri	04	brighton dome	01273 709 709
sat	05	london brixton O2 academy	0844 477 2000
sat	12	newcastle O2 academy	0844 477 2000

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gigsandtours.com | gigsinscotland.com | artistticket.com
new album 'computers and blues' out 07 february
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Nuts TV

The best telly stuff for blokes, all in one place!

Nuts!
7-DAY TV LISTINGS GUIDE!

"No, sir, you can't bet it all on black *or* red!"

TUESDAY

It's the new *Sopranos*!

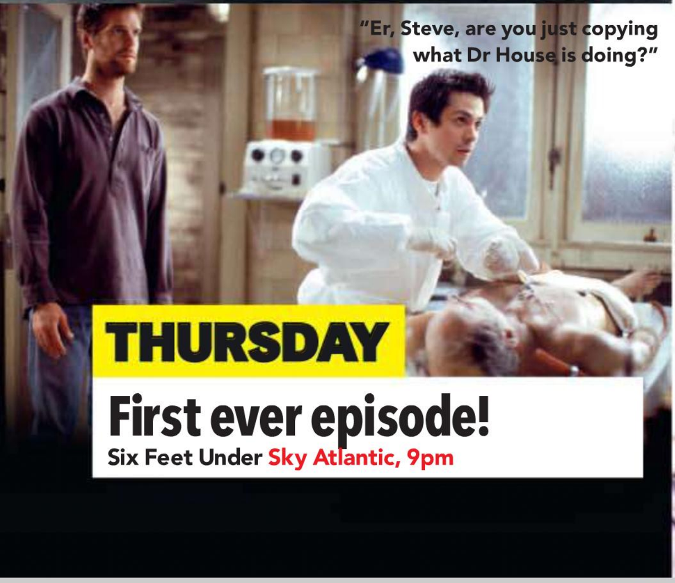
Boardwalk Empire Sky Atlantic, 9pm

"Are my ears sticking out?"

SUNDAY

More motor mayhem!

Top Gear BBC2, 8pm



"Er, Steve, are you just copying what Dr House is doing?"

THURSDAY

First ever episode!

Six Feet Under Sky Atlantic, 9pm

"Sorry, my left eye's shy!"

TUESDAY

Billie's back as Belle!

Secret Diary Of A Call Girl ITV2, 10pm

TV LISTINGS: DANIELLE GRAPH, MIKE HALL
PREVIEWS: DANIELLE GRAPH, MIKE HALL, PETE CASHMORE

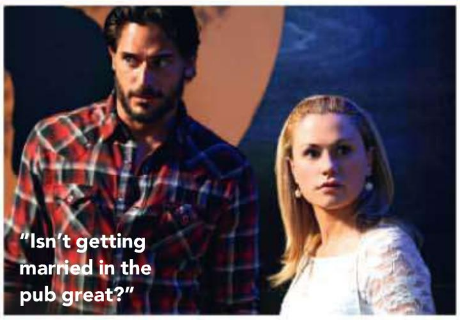
FRIDAY 28 JANUARY

TODAY'S MUST-SEE TV PICKS!

"So I was texting this girl the other day..."

Comedy Rocks With Jason Manford ITV1, 9pm

COMEDY The funnyman welcomes Tim Vine and Pete Firman for laughs, while James Blunt, erm, sings. ★★★


"Isn't getting married in the pub great?"

True Blood FX/HD, 10pm

DRAMA Sookie's still on the search for Bill, while Eric does her a favour and hooks her up with her werewolf protector Alcide Herveaux. Lafayette's also given the coolest car ever. ★★★★★

"I told you not to put my whites in a dark wash!"

Alpha Dog BBC1, 11.20pm

FILM A drug dealer's gang kidnap a junkie's half-brother and hold him to ransom over debts. The victim loves hanging out with them – until he realises they're going to have to kill him! ★★★

BBC one

6AM

6.00am Breakfast **9.15** Wanted Down Under **10.00** Homes Under the Hammer (R) **11.00** Saints and Scroungers **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7PM

7.00 **The One Show**
Topical jibber-jabber.

7.30 **A Question of Sport**
With oldie Birmingham striker Kevin Phillips. (R)

8.00 **EastEnders**
More angry Londoners go around threatening to kill each other.

8.30 **QI**
David Mitchell, Sean Lock and Alan Davies. Bound to be funny! (R)

9.00 **Hustle**
The gang help out an old friend in the financial do-do.

10.00 **News, Weather**

10.35 **The Graham Norton Show**
The host does some inane grinning while listening to John Cleese.

11.20 **The National Lottery Friday Night Draws**
Presented by OJ Borg.

11.30 **Alpha Dog**
MUST-SEE Fact-based crime drama about a Californian drug dealer who kidnaps the brother of a debtor.

1AM

1.25am Sign Zone: At Home with the Georgians (R) **2.25** Horizon (R) **3.25** Antiques Roadshow (R) **4.25-6am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Ready Steady Cook **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Climbing Great Buildings (R) **2.15** Instant Restaurant (R) **3.00** To Buy or Not to Buy **3.45** Flog It! **4.30** Perfection **5.15** Antiques Road Trip **6.00** Eggheads: *Quiz show.* **6.30** Great British Railway Journeys

7.00 **Julia Bradbury's German Wanderlust**
Exploring the story of Ludwig II.

7.30 **An Island Parish**
More *Wicker Man*-esque antics.

8.00 **Mastermind**
Subjects include the England Football team in the World Cup. Blimey, *Mastermind*, it's Friday night! Why depress us?

8.30 **Life in a Cottage Garden with Carol Klein**
Petal-related piffle.

9.00 **Can't Take It with You**
Parents decide how to split their assets between their kids.

10.00 **Fast and Loose**
Improvised comedy, with Greg Davies and Jess Ransom.

10.30 **Newsnight**

11.00 **The Review Show**
Tim Marlow and guests discuss Channel 4's *10 O'Clock Live* and new film *Morning Glory*.

11.50 **Requiem for a Dream**
FILM The addictions of four drug users have tragic repercussions for those around them. Not exactly a slapstick comedy then.

1.25-4.25am BBC News

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** May the Best House Win **3.00** Dickinson's Real Deal **4.00** Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News

7.00 **Emmerdale**
Jai discovers the extent of the damage to the barn. Blimey, what happened? Did the pigs trash it?

7.30 **Coronation Street**
Fiz is feeling flat. Or something.

8.00 **Children's Hospital**
Two school friends end up in A&E following an unsuccessful attempt to emulate Diego Maradona. This could be any number of things…

8.30 **Coronation Street**
A jubilant Eileen takes up a new job in the factory. Easily pleased then?

9.00 **Comedy Rocks with Jason Manford**
MUST-SEE With guests Tim Vine, Pete Firman and Lee Nelson.

10.00 **ITV News, Weather**

10.35 **Take Me Out**
A martial-arts champion, a singer, a car salesman and a street dancer take part. The big loons! (R)

11.50 **30 Years of An Audience With**
Ask your parents. (R)

12.40am **The Zone**

2.40 October Road: *Drama.* (R) **3.30-5.30am** ITV Nightscreen

4

7.30pm Everybody Loves Raymond (R) **7.55** Frasier (R) **8.25** According to Jim (R) **8.55** Wife Swap USA (R) **9.55** Desperate Housewives (R) **10.55** Gok's Clothes Roadshow (R) **12.00noon** News Summary **12.05pm** Three in a Bed (R) **12.35** River Cottage Bites (R) **12.50** **FILM** The Man Who Shot Liberty Valance **3.10** Countdown **3.55** Deal or No Deal **5.00** Come Dine with Me **5.30** Jamie's 30 Minute Meals **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 **News**

7.25 **4thought.tv**

7.30 **Head Over Heels in Rats**
A couple who think rats are great. Their names? Kevin and Kate Rattray. Coincidence?

8.00 **Relocation: Phil Down Under**
The presenter shows some galah round pads in Canberra. Strewth!

9.00 **Embarrassing Bodies**
NEW The medics return to help treat more people's intimate problems. We'd rather not know.

10.00 **The Million Pound Drop Live**
NEW Game show presented by shouty Davina McCall.

11.20 **10 O'Clock Live**
Current affairs show with David Mitchell, Jimmy Carr and Charlie Brooker. Cool! (R)

12.25am **Music on 4: Countdown to the NME Awards**
The artists nominated for an award.

12.45 **4Play: Skepta**
A profile of the MC.

1.00 4Play: Funeral Party **1.10** My Name Is Earl (R) **1.35** My Name Is Earl (R) **1.55** Comedy Lab (R) **2.40** **FILM** Whisper of the Heart **4.35** ER (R) **5.20-6.05am** Countdown (R)

CHANNEL 5

6.00am Milkshake! **9.15** The Wright Stuff **11.00** The Vanessa Show **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Rory and Paddy's Even Greater British Adventure (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** **FILM** Fairfield Road: *Romantic drama starring Jesse Metcalfe.* **5.00** Five News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 **Five News at 7**

7.30 **Michaela's Zoo Babies**
A skunk surprises everyone with its kittens. We bet it does! (R)

8.00 **Ice Road Truckers**
The brakes on Lisa Kelly's vehicle stop working properly during a run. We suspect this could be a problem.

9.00 **The Mentalist**
The president of a women's country club is killed. (R)

10.00 **CSI: Crime Scene Investigation**
More bother as a former chief of detectives is murdered. (R)

11.00 **NCIS**
You'll never guess – a Marine is killed! Oh, you did guess. (R)

11.55 **Cops in Crisis**
Plod in peril. (R)

12.15am **SuperCasino**

3.55 **SPORT** Motorsport Mundial: *Top action.* **4.20** Rory and Paddy's Even Greater British Adventure (R) **5.10** Wildlife SOS (R) **5.35-6.00am** House Doctor (R)

sky1

7pm **The Simpsons**
Bart legally separates from his parents and moves into a place next to Blink-182.

7.30 **The Simpsons**
Homer wins $1million on the lottery, but keeps it a secret from his family. (R)

8.00 **Futurama**
Monster Yivo takes control of Earth. The little tinker. (R)

8.30 **Futurama**
Bender takes action against Monster Yivo. (R)

9.00 **Victoria Wood's Angina Monologues**
Stand-up comedy, sketches and music. (R)(HD)

10.00 **Louie Spence's Showbusiness**
And, flick!

11.00 **Got to Dance**
The audition process draws to a close. (R)(HD)

12.00m't **Got to Dance**
More dancing dross. (R)(HD)

FRIDAY'S SPORT

7am European Tour Golf, **Sky Sports 1.** **11am** European Tour Golf, **Sky Sports 1.** **6pm** World Snooker Shootout, **Sky Sports 1.** **7.30pm** Bury vs Shrewsbury, **Sky Sports 2.** **7.30pm** Bundesliga, **ESPN.** **12.55am** New Zealand vs Pakistan, **Sky Sports 1.** **3.30am** NBA Basketball, **ESPN.**

"Free ice cream! Come and get it!"

Everton vs Chelsea

SPORT **ESPN, 11.45am** An Everton side struggling to match last season's form take on a Chelsea side struggling to match etc. This should be an interesting contest, though. ★★★★★

"C'mon Kevin, eat your greens"

Hulk ITV1, 1.50pm

FILM Eric Bana stars as scientist David Banner, whose experiments with gamma rays turn him into a powerful green giant whenever he gets angry. A strangely muted and sombre superhero flick. ★★★

"Forgot your Nectar card, sir?"

From Dusk Till Dawn

Channel 4, 12.20am

FILM Part road movie, part vampire flick, this stars George Clooney and Quentin Tarantino as brothers who kidnap a family and… just watch it! ★★★★★

	BBC one	BBC TWO	itv1	4	CHANNEL 5
6AM	**6am** Breakfast **10.00** Saturday Kitchen Live **11.30** Baking Made Easy (R) **12.00noon** BBC News, Regional News, Weather **12.15pm** SPORT Football Focus **1.00** SPORT Australian Open Tennis: The women's singles final. **2.00** LIVE Athletics **4.30** SPORT Final Score **5.15** BBC News, Regional News, Weather **5.40** Hole in the Wall (R) **6.10** All New Total Wipeout	**6am** CBeebies **7.00** CBBC **12.00noon** FILM Never Cry Wolf: *Wildlife drama based on a true story starring Charles Martin Smith.* **1.40pm** Coast (R) **1.50** Diagnosis Murder (R) **2.35** Flog It! (R) **3.35** Escape to the Country **4.35** FILM Rabbit-Proof Fence: *Drama.* **6.00** Are You Being Served? (R) **6.30** The Story of Are You Being Served? (R)	**5.30am** ITV News **6.00** CITV **9.25** Coronation Street **11.45** This Morning: Saturday **12.45pm** Rosemary & Thyme (R) **1.45** ITV News, Weather **1.50** MUST-SEE Hulk: *Sci-fi fantasy starring Eric Bana.* **4.20** Regional News, Weather **4.30** ITV News **4.45** LIVE FA Cup Football: *Southampton vs Man United in the fourth round, kick-off 5.15pm.*	**6.05am** Sali Mali (R) **6.10** The Hoobs (R) **7.00** SPORT The Track and Field Show (R) **7.25** GT Academy (R) **7.55** SPORT The Morning Line **8.55** T4: Friends (R) **9.25** Shooting Tinie Tempah **9.55** Friends (R) **10.25** Glee **11.25** Friends (R) **11.55** Lady Gaga: Real Stories (R) **12.55pm** The Big Bang Theory (R) **1.55** LIVE Channel 4 Racing: *From Cheltenham and Donny.* **3.55** Come Dine with Me (R) **6.30** News **6.55** 4thought.tv	**6am** Milkshake! **10.00** Meals in Moments (R) **10.10** Animal Rescue Squad (R) **10.30** How Do They Do It? (R) **11.00** Time Bomb Tunnel: Megastructures (R) **12.00noon** Ice Road Truckers (R) **1pm** FILM Before Winter Comes: *Comedy drama starring David Niven.* **3.00** FILM Corrina, Corrina: *Romantic drama starring Whoopi Goldberg.* **5.20** Five News **5.25** FILM Legally Blonde 2: Red, White & Blonde: *Comedy sequel starring Reese Witherspoon.*
7PM	7.10 **The Magicians** With Neil Morrissey, Angela Griffin, and George and Larry Lamb. 8.10 **The National Lottery: In It to Win It** Forget the quiz part – just tune in for the bit where you might get rich! 9.00 **Casualty** More chest-pumping twaddle. 9.50 **Come Fly with Me** Penny gets a visit from a member of the royal household. (R) 10.20 **News, Weather** 10.40 **Live at the Apollo** Floppy-haired Irish funnyman Ed Byrne hosts the stand-up show from Hammersmith, with guests Adam Hills and Gina Yashere. (R) 11.25 **The Girl Next Door** FILM A teenager falls in love with a new neighbour – little suspecting she's a former porn movie star!	7.30 **Dad's Army** It's the funniest sitcom ever! Well, according to your grandparents. (R) 8.00 **From Haiti's Ashes** Docu following the rebuilding of the Iron Market in Port-au-Prince. 9.00 **QI XL** Brain-bothering quiz with Bill Bailey, Eddie Izzard and Danny Baker. 9.45 **The Tudors** Lardy old Henry VIII invites Anne of Cleves back into the royal court. 10.40 **Nurse Jackie** Dr Cooper vents his anger on Twitter when Jackie breaks the rules to speed up a boy's treatment. 11.10 **Fast and Loose** Featuring David Armand, Greg Davies and Jess Ransom. (R) 11.40 **Everything** FILM Low-budget Ray Winstone flick about a married man who regularly visits a London prostitute, but isn't after sex. Winstone's daughter Lois also appears, fact fans.	7.20 **Primeval** Former ARC member Jenny Lewis helps the team on her wedding day. Now *that*'s dedication! 8.20 **Take Me Out** A hockey champion, a drummer, a graphic designer and a gym manager prepare to be eaten alive. 9.35 **Benidorm** Brandy seduces Mateo. (R) 10.30 **ITV News, Weather** 10.45 **FA Cup Highlights** SPORT The day's fourth round leather-belting, including Southampton vs Man United, Everton vs Chelsea and Torquay vs Crawley. Sounds good to us! 12.15am **The Cube: Celebrity Special** Joe Swash and Kelly Osbourne try to do really complicated stuff inside a big glass box. (R)	7.00 **Fantastic Four** FILM Five astronauts develop superhuman powers during an energy storm in space, but one puts his abilities to evil use. Mwuhaha! 9.00 **The Million Pound Drop Live** Davina McCall presents the rubbish quiz show in which contestants can win a million pounds – but never do. 10.20 **Along Came a Spider** FILM A police psychologist goes in search of a senator's daughter who has been kidnapped by a psychotic teacher. Morgan Freeman stars. 12.20am **From Dusk Till Dawn** MUST-SEE Brilliant horror directed by Robert "*Machete*" Rodriguez, and starring George Clooney, Harvey Keitel and Quentin Tarantino. Not to be missed!	7.05 **NCIS** McGee's sister believes she's gone and killed someone. (R) 7.55 **NCIS** FBI agents try to seize control of an investigation. The swines! (R) 8.50 **CSI: Miami** The body of a university student is found in a burnt-out car, triggering an investigation that leads the team to suspect a jealous boyfriend and a professional debt collector. (R) 9.50 **CSI: NY** A gang leader by the name of Panthro Torres murdered? A gang member by the name of Fernando Flores suspected? It's a mess of Liverpool FC-sized proportions for Mac and the team to sort out! 10.50 **CSI: Crime Scene Investigation** A cosmetic surgeon's patients die mysteriously. (R) 11.50 **Cops in Crisis** Harrowing tales of survival told by police officers. (R) 12.10am **SuperCasino**
1AM	**1.10-6am** BBC News	**1.10-2.40am** FILM The Delta Factor: *Thriller starring Christopher George and Yvette Mimieux.*	**1.00** The Zone **3.05** The Starter Wife **3.50-5.30am** ITV Nightscreen	**2.10** The Wrong Turn (R) **2.15** Tourist Trap (R) **2.20** King Pylon (R) **2.25** Dirty Sexy Money (R) **3.10** Dirty Sexy Money (R) **3.55** Beauty and the Geek (R) **5.25-6.10am** Countdown (R)	**4.00** Emergency Bikers (R) **4.50** Meals in Moments (R) **5.00** Hana's Helpline (R) **5.10** The Milkshake! Show **5.35** Thomas & Friends **5.45-6am** Roary the Racing Car

sky1

7pm **The Simpsons**
Lisa takes pity on a bankrupt Mr Burns and helps him build a recycling centre. (R)

7.30 **The Simpsons**
Lisa discovers her mum was an A-grade student. (R)(HD)

8.00 **Futurama**
Monster Yivo takes control of Earth and uses Fry as its messenger. (R)

8.30 **Futurama**
Now Monster Yivo confesses his love for humanity! (R)

9.00 **Lethal Weapon 2**
FILM Brill action thriller starring Mel Gibson and Danny Glover as hard-hitting LA cops on the trail of a murderous South African drug trafficker. (HD)

11.10 **Road Wars**
Cops crack car crime. (R)

12.10am **Drugs Wars: DEA**
Docu going behind the scenes of America's Drug Enforcement Administration. (R)

SATURDAY'S SPORT

6am New Zealand vs Pakistan, **Sky Sports 1. 10am** Golf, **Sky Sports 1. 11.30am** MUST-SEE Everton vs Chelsea, **ESPN. 4.45pm** Southampton vs Man United, **ITV1. 3am** Australia vs England, **Sky Sports 1.**

SUNDAY'S SPORT

6am Australia vs England, **Sky Sports 1. 8.15am** Tennis, **BBC2. 11am** Arsenal vs Huddersfield, **ESPN. 1.30pm** Notts County vs Man City, **ITV1. 3.30pm** MUST-SEE Fulham vs Spurs, **ESPN. 6pm** Spanish Football, **Sky Sports 1.**

PHOTOS: GETTY

SUNDAY 30 JANUARY

TODAY'S MUST-SEE TV PICKS!

Mime classes were going well

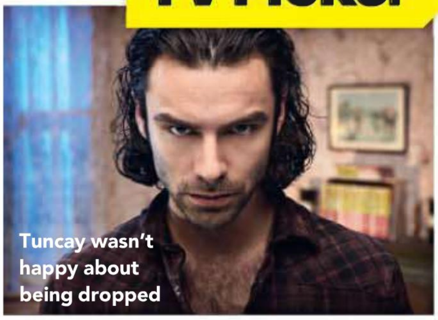
Fulham vs Tottenham

SPORT **ESPN/HD, 4pm** It's West vs North as the two London sides clash in the FA Cup fourth round. The smart money's on 'Arry's boys, but don't forget "the magic of the cup" and all that! ★★★★★

"You're sure the F1 cars will see us and stop?"

Top Gear BBC2, 8pm

CARS The trio take on their counterparts from the Aussie version of the show in a car-based version of The Ashes, including rallying, drifting and a double-decker car race. Top stuff, as usual! ★★★★★


Tuncay wasn't happy about being dropped

Being Human BBC3, 9pm

DRAMA The nicest werewolf couple you could meet (if werewolves were real) take in a vamp who's lost his food source, while Annie's become Mitchell's self-appointed guardian angel. ★★★★

6AM

7PM

1AM

BBC one

6am Breakfast **9.00** The Andrew Marr Show **10.00** The Big Questions **11.00** Country Tracks **12.00noon** The Politics Show **1pm** Bargain Hunt (R) **1.30** Escape to the Country (R) **2.30** EastEnders **4.25** My Family (R) **4.55** Songs of Praise **5.30** BBC News, Regional News, Weather **6.00** Antiques Roadshow (R)

7.00 **Countryfile**
Julia Bradbury takes a journey on a train that doubles up as a pub. Hang on, did *Countryfile* all of a sudden become interesting? Probably not.

8.00 **Lark Rise to Candleford**
Queenie wins a pig. Bacon butties all round then! Brilliant!

9.00 **Terry Wogan's Ireland**
Tel learns about his motherland.

10.00 **News, Weather**

10.25 **Gavin & Stacey**
The Essex mob arrive for a day at the beach in Barry. (R)

10.55 **Gavin & Stacey**
In the last of the series, Bryn and Jason put their secret to bed, and Smithy has a chat with Nessa. (R)

11.25 **Houseguest**
FILM Comedy starring Sinbad (the sailor?) and Phil Hartman. A man on the run from loan sharks passes himself off as a stranger's childhood friend. Hmm, doesn't sound funny.

1.10am The Sky at Night **1.35** Sign Zone: Holby City **2.35** Making Scotland's Landscape **3.35** Climbing Great Buildings **4.05** Filthy Rotten Scoundrels **4.50-6.00am** News

BBC TWO

6am CBeebies **7.00** CBBC **8.15** LIVE Australian Open Tennis: *The men's singles final.* **12.05pm** Flog It! (R) **12.35** Diagnosis Murder (R) **1.20** FILM Becket **3.45** SPORT Figure Skating **5.15** SPORT Ski Sunday **6.00** Ray Mears' Northern Wilderness (R)

7.00 **The Funny Side of TV Talent**
Clive Anderson presents a guide to the history of TV talent shows. (R)

8.00 **Top Gear**
MUST-SEE The presenters go up against their Aussie counterparts in an car version of the Ashes. This should be very interesting.

9.00 **Arctic with Bruce Parry**
How the oil industry has affected life in the far north of Canada. Hang on, there's life in the far north of Canada? It must be freezing!

10.00 **The Paedophile Hunters**

11.00 **Never Mind the Buzzcocks**
It's a star-studded compilation show, so it should be hilarious! (R)

11.35 **Once**
FILM Romantic musical drama. Honestly, if you sit through this, you might as well watch *Glee*.

12.55-6.00am **BBC News**

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5.30am ITV News **6.00** CITV **9.25** The Crocodile Hunter Diaries (R) **9.55** SPORT FA Cup Highlights (R) **11.25** ITV News, Weather **11.30** This Morning: Sunday **12.30pm** Dinner Date (R) **1.30** LIVE FA Cup Football: *Notts County vs Man City at Meadow Lane, kick-off 2pm.* **4.25** Midsomer Murders (R) **6.00** Regional News, Weather **6.15** ITV News **6.30** Dancing on Ice

8.30 **Wild at Heart**
Alice has a close encounter with lions. Eat her! Go on!

9.30 **Dancing on Ice: The Skate Off**
A surprise twist as the two lowest-scoring couples have a skate off. The twist? It's a skate to the death!

10.05 **That Sunday Night Show**
Alastair Campbell and Jenny Eclair join Adrian Chiles for topical chat.

10.35 **ITV News, Weather**

10.50 **FA Cup Highlights**
SPORT Highlights of the fourth round, featuring Arsenal vs Huddersfield, West Ham vs Forest and Fulham vs Spurs.

11.50 **Comedy Rocks with Jason Manford**
Tim Vine, Pete Firman, Lee Nelson and Russell Kane join Manford. Sadly, so do James Blunt and Enrique Iglesias though. (R)

12.45am **Anglo-Welsh Cup Rugby Union**
SPORT Highlights of the weekend's pool matches, including Sale vs Dragons, Scarlets vs Saracens and Wasps vs Harlequins.

1.35 The Zone **2.00** FILM Hard Target: *Action thriller starring Jean-Claude Van Damme.* **3.35-5.30am** ITV Nightscreen

4

6.10am The Hoobs (R) **7.00** SPORT FIS World Championships **7.30** SPORT That Paralympic Show (R) **7.55** T4: Battlefront **8.10** Friends (R) **9.15** Hollyoaks **11.45** Glee (R) **12.50pm** The Simpsons (R) **1.55** Jamie's 30 Minute Meals (R) **4.30** Deal or No Deal **5.35** FILM Big Momma's House 2: *Comedy sequel starring Martin Lawrence.*

7.30 **News**

7.55 **4thought.tv**

8.00 **Come Dine with Me**
Four more totally unsuitable companions get together to throw the perfect dinner party/argue with one another. We'd serve KFC. Yum.

9.00 **P.S. I Love You**
PREMIERE Romantic comedy drama starring Hilary Swank as a widow whose dead husband sends her letters from the grave. There are so many reasons you shouldn't watch this. Do we really need to list them?

11.30 **Alan Carr: Chatty Man**
Sherlock star Benedict Cumberbatch pops in for a chat, as does Kerry Katona. Well, you can't have it all. (R)

12.35am **Comedy Lab: Penelope Princess of Pets**
Odd comedy thing about an American woman with the ability to talk to animals. Leave it alone! (R)

1.00 A Family Portrait: *Short film. Very short.* (R) **1.05** Wedding House (R) **2.00** FILM Second Best **3.50** Brothers & Sisters (R) **4.35** ER (R) **5.20-6.05am** Countdown (R)

CHANNEL 5

6am Milkshake! **10.00** Animal Rescue Squad (R) **10.15** Emergency Bikers (R) **11.15** Cowboy Builders (R) **12.15pm** Red Sea Jaws (R) **1.20** FILM The Fifth Element: *Sci-fi fantasy adventure starring Bruce Willis.* **3.40** FILM RV: Runaway Vacation: *Comic road movie starring Robin Williams.* **5.40** Five News **5.45** FILM Jackie Chan's Who Am I?: *Martial arts thriller starring Jackie Chan.*

8.00 **Britain's Secret Schindler: Revealed**
Docu telling the story of an unlikely hero who rescued hundreds of Jewish children from German-occupied Czechoslovakia. (R)

9.00 **The Patriot**
FILM Epic period drama starring Mel Gibson (we suspect he wouldn't enjoy the programme above), Heath Ledger and Jason Isaacs. A pacifist plantation owner is drawn into the American War of Independence.

12.10am **UFC 40: Main Event**
SPORT Action from the event held at the MGM Grand in Las Vegas, featuring Tito Ortiz vs Ken Shamrock for the light heavyweight championship title. Come on!

1.10 Casino **4.00** Cowboy Builders **4.50-6.00am** Meals in Moments

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7.30pm **The Simpsons**
Bart and Homer go with Krusty to Oslo, where he hopes to collect a Nobel Priz. (R)(HD)

8.00 **The Simpsons**
Bart decides to steal a kiss from his crush at school after taking advice from Grampa. (R)(HD)

8.30 **The Simpsons**
Really old episode in which Homer takes Marge and the family to New York to retrieve his car. (R)

9.00 **Wall Street**
FILM Oliver Stone's drama starring Charlie Sheen and Michael Douglas. An ambitious young broker becomes the protégé of a ruthless corporate raider. It's very good! (HD)

11.25 **Drugs Wars: DEA**
The agents are in a bad situation against two drug dealers. Just say no, kids. (R)

12.25am **House**
An African dictator who has been charged with crimes against humanity is brought in for treatment. (R)(HD)

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NutsTV

31 JANUARY **MONDAY**

"Oh, Batman, where did it all go wrong?"

Freddie Flintoff Versus The World

REALITY **ITV4, 8pm** The cricket hero travels across America to try his hand at some extreme sports. ★★★★

"And you thought having a drink together would make us look gay!"

Episodes BBC2, 10pm

COMEDY This slow-burner comedy continues. Matt's out getting wasted and it's up to his nemesis Beverly and her hubby Sean to come to his rescue. Cue an eye-opening night of drama! ★★★

Muppets Christmas Carol 2 was a dark affair

Harry Brown

FILM **Sky Movies Prem/HD, 10.15pm** Michael Caine plays the lead who, tired of local thugs, decides to take up arms to have revenge on them all. Ace drama that also stars Plan B. ★★★★

BBC one

6AM

6am Breakfast **9.15** NEW Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** NEW Save My Holiday: *Consumer show.* **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7PM

7.00 The One Show
Chat about stuff in the news.

7.30 Inside Out
Chat about stuff in the local news.

8.00 EastEnders
More Cockney screeching.

8.30 The Battle for Bomb Alley: Panorama
The continuing struggle for control of Sangin in Afghanistan.

9.00 Silent Witness
Harry and Nikki investigate a shooting at the Dutch embassy.

10.00 News, Weather

10.35 A Question of Sport
How do you make a quiz about sport dull? Watch this and you'll find out.

11.05 Late Kick Off
SPORT A round-up of the weekend's lower-league footy action.

11.35 The Graham Norton Show
With oldie actor John Cleese. (R)

12.20am The Apprentice USA
NEW Mad-haired tycoon Donald Trump tries to find more nutty Americans to employ.

1AM

1.25 The Apprentice USA: *Reality show.* **2.10** Sign Zone: Ancient Worlds (R) **3.10** Climbing Great Buildings (R) **3.40** Wanted Down Under (R) **4.25-6am** BBC News

BBC TWO

6am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Ready Steady Cook (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Film 2011 with Claudia Winkleman **2.15** Instant Restaurant (R) **3.00** To Buy or Not to Buy **3.45** Flog It!: *From Glenrothes.* **4.30** Perfection **5.15** Antiques Road Trip **6.00** Eggheads **6.30** Great British Railway Journeys

7.00 Escape to the Country
A couple search rural Devon for their first home. Don't get lost! (R)

8.00 University Challenge
Geeks square-up.

8.30 Baking Made Easy
Fast and easy recipes for entertaining. Never underestimate the value of the takeaway.

9.00 Horizon: The Secret World of Pain
An insight into pain. Try to sit through ITV1 tonight and you'll find out all you need to know.

10.00 Episodes
MUST-SEE Sean and Beverly retrieve Matt from a seedy bar.

10.30 Newsnight

11.20 Mad Men
NEW The '60s-set drama returns with Don having difficulty adjusting to life as the public face of his new company. Jon Hamm stars.

12.05am An Island Parish
Fr John Paul faces his first test on Barra. Finding an escape route? (R)

12.35 BBC News

4.00-6am BBC Learning Zone

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** May the Best House Win **3.00** Dickinson's Real Deal **4.00** Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale
Sheep-related chicanery.

7.30 Coronation Street
Peter gets sozzled.

8.00 The Lakes
A hairdresser talks about his love of animals. Do you really think watching this is a good idea?

8.30 Coronation Street
Or this, for that matter?

9.00 The Biggest Loser
The one-time salad dodgers head to Twickenham for a challenge.

10.00 ITV News, Weather

10.35 Total Emergency
Firefighters in Sheffield tackle a building blaze. (R)

11.35 That Sunday Night Show
Alastair Campbell and Jenny Eclair join Adrian Chiles. (R)

12.05am Grimefighters
A cleaning crew deal with a nightmare of a house in Ipswich. (R)

12.35 The Zone

2.35 The Jeremy Kyle Show (R) **3.25-5.30am** ITV Nightscreen

4

7.40am Everybody Loves Raymond (R) **8.05** Frasier (R) **8.35** According to Jim (R) **9.05** Wife Swap USA (R) **10.00** Desperate Housewives (R) **10.55** Relocation: Phil Down Under (R) **12.00noon** Channel 4 News Summary **12.05pm** The TV Book Club **12.35** FILM Pick-Up on South Street **2.05** NEW Cookery School **3.10** Countdown **3.55** Deal or No Deal **5.00** Come Dine with Me **5.30** Jamie's 30 Minute Meals **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News

7.55 4thought.tv
The hopes and wishes of British Chinese people.

8.00 Birth of Britain
Tony Robinson goes in search of Britain's gold. Presumably armed with a map with a big "X" on it.

9.00 One Born Every Minute
Women pop out more kids.

10.00 Alan Carr: Chatty Man
The host is joined by *Secret Diary of a Call Girl* hottie Billie Piper.

11.05 The Joy of Teen Sex
Featuring a discussion about premature ejaculation. Avoid! (R)

12.10am Premier League Poker
SPORT Card-laying antics with two Heads Up matches from Maidstone Studios in Kent, featuring JC Tran vs Daniel Negreanu and Ian Frazer vs Roland De Wolfe.

1.10 Mosley (R) **2.10** The Genius of British Art (R) **3.05** Titanic: The Mission (R) **4.00** ER (R) **4.45-6.10am** FILM The Little Norse Prince: *Japanese animated adventure.*

CHANNEL 5

6am Milkshake! **9.15** The Wright Stuff **11.00** The Vanessa Show **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Rory and Paddy's Even Greater British Adventure (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.10** FILM Aces 'N Eights: *Western starring Casper Van Dien.* **5.00** Five News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 How Do They Do It?
How iron is turned into stainless steel with the addition of chromium. The problem? No-one cares!

8.00 Emergency Bikers
Biker paramedic Mark Hayes helps a man who has been hit by a bus.

9.00 Murder at 1600
FILM A detective and a Secret Service agent join forces to investigate the murder of a White House employee.

11.10 Slow Burn
FILM A district attorney tries to unmask an enigmatic crime lord after his assistant and lover is arrested for murder. It's about as dull as the title, by the way.

1am SuperCasino **4.05** The FBI Files (R) **4.55** Rough Guide to Adventures (R) **5.10** Wildlife SOS (R) **5.35-6am** House Doctor (R)

sky1

7pm The Simpsons
Homer becomes the target of a murderer. D'oh! (R)

7.30 The Simpsons
Mr Burns wins a basketball team in a poker game. (R)

8.00 Road Wars
Thames Valley Police participate in Slough's largest-ever drug raid. (R)

9.00 Dream Lives for Sale
An Essex couple look for a business in Spain. We bet sunbeds are involved. (R)(HD)

10.00 Mental
A movie star claims he faked a psychotic episode. (HD)

11.00 Inside: Prison Tactical
Life in the California Institute for Women (R)

12.00m't Road Wars
Cops deal with more bother behind the wheel. (R)(HD)

MONDAY'S SPORT

3pm Ski Jumping, **Eurosport 2. 7.30pm** Glenavon vs Cliftonville, **Sky Sports 1. 9.45pm** Football: Under-20 South American Championship, **Eurosport 2. 12.55am** New Zealand vs Pakistan, **Sky Sports 1.**

TUESDAY'S SPORT

6am New Zealand vs Pakistan, **Sky Sports 1. 7pm** Aberdeen vs Celtic, **ESPN. 7.30pm** West Brom vs Wigan, **Sky Sports 2. 12m't** College Football, **ESPN. 2am** College Football, **ESPN. 3am** Australia v England, **Sky Sports 1.**

TUESDAY 1 FEBRUARY

NEW ISSUE ON SALE TODAY!

TODAY'S MUST-SEE TV PICKS!

"This damned waxwork is nailed to the floor!"

Secret Diary Of A Call Girl

ITV2, 9.10pm

DRAMA Belle's back! She's started sleeping with her mate Ben (lucky!) and has become a madam! ★★★★

Chuckles missed life as a clown

Boardwalk Empire

DRAMA Sky Atlantic, 9pm This new 12-part drama, directed by Martin Scorsese and starring Steve Buscemi, is set in the '20s and is all about gangsters and political corruption. Top telly! ★★★★★

"The prize for shiniest buttons goes to..."

Blue Bloods

DRAMA Sky Atlantic, 10.30pm A new drama about a several-generations-strong clan of cops in New York, which includes Tom Selleck and Donnie Wahlberg! Worth a watch. ★★★★

	BBC one	BBC TWO	itv 1	4	5	sky1
6AM	**6am** Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** Save My Holiday **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather	**6am** CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Ready Steady Cook (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Climbing Great Buildings (R) **2.15** Instant Restaurant (R) **3.00** To Buy or Not to Buy **3.45** Flog It! **4.30** Perfection **5.15** Antiques Road Trip **6.00** Eggheads: *Quiz with Jeremy Vine.* **6.30** Great British Railway Journeys	**5.30am** ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show: *Shouty show.* **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** May the Best House Win **3.00** Dickinson's Real Deal **4.00** Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News	**6.20** The Hoobs (R) **7.10** Freshly Squeezed **7.35** Everybody Loves Raymond (R) **8.00** Frasier (R) **8.35** According to Jim (R) **9.00** Wife Swap USA (R) **10.00** Desperate Housewives (R) **10.55** A Place in the Sun: Home or Away (R) **12.00noon** News **12.05pm** FILM Jesse James **2.05** Cookery School **3.10** Countdown **3.55** Deal or No Deal **5.00** Come Dine with Me **5.30** Jamie's 30 Minute Meals **6.00** The Simpsons (R) **6.30** Hollyoaks	**6am** Milkshake! **9.15** The Wright Stuff **11.00** The Vanessa Show **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Build a New Life in the Country (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** FILM Dancing at the Harvest Moon: *Drama.* **5.00** Five News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five	7pm **The Simpsons** Homer crashes a rented car into the Queen's carriage. (R) 7.30 **The Simpsons** Homer and Grampa visit Ireland. (R)(HD) 8.00 **Let the Stories Begin** Mariella Frostrup previews the programmes that will be shown on Sky Atlantic, possibly the best new TV channel. Ever!
7PM	7.00 **The One Show** Topical chinwagging. 7.30 **EastEnders** Darren's night out ends in misery. Business as usual for *Eastenders*. 8.00 **Holby City** Hospital hell. 9.00 **Silent Witness** A discovery at the Van Buren's home exposes a tragic secret. It's the last of the series, incidentally. 10.00 **News, Weather** 10.35 **Film 2011 with Claudia Winkleman** The presenter looks at David O Russell's boxing drama *The Fighter*, starring Christian Bale. 11.15 **The Hoax** FILM Comedy drama based on the true story of a fraudster, starring Richard Gere. A struggling writer fakes the biography of a reclusive billionaire. We can sum this movie up in one word: unappealing.	7.00 **Natural World** Docu about a couple who raised an orphaned lioness in Kenya. Aah! 8.00 **A Farmer's Life for Me** NEW Not for us though. Watch the football on Sky Sports 2! 9.00 **Do We Really Need the Moon?** Bit of a stupid question if you ask us. Even if the answer was no, what would we do? Blow it up? Pointless! 10.00 **How TV Ruined Your Life** Charlie Brooker looks at why TV has the capacity to infuriate people of all ages. Expect some top ranting! 10.30 **Newsnight** 11.20 **Mad Men** Peggy's delighted by Freddy Rumsen's return. 12.05am **BBC News**	7.00 **Emmerdale** More farm-based "fun". 7.30 **Grimefighters** A landlord is left a nasty surprise. A poo on a stick? Just a guess. 8.00 **The Betty Driver Story** The life of the 90-year-old *Coronation Street* star. Nuff said. 9.00 **Taggart** "There's been a mudder!" etc. 10.00 **ITV News, Weather** 10.35 **Half Light** FILM Rubbish supernatural thriller starring Demi Moore. A year after the drowning of her son, a novelist starts receiving messages from beyond the grave. Course she does. 12.35am **The Zone**	7.00 **News** 7.55 **4thought.tv** 8.00 **Gok's Clothes Roadshow** Gok Wan heads for Harrogate, North Yorkshire, to help four postal workers boost their femininity. Even if our lives depended on it we wouldn't subject ourselves to this. 9.00 **Big Fat Gypsy Weddings** A bizarre look at the everyday lives of Britain's traveller women. 10.00 **Shameless** Micky and his family face ruin when the police are alerted to his new money-making venture. 11.05 **Derren Brown: Behind the Mischief** A repeat of the fascinating docu into the private life of the illusionist. He's a mindblowing painter! (R) 12.10am **European Poker Tour** SPORT Action from the final table in London, as John Juanda, David Vamplew and Tom Marchese battled it out for the slightly impressive 900 grand first prize.	7.00 **Five News at 7** 7.30 **Extraordinary Dogs** NEW Docu profiling rescue dogs. And there was us thinking it was about dogs that could do things like play the guitar and tap dance. 8.00 **Gladiators: Rome Unwrapped** Docu about the Colosseum. 9.00 **CSI: Crime Scene Investigation** A respected philanthropist is attacked in her home. 10.00 **CSI: Miami** A crooked broker who made many enemies by cheating people out of money is murdered. (R) 11.00 **CSI: NY** The decomposed bodies of two scuba divers are found. (R) 11.55 **CSI** Grissom investigates the shooting of a photographer. (R) 12.50am **Super Casino**	9.00 **Got to Dance** Dancing dumbos. (R)(HD) 10.30 **A League of Their Own** Jack Whitehall and Michael Owen guest. (R)(HD) 11.00 **Lie to Me** Lightman vets an art museum's staff for security leaks. (R)(HD) 12.00m't **Mental** A movie star checks in claiming he faked a recent psychotic episode for publicity. (R)(HD)
1AM	**1.10am** Sign Zone: See Hear (R) **1.40** Human Planet: *Brill docu series.* (R) **2.40** Dambusters Declassified (R) **3.40** Wanted Down Under (R) **4.25-6am** BBC News	**4.00-6am** BBC Learning Zone	**2.40** Crossing Jordan: *Drama.* **3.25-5.30am** ITV Nightscreen	**1.10** Bull Run **1.40** B-Boy Series **2.05** FIS World Championships **2.35** Basketball **3.30** KOTV **3.55** Triathlon **4.50** Bear Grylls **5.45-6.10am** Wogan's Perfect Recall	**4.05** The FBI Files **4.55** Activity Holidays **5.10-6.00am** Wildlife SOS	

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2 FEBRUARY WEDNESDAY

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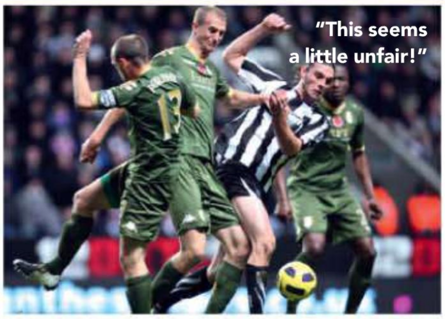
"This seems a little unfair!"

Fulham vs Newcastle

SPORT **Sky Sports 2/HD, 7.30pm** Fulham's second TV outing of the week sees the Geordies head south as the home side go after a win to drag them away from relegation troubles. ★★★★

"Are you laughing at my hat?"

Boardwalk Empire

DRAMA **Sky Atlantic, 9pm** After the Capone/Darmody robbery goes wrong, Nucky feels he's entitled to a much larger chunk of cash. Jimmy also loses his job as a result of the foul-up. ★★★★★

"Just nipping down to B&Q, love"

Sons Of Anarchy

DRAMA **Five USA, 10pm** Ethan wants rid of the Sons, so he floods the town with drugs and blames it on them. Elsewhere, Bobby takes over SAMCRO's porn studio. Sweet! ★★★★★

BBC one

6am Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** Save My Holiday **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 **The One Show**
Topical stories.

7.30 **EastEnders**
More squabbling in the Square.

8.00 **Waterloo Road**
High drama as a new teaching initiative causes controversy. Whoa!

9.00 **Motorway Cops**
Road Wars by another name.

10.00 **News, Weather**

10.35 **The National Lottery Wednesday Night Draws**
Myleene Klass presents.

10.45 **Match of the Day**
SPORT Highlights of this evening's top-flight kickabouts, which included Liverpool vs Stoke and Blackburn vs Spurs.

12.05am **In Dreams**
FILM Supernatural thriller starring Annette Bening and Robert Downey Jr. A woman discovers she has a psychic link with a serial killer.

1.45 Sign Zone: Country Tracks (R) **2.40** Natural World Special: Panda Makers (R) **3.40** Wanted Down Under (R) **4.25-6am** BBC News

BBC TWO

6am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Daily Politics **1pm** See Hear **1.30** Car Booty (R) **2.15** Instant Restaurant (R) **3.00** To Buy or Not to Buy **3.45** Flog It! **4.30** Perfection **5.15** Antiques Road Trip **6.00** Eggheads: *Quiz show.* **6.30** Great British Railway Journeys

7.00 **Top Gear**
The presenters square off against their Aussie counterparts in an automotive version of the Ashes. Let's hope for a similar outcome! (R)

8.00 **Michel Roux's Service**
The contestants serve Gok Wan, Sophie Ellis-Bextor and Diarmuid Gavin. That's unfortunate for them.

9.00 **Who Gets the Best Jobs?**
Richard Bilton investigates social equality in Britain. Meanwhile, we suggest you examine Sky Sports 2.

10.00 **Have I Got News for You**
With guest host Jo Brand. (R)

10.30 **Newsnight**

11.20 **Mad Men**
Don heads to Los Angeles to visit Anna, but learns a worrying secret.

12.05am **BBC News**

4.00-6am BBC Learning Zone

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** May the Best House Win **3.00** Dickinson's Real Deal **4.00** Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News

7.00 **Emmerdale**
More tractor-related traumas.

7.30 **The Unforgettable Les Dawson**
Profile of the comedian. (R)

8.00 **Midsomer Murders**
More from the sleepy village with a crime rate to make the Bronx blush.

10.00 **ITV News, Weather**

10.35 **The Secret Caribbean with Trevor McDonald**
Magician David Copperfield provides a tour of Musha Cay, then makes it disappear. Maybe. (R)

11.35 **Police, Camera, Action!**
The technological arms race being waged on Britain's roads. (R)

12.30am **The Zone**

2.35 FILM Ned Kelly: *Outback Western starring Heath Ledger.* **4.20-5.30am** ITV Nightscreen

4

6.20pm The Hoobs (R) **7.10** Freshly Squeezed **7.35** Everybody Loves Raymond (R) **8.00** Frasier (R) **8.30** According to Jim (R) **9.00** Wife Swap USA (R) **10.00** Desperate Housewives (R) **10.55** Country House Rescue (R) **12.00noon** News **12.05pm** Jamie at Home (R) **12.30** FILM Cattle Empire **2.05** Cookery School **3.10** Countdown **3.55** Deal or No Deal **5.00** Come Dine with Me **5.30** Jamie's 30 Minute Meals **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 **News**

7.55 **4thought.tv**
A politician from Belfast shares her wishes for the Chinese New Year.

8.00 **Beauty and the Beast: The Ugly Face of Prejudice**
NEW Docu about facial disfigurement and discrimination.

9.00 **Mary Portas: Secret Shopper**
The presenter sticks her nose into the running of mobile phone stores.

10.00 **The Joy of Teen Sex**
How technology is affecting teenagers' attitudes toward sex.

11.05 **Shameless**
Micky and his family face ruin when the police are alerted to his new money-making venture. (R)

12.10am **Music on 4: The Album Chart Show Spotlight**
A round-up of the week's releases.

12.25 **4Play: The Go! Team**

12.40 **My Family's Crazy Gap Year** (R)

1.35 Animal Madhouse (R) **2.30** Food: What Goes in Your Basket? (R) **3.25** FILM Pom Poko (Dubbed) **5.25-6.10am** Countdown (R)

CHANNEL 5

6am Milkshake! **9.15** The Wright Stuff **11.00** The Vanessa Show **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Build a New Life in the Country (R) **1.45** Neighbours **2.15** Home and Away **2.50** Extraordinary Dogs (R) **3.25** FILM Murder at the Gallop: *Murder mystery starring Margaret Rutherford.* **5.00** Five News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 **Five News at 7**

7.30 **Monkey Life**
Alison tries to save a chimp.

8.00 **Cowboy Builders**
A single mother from Camberley whose house is falling down.

9.00 **NCIS**
A prank-loving Marine is found dead on Halloween.

10.00 **Law & Order: Criminal Intent**
More death as a well-known historian is poisoned. (R)

10.55 **Law & Order: Special Victims Unit**
A teenager claims she's been raped, but she's fibbing. (R)

11.55 **Poker**
SPORT The World Open VI from the Palm Beach Casino in Mayfair.

12.55am **SuperCasino**

4.05 The FBI Files (R) **4.55** Rough Guide to Short Breaks: *Tenerife and Laos.* (R) **5.10** Wildlife SOS (R) **5.35-6.00am** House Doctor (R)

sky1

7pm **The Simpsons**
Homer realises he knows next to nothing about Lisa. (R)

7.30 **The Simpsons**
Homer is asked to help the Rolling Stones at a benefit gig. Woo-hoo! (R)

8.00 **Dream Lives for Sale**
Jonnie Irwin helps a family determined to build a new life in Tenerife. (HD)

9.00 **Louie Spence's Showbusiness**
Grr… (HD)

10.00 **Lie to Me**
A beautiful woman entangles Lightman in a game of cat and mouse. Lucky old him! (R)(HD)

11.00 **Victoria Wood's Angina Monologues**
Stand-up comedy, sketches and music. (R)(HD)

12.00m't **Road Wars**
Vehicle crime. (R)(HD)

WEDNESDAY'S SPORT

6am Australia vs England, **Sky Sports 1. 7.30pm** MUST-SEE Fulham vs Newcastle, **Sky Sports 2. 7.45pm** Palermo vs Juventus, **ESPN. 12.55am** New Zealand vs Pakistan, **Sky Sports 1. 1am** NBA Basketball, **ESPN.**

THURSDAY'S SPORT

6am New Zealand vs Pakistan, **Sky Sports 1. 7am** Golf, **Sky Sports 2. 11am** Golf, **Sky Sports 1. 2.30pm** Dubai International Racing Carnival, **Sky Sports 1. 7.45pm** Bari vs Inter, **ESPN. 1am** NBA Basketball, **ESPN. 4am** Basketball, **ESPN.**

THURSDAY 3 FEBRUARY

TODAY'S MUST-SEE TV PICKS!

It was a strange clock

Human Planet BBC1, 8pm

DOCU It's a jungle out there! Seriously, it actually is for the people featured in this, as we follow man's survival techniques in the tropical forests, including hunting tarantulas for lunch. Yum. ★★★★

"She's like this every time we lose a goldfish!"

Six Feet Under

DRAMA **Sky Atlantic, 9pm** This dark drama about a family who run an LA funeral home was a big hit when it was first shown a few years ago. It's bonkers and brill, and here's the first episode. ★★★★

McDowell was loving life since the Ryder Cup

Entourage

DRAMA **Sky Atlantic, 10.30pm** Season seven kicks off in style as Vince goes extreme, Drama searches for a new role, Turtle fails in business and Ari does lots more inventive cussing. ★★★★★

BBC one

6AM

6am Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** Save My Holiday **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7PM

7.00 **The One Show**
Chat show gubbins.

7.30 **EastEnders**
Alfie struggles to deal with what he witnessed the previous night. What's that? His wife naked?

8.00 **Human Planet**
MUST-SEE A fascinating look at the survival techniques used by people who inhabit rainforests.

9.00 **Outnumbered**
Ben claims he's too ill to go to school. We've been there, mate. (R)

9.30 **Not Going Out**
A confused old lady wanders into Lucy's flat, so Lee throws her out, only to discover she has a wealthy son who always pays a reward to the person who takes her home.

10.00 **News, Weather**

10.35 **Question Time**

11.35 **This Week**

12.25am **Sign Zone: The Battle for Bomb Alley: Panorama**
The struggle for control of Sangin in Afghanistan. (R)

12.55 **Countryfile**
That well-known country settlement of, er, Sheffield. (R)

1AM

1.55 Antiques Roadshow: *From Jersey. If you care.* (R) **2.55** Rip Off Britain (R) **3.35-6am** BBC News

BBC TWO

6am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Ready Steady Cook (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Climbing Great Buildings: Blenheim Palace. (R) **2.15** Instant Restaurant (R) **3.00** To Buy or Not to Buy **3.45** Flog It! **4.30** Perfection **5.15** Antiques Road Trip **6.00** Eggheads **6.30** Great British Railway Journeys

7.00 **Who Does What?**
Couple's who undergo a relationship audit. If our missus asked us to do this, she'd find herself with no relationship to audit!

8.00 **Michel Roux's Service**
The trainees prepare for service at the chef's own restaurant. Fancy!

9.00 **Louis Theroux: The Ultra Zionists**
The broadcaster joins an extreme subculture of Jewish settlers on the Israeli-occupied West Bank.

10.00 **The Grumpy Guide to Food and Wine**
But why does it have to be grumpy? It's about plonk – surely it should be the drunken guide? (R)

10.30 **Newsnight**

11.20 **Mad Men**
Peggy makes a new friend.

12.05-3.35am **BBC News**

4.00-6am BBC Learning Zone

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5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** May the Best House Win **3.00** Dickinson's Real Deal **4.00** Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News

7.00 **Emmerdale**
Farm-based soap.

7.30 **The Value of a Degree: Tonight**
The worth of a university degree.

8.00 **Emmerdale**
One of the farmers is caught in a compromising position. With a cow.

8.30 **Coronation Street**
Peter hits the bottle. So will we if we're forced to endure this.

9.00 **Marchlands**
NEW Three families living in the same house in different decades are linked by the death of a girl in 1967.

10.00 **ITV News, Weather**

10.35 **Odd One In**
Mark Durden-Smith and Angela Griffin take on regulars Jason Manford and Peter Andre. (R)

11.20 **Send in the Dogs**
Manchester's police dogs tackle car thieves and drunk drivers. (R)

12.10am **The Zone**

2.15 The Jeremy Kyle Show (R) **3.10** The Value of a Degree: Tonight (R) **3.35-5.30am** ITV Nightscreen

4

7.10 Freshly Squeezed **7.35** Everybody Loves Raymond (R) **8.05** Frasier (R) **8.30** According to Jim (R) **9.00** Wife Swap USA (R) **10.00** Desperate Housewives (R) **10.55** Help! My House Is Falling Down (R) **12.00noon** News **12.05pm** Jamie at Home (R) **12.30** FILM The Raid **2.05** Cookery School **3.10** Countdown **3.55** Deal or No Deal **5.00** Come Dine with Me **5.30** Jamie's 30 Minute Meals **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 **News**

7.55 **4thought.tv**

8.00 **Relocation, Relocation**
A couple who want a family home and an investment flat. Moneybags!

9.00 **Rome Wasn't Built in a Day**
We never said it was.

10.00 **10 O'Clock Live**
Current affairs comedy style show, with David Mitchell, Jimmy Carr, Charlie Brooker and Lauren Laverne.

11.05 **Big Fat Gypsy Weddings**
Docu looking at the lives of Britain's traveller women. (R)

12.10am **Diverse Nation**
The nominees in the Cultural Diversity Awards 2010.

1.05 Coming Up: Dip (R) **1.35** FILM Grave of the Fireflies (Subtitled) **3.10** Brothers & Sisters (R) **3.55** Hill Street Blues (R) **4.50** ER (R) **5.35-6.20am** Countdown (R)

CHANNEL 5

6am Milkshake! **9.15** The Wright Stuff **11.00** The Vanessa Show **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Build a New Life in the Country (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** Animal Rescue Squad (R) **3.10** FILM Mystery Woman: At First Sight **5.00** Five News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 **Five News at 7**

7.30 **Top Trumps: All Terrain Vehicles**
Robert Llewellyn drives the toughest off-road Army vehicle. (R)

8.00 **Secrets of the Vanishing Sphinx**
Docu all about the monumental sculpture in Egypt. Great, if you're into this sort of thing.

9.00 **Justin Lee Collins: Turning Japanese**
Didn't Jonathan Ross do this type of thing ages ago? Still, JLC has a go.

10.00 **The Punisher**
FILM Terrible action flick based on the Marvel comic books, starring Thomas Jane and John Travolta. A grieving ex-cop launches a series of revenge attacks on a psychopathic crook.

12.25am **Super Casino**

4.05 FBI Files **4.55** Rough Guide to Journeys **5.10** Wildlife SOS **5.35-6am** House Doctor

sky1

7pm **The Simpsons**
Marge is mugged. (R)

7.30 **The Simpsons**
Homer builds a robot. (R)

8.00 **The Middle: Access All Areas**
A look at the making of the US show. (R)(HD)

8.30 **The Simpsons**
A flashback episode. (R)(HD)

9.00 **Thorne: Scaredy Cat**
Thorne orders Chen off the case due to her drug issues. (R)(HD)

10.00 **A League of Their Own**
Dermot O'Leary and Phillips Idowu guest. (R)(HD)

10.30 **A League of Their Own**
Kevin Pietersen and Amanda Holden guest. (R)(HD)

11.00 **Inside: Prison Tactical**
Behind-the-scenes look at prison life for women. (R)

12.00m't **Road Wars**

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Dial 09066 330 557

Wacky's
Just like a real conversation ... these WindUps respond to what is said !
WINDUP CALLS!

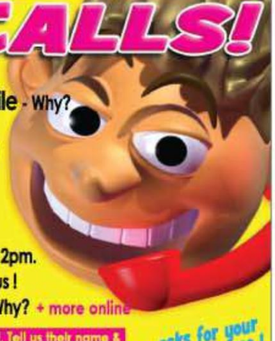
1. Sex Survey - Very rude & embarrassing.
2/3. Your numbers on my boy/girlfriends mobile - Why?
4. Overdue CreditCard - We're sending the Bailiffs.
5. You got my Girlfriend pregnant - Wanna fight ?
6. 'Honey Trap' Call - Are they cheating on you ?
7. Wrong Number - Is that the Massage Parlour ?
8. The VAT Office want their £20k ... or else.
9. Your Car Insurance is being Revoked - from 12pm.
10. Caught Downloading Internet Porn ... & a virus !
11. Strange £1Million Bank account Deposit - Why? + more online

0906 663 0211
EIRE: 157 099 9375

HOW: Choose a Wind-Up, Call, Tell us their name & number, Sit back & listen secretly as we call them & play the Wind-Up .. Let the fun begin !

... asks for your victim by name !

Helpline : 0844 482 2432. UK calls cost £1.50/min. Eire calls cost €1.75/min. Mobile's cost more. Bill payers permission required. 18+ only.
For entertainment purpose only. Visit www.wackyprankcalls.com for more!.



FREE PICS!

Swap texts and pictures with UK women looking to meet guys now!

text FLIRT to 85588

18+. This is NOT a subscription service. Standard network charges apply to messages sent. Your mobile should be able to send and receive MMS photos and videos. Texts billed at £1.50 p/message. Meetings not implied or guaranteed. MMM Ltd Helpline: 0844 824 7446 PO Box 55766 London E14 1DT

HOT HOT BABES MOBILE VIDEOS

TEXT HOTTIE TO 82344

You must be over 16 years of age to use this subscription service. We may promote similar services that may be of interest to you. Text HOTTIE to 82344 and you will have unlimited access to my Videos and Pictures costing £3 per week and thats for UNLIMITED DOWNLOADS. SP: CM Media. To Optout send stop to 82344. Helpline: 0161 884 0150.

HOT WOMEN VIDEOS & PICTURES STRAIGHT TO YOUR MOBILE

text SWEETY to 85222

You must be over 16 years of age to use this subscription service. We may promote similar services that may be of interest to you. Text SWEETY to 85222 and you will have unlimited access to my Videos and Pictures costing £3 per week and thats for UNLIMITED DOWNLOADS. SP: CM Media. To Optout send stop to 85222. Helpline: 0161 884 0150.

I have all these videos and pictures of myself... ...WANT TO SEE THEM?

Get my pics and videos NOW!

text CUTE to 85222

You must be over 16 years of age to use this subscription service. We may promote similar services that may be of interest to you. Text CUTE to 85222 and you will have unlimited access to my Videos and Pictures costing £3 per week and thats for UNLIMITED DOWNLOADS. SP: CM Media. To Optout send stop to 85222. Helpline: 0161 884 0150.

ALL NEW SEXY MOBILE VIDEOS AVAILABLE NOW

Sexy fantasies

DOWNLOAD VIDS & PICS

text FOXY to 85222

16+ only. Helpdesk 0161 884 0150. Standard network charges apply. £3 per week unlimited downloads - Send STOP to 85222 to STOP. SP CM Media.

ALL NEW PICS AND VIDEOS OF HOT WOMEN

HOT BABES

text SEXY to 82344

16+ only. Helpdesk 01618840150. Standard network charges apply. £3 per week unlimited downloads - Send STOP to 82344 to STOP. SP CM Media.

FREE SEXY MOBILE VIDEO For Every Reader!

TEXT: SEXY To: 84455

SMALL PRINT

*There is NO CHARGE to receive the movie.

18+. Msgs sent to 84455 max 12p. FTXT: support@fxt.com help:08707505254. Stop? text stop to 84455. Chat msgs rcvd £1.50. We may send you free promotional and or service messages.

TEXTALK WITH PICTURE MESSAGING (£1.50 per pic msg sent / recvd)

UPLOAD YOUR PROFILE PICTURE FOR FREE!

£1.50 for 1st 15 msgs sent / received. £1.50 for 6 msgs sent / received thereafter.

Men: Text 'mpea' to 88199
Women: Text 'wpea' to 88199
Gay: Text 'gpea' to 88199

18+ only. Helpdesk 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 88199 to stop. IP: X-On

TEXTCHAT

£1.50 for 1st 15 msgs sent/recvd. £1.50 per 6 msgs sent/recvd thereafter.

Men: Text 'mwall' to 88199
Women: Text 'wwall' to 88199
Gay: Text 'gwall' to 88199

18+ only. Helpdesk 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 88199 to Stop. IP: X-On

TEXT CHAT!

women text: ewall
men text: mwall
gay text: gwall
to: 69866

FREE FOR WOMEN*

1st 5 msgs FREE. £1.50 for 5 msgs sent/recvd thereafter.

18+ only. Helpdesk 0844 944 0002. Standard network charges apply. *Women: Network charges only. Send STOP to 69866 to Stop. IP: X-On.

UKTEXTCHAT

TRY FOR FREE!

find local ladies * swap photos

TEXT 'BABE' TO 88211

18+ Text Costs: 50p to reply to users, 15p to receive profiles. First £5 usage is FREE, billed in £5 segments. Mobiles may vary. Services provided by All Points North Publications Ltd. Support: 08442430071. To stop send STOP to 85722.

chattube x

CHAT & DATE

100's OF GIRLS ONLINE NOW!

CHAT TUBE .COM

Fulfil your fantasies - 18+ Adults only prs service

The HOTTEST personas! The HOTTEST photos! AND VIDEOS

Want the HOTTEST HOOK UPS?

18+ HAVE FUN TONIGHT! GET PHOTOS & HOOK UP VIA YOUR MOBILE WHEN IT SUITS YOU

Gill,UK (34) Get my hot pix..and lets hook up .text **GILL** to 68889

Anna, London (36) Get my hot pix...text **ANNA** to 68889

Caro, Wales, (44) Get my hot pix...text **CARO** to 68889

North East (18) Get my hot pix...text **BLONDIE** to 68889

Tash, Glasgow (18) Get my hot pix...text **TASH** to 68889

Minki, Leics (18) Get my hot pix... text **MINKI** to 68889

Claire,Uk (38) UK Rep Get my hot pix... text **CLAIRE** to 68889

Val, UK (40s) Get my hot pix...text **VAL** to 68889

25p per message sent into 68889 £1.50 per received text from 68889. MAXIMUM 4 BILLED MESSAGES PER REPLY. See virtual terms online at www.ukeasyaction.com STRICTLY ADULTS 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

All personas 18+

Meg, Lancashire. Get my hot pix AND VIDEOS ...Text **MEG** to 68889

Liz, 20s Hants/Uk Get my hot pix AND HOT VIDEOS ...text **LIZ** to 68889

Daze, anywhere UK Get my hot pix..and HOT VIDEOS .text **DAZE** to 68889

Jule, Uk (40) Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times. Get my hot pix...and HOT VIDEOS Text **JULE** to 68889

Messages sent in 25p. Messages received only £1.50. Maximum 4 messages per reply.

Milf, 40s North England Fun loving naughty women with photos Get my hot pix...text **KISSY** to 68889

Nat (19) MIDLANDS/UK Text me anytime & Get my pix...and HOT VIDEOS xxx Text **NAT** to 68889

Mell,Belfast NI (18) Single and fun loving Looking to hook up soon! Get my hot pix...text **MELL** to 68889

Beth, North East (38) Lets have some fun Get my hot pix...text **BETH38** to 68889

Katherine, WALES Can't wait to send you my sexy photos. text anytime 24/7 Get my hot pix ...text **KATHERINE** to 68889

Janie, SOUTH (41) Get my hot pix...text **JANIE** TO 68889

Rita, Wales/Uk (45) Easy going, fun loving, ask me for my really hot pics! Get my hot pix ...text **RITA45** to 68889

Polly, 44 UK. Experienced woman wants fun! Especially with guy 18-30! Get my hot pix...text **POLLY** to 68889

Tara,Uk 47 Get my pix... text **TARA47** to 68889

ESSEX (34) Get my pix... text **DI** to 68889

WANT FUN NOW? Hook up with hot easy personas FAST! This is a discrete, easy service text -NOW to 68889

Saucy, 34 Kent/Sussex Get my hot pix...text **SAUCY** to 68889

18+ ONLY

POSTCODE MATCH!

See who replies to *your* postcode....

To be matched to a woman (with HOT photos & maybe HOT videos Text- NUTS followed by your postcode to 68889 (for example NUTS NE344NB)

Text NUTS followed by your postcode to 68889 and get in on the action! Hook up via your mobile

Text SWAP anytime to swap to a different hot woman

25p per message sent in. £1.50 per received text.

Kat, London. 18 years old! Get my hot pix... text **KAT** to 68889

18, SCOT. Get my pix... text **JEWEL** to 68889

Kitty,18 Lancs. Get my pix... text **KITTY** to 68889

Lily, UK (40) Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text **LILY** to 68889

Ami,20 GLOUCS. Get my hot pix and HOT videos ...text **AMI** to 68889

Lee, 20 Leeds Get my hot pix...and VIDEOS text **LEE** to 68889

Ker, Kent/London Get my hot pix..and VIDEOS text **KER** to 68889

Lib NORTH WEST (21) Get my hot pix... and HOT VIDEOS too text **LIB** to 68889

Nici, LANCS 38 and HOT! Get my hot pix...text **NICI** to 68889

Leah, London/Uk (19) Get my hot pix... and HOT VIDEOS too text **LEAH** to 68889

Tani South West/Uk (43) Get my hot pix...text **TANI** to 68889

As Seen on TV

HOOK UP NOW - VIA YOUR MOBILE

ANNE, 40s YORKS Get my hot pix...and VIDEOS text **ANNE** to 68889

Carly, 18 UK Get my hot pix...and HOT videos text **CARLY** to 68889

Kyli 20, SUSSEX Get my hot pix and VIDEOS ...text **KYLI** to 68889

Beverly Mids/Uk (3os) Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesnt put you off! Get my hot pix...and hot videos text **BEVERLY** to 68889

UK ANYWHERE Lets hook up Get my hot pix... text **HWILKIE** to 68889

Naughty, South West Hot fun girl looking for flirts! Get my hot pix...and hot vids text **NAUGHTY** to 68889

Amb UK Get my hot pix...AND VIDEOS text **AMB** to 68889

TO SWAP TO A DIFFERENT PERSONA TEXT SWAP TO 68889 AT ANYTIME.

Strictly 18+. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (maximum 4 billed messages per reply) Photos/videos sent in/received charged at 2 billed messages at £1.50 each (£3 in total). You must check your mobile is able to send/receive videos or photos. Contact your network for possible network charges. Real people replying NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. No meeting made or implied. Photos are for display purposes and not to be reproduced. For fantasy entertainment only, areas/details to aid this. Virtual service Terms and conditions @ www.ukeasyaction.com. please read the full virtual terms and conditions fully. B Media 331, 77 Beak Street, Soho, London W1F 6DB. HELP? 08458388647 To swap to a different persona text SWAP to 68889 at anytime. Please ensure you have credit in your phone if you are a PAYG user. We reserve the right to bar users if they are under 18. 18+ SERVICE only. To stop the service text STOP to 68889 at any time.

GET LIVE & SEXY WITH NAUGHTY GIRLS AT HOME

MATURE LADIES
Hot mature Ladies know how to get sexy with you! They're always willing to please new callers xxx
0909 897 2053

SWEET 18'S +
45P PER MINUTE
So very adventurous & fit bodies wanting men of all ages for adventure, fun and thrills xxx xxx xxx xxx
0908 145 2545

45P PER MINUTE
SEXY GIRLS
Ask what you really want and we will do everything you like. You'll come back for more! xxx
0908 145 0576

SEXY & MATURE
OPEN ALL HOURS
Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!
0909 897 9111

40+ YEAR OLD SHARON
Ladies at home that are mature in so many special ways. Chat now to mature women xxx
0909 897 9416

GIRLFRIENDS JUST FOR YOU
45P PER MINUTE
Sexy babes at home desperate to be your girlfriend & to please you in everyway possible.
0908 145 0581

MATURE WOMAN CRAVES ATTENTION
We just know how to get you off as fast as you want. Superfast, mind-blowing satisfaction from very experienced fit ladies xxx
0909 897 0888

45P PER MINUTE
GIRLS AT HOME
Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx
0908 145 0580

ON THE PULL
The baddest girls in town who just adore horny guys looking for a quick fix and some adult relief at anytime xxx xxx
45P PER MINUTE
0908 145 0575

GORGEOUS SINGLES
Casual singles seriously up for it with as many guys as you can believe. 30 secs to serious heaven when you just need to get off
0909 897 9412

SUPERFAST RELIEF!
For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!
0909 897 9442

JUST 18+
18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx
0909 897 2038

45P PER MINUTE
FAST RELIEF
Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx
0908 145 0579

COLLEGE GIRLS 18+
45P PER MINUTE
Looking for horny guys to fill their recreation time! Eager and willing to please, all guys needed urgently for the ultimate get off today x
0908 145 0582

45P PER MINUTE
I'LL BLOW YOUR MIND
Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx
0908 145 2543

VERY BROAD MINDED
Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx
0909 897 9333

45P PER MINUTE
HAVE FUN & RELAX
Up close and personal - lovely girls at home just eager to go live with you 1 on 1! x
0908 145 2542

BEAUTIFUL LADIES
Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time
0909 897 9405

HUNGRY HOUSEWIVES
Just hungry for a wicked time. These gorgeous ladies just looking for an erotic time. 100% totally sexy stimulation xxx
0909 897 9447

SEXY GIRLS AT HOME
45P PER MINUTE
Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x
0908 145 2544

VERY HOT LADIES
Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x
0909 897 0612

45P PER MINUTE
DIVORCED & SEXY
Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx
0908 145 0577

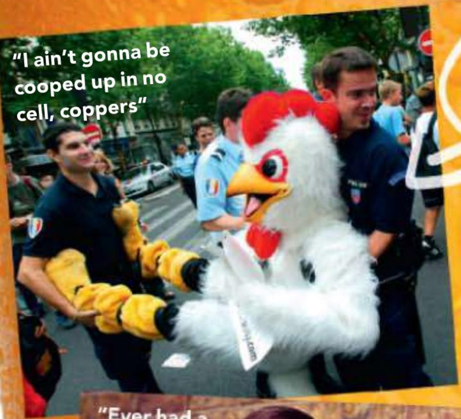
45P PER MINUTE
HOT & SEXY
When you just cannot wait and need a real fast quickie session. Call now for relief
0908 145 0578

SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469
FOR CASUAL SEXY DATING VISIT www.DATES-4U.co.uk

0908 145 Calls cost 45p per minute + network extras. 0909 897 Calls cost 60p per minute + network extras. Calls recorded. SMS cost £1.50 each to receive + standard network charges apply. To stop just text 'STOP' to 69469. Mobile users may receive free promotional messages. Callers must be 18+ only to use this service. LiveLines Ltd PO6538 NN2 7YN. Helpline 0844 871 4497.

Nuts PUB AMMO

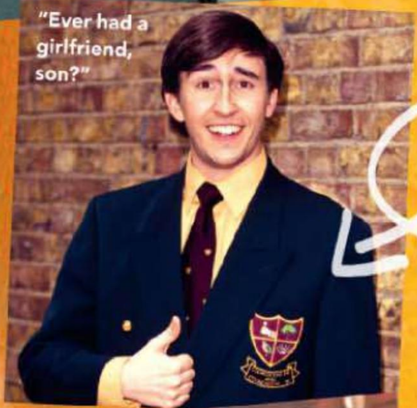
A hogshead of mead and a packet of freshly salted facts, please, barman!


"I ain't gonna be cooped up in no cell, coppers"

Pamela Anderson, the Dalai Lama and Sir Paul McCartney have all announced public boycotts of Kentucky Fried Chicken.

Hummingbirds survive on a food intake of just five calories a day.

Hydrogen sulphide, which causes the unpleasant smell of human farts, also lowers high blood pressure, which means smelly wind is good for you.


"Ever had a girlfriend, son?"

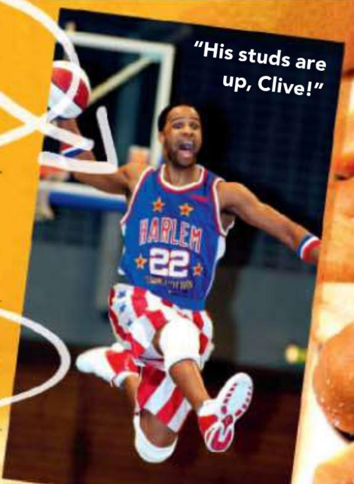
In 1988, **Steve Coogan** did guest vocals on the acid house track, *Don't Believe The Hype* by Mista E, performing an impression of Prince Charles.

Female squirrel monkeys establish dominance in their social groups according to the size and prominence of their clitoris.

He was the school's most popular teacher

Meerkats have nearly 50 different alarm calls for specific types of dangers.

During the summer, the grizzly bears of Yellowstone National Park, USA, eat around 40,000 moths a day.


"His studs are up, Clive!"

The late Pope John Paul II, Nelson Mandela and Everton goalkeeper Tim Howard have all been made honorary members of the **Harlem Globetrotters** basketball team.

The first fully movable feathers on a bird's wing are also known as "the bastard wing".

"The secret to big, beautiful boobs?"

The **Pot Noodle** factory in Crumlin, Wales, produces 155 million portions of the snack every year.

Marmite was originally sold in earthenware pots.

PUB AMMO ON... BREAKFAST

"What's on the menu after this?" "Fix Bristol..."

- **Europeans didn't eat breakfast in medieval times – they would eat just a heavy lunch at noon, and a light supper at night.**
- The traditional full Welsh breakfast is like a full English but with a side order of cockles.
- **The process of toast turning brown is called the "Maillard reaction".**
- It's possible to scramble eggs using the steam pipe on an espresso machine.
- **National Farmhouse Breakfast Week runs all this week. Visit shakeupyourwakeup.com for more info.**

WORDS: PETE CASHMORE
PHOTOS: GETTY, REX, PA, LFI, PLANET

LOOK AFTER YOUR
FEET
YOU'LL NEED
'EM
MAN TIP 73.

TOP:
Trade Hoodie
£24.95 ex VAT

TROUSERS:
Pro Trousers
£37.95 ex VAT

FOOTWEAR:
Twister Pro
£59.95 VAT FREE

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IT'S GONNA GET DIRTY

for info & dealers visit:
www.scruffs.com

"The podium"
Jenson Button
head& shoulders
classic clean
head& shoulders
classic clean

head& shoulders

making heads happier

Whatever's on Jenson's mind, with the world's number one anti-dandruff shampoo it's not dandruff.*

*Euromonitor Shampoo Shares 2009.